



Contra Costa Health Plan (CCHP)
Community Primary Care Provider (PCP) REFERRAL FORM for
Active & Healthy Families
Program for Latino Families (delivered in Spanish)

Eligibility Requirements: Age 5-12 years; BMI=85th percentile or greater; parent/guardian in attendance with child at each appointment (TOTAL OF 8)

Referral form to be completed by CCHP Primary Care Provider (PCP) only

- Check member eligibility prior to rendering services 1-877-800-7423 Option 1
- Fax completed referral to AHF at **(925) 313-6211**

REFERRAL IS VALID FOR 8 VISITS

Specialty Name: Active & Healthy Families, Medical Pediatric Obesity Group Appointments
Specialist Address: 597 Center Avenue, Suite 150 Martinez, CA 94553
Specialist Phone No: (925) 313-6213
Referring Diagnosis: Overweight/Obesity **ICD-9**

PLEASE PROVIDE INFORMATION BELOW

Member Name: First/Middle Initial/Last

Print PCP Name:

DOB: Mo/Day/Yr

Member ID Number:

PCP Address: Street/City/Zip

Address: Street/City/Zip

Phone Number:

Name and Phone Number of Parent/Guardian:

Fax Number:

Additional Member Information:

Weight: (lbs.)

Height: (ft./in.)

Date Taken:

BMI Percentile:

Laboratory tests results for:

Date Completed (Month/Year)

FBG:

Total Cholesterol:

HDL:

LDL:

Triglycerides:

ALT:

AST:

Other Relevant Information (for example, ADHD, Diabetes, Autism)

Date: _____

PCP Signature: _____

Now Open to All Contra Costa Health Plan (CCHP) Members!



Active & Healthy Families (AHF)

Contra Costa Public Health's Pediatric Obesity Group Appointments
for Latino Families

Familias Activas y Saludables

Citas médicas para familias Latinas con niños con sobrepeso

About the Program:

The appointments are held in Contra Costa Public Health's School-Based Clinics. This program is designed to educate families of healthier food habits through the use of fun activities and open discussions with a medical provider, a nutritionist and a community health worker. The medical team also guides and supports each participant in the adoption and maintenance of chosen healthier lifestyle changes.

Acerca del Programa:

Las citas médicas son ofrecidas a través de las clínicas móviles de Salud Pública en las escuelas de Contra Costa. El programa está diseñado para educar a las familias acerca de hábitos de alimentación sanos por medio de actividades divertidas y charlas dadas por un doctor, una nutricionista y una trabajadora de salud. Este equipo médico también guía y apoya a los participantes en adoptar y mantener hábitos saludables.



If interested...

CCHP Members: Please contact your provider for a referral (PCP)

CCHP Providers: Please complete referral form (back of this page)

Si está interesado en participar, contáctese con su doctor para ser referido al programa.

For more information visit our website www.activehealthyfamilies.org