

**CCC ALCOHOL AND OTHER DRUGS ADVISORY BOARD
ANNUAL RETREAT MINUTES
Saturday, January 22, 2022
To prevent the spread of COVID this meeting was conducted via ZOOM**

- Members Present:** Antwon Cloird, Guita Bahramipour, Dylan Johnston, Logan Campbell, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey
- Members Absent:** Candace Cowing (U), Evelyn Howard (R)
- Staff Present:** Fatima Matal Sol, AOD Chief, Patricia Rogers, AOD Program Manager, Jayme Shipe, AOD Prevention Coordinator
- Other Attendees:** Nicollette Schumacher

| TOPIC | ISSUE/CONCLUSION | ACTION/ RECOMMENDATION |
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| <u>I. CALL TO ORDER</u> | The meeting was called to order | DR. TALIA MOORE CALLED THE MEETING TO ORDER AT 9:06AM |
| <u>II. REVIEW AND ADOPT THE AGENDA</u> | <p>Dr. Talia Moore opened the floor to adopt the January 22, 2022, agenda as presented.</p> <p>Fatima requested to be moved up in the agenda. Everyone went around and introduced themselves.</p> | <p>LOGAN CAMPBELL MMS BY JONATHAN CIAMPI TO ADOPT THE AGENDA WITH SUGGESTED REVISIONS. MOTION APPROVED.</p> <p>AYES: Antwon Cloird, Guita Bahramipour, Dylan Johnston, Logan Campbell, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey</p> <p>NOES: None</p> <p>ABSENT: Candace Cowing (U), Evelyn Howard (R)</p> <p>ABSTAIN: None</p> |
| <u>III. REVIEW AND APPROVAL OF DRAFT MINUTES OF DECEMBER 15, 2021, MEETING</u> | Jonathan opened the floor to approve the December 15, 2021, Draft Meeting Minutes. | <p>VICTOR ORTIZ MMS BY ANTWON CLOIRD TO APPROVE THE MINUTES AS PRESENTED. MOTION APPROVED.</p> <p>AYES: Antwon Cloird, Guita Bahramipour, Dylan Johnston, Logan Campbell, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey</p> <p>NOES: None</p> <p>ABSENT: Candace Cowing (U), Evelyn Howard (R)</p> <p>ABSTAIN: None</p> |
| <u>IV. PUBLIC COMMENT</u> The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board . (Maximum three minutes per speaker.) | Antwon Cloird expressed his concern regarding the need to establish a youth substance use (SU) treatment program in West County. He also met with various county officials and the Contra Costa Coalition of Health and Human Services to discuss mental health needs in the community and how to improve services that are currently provided. | |
| <u>IV. PUBLIC COMMENT</u> | Jonathan stressed the importance of treating co- | |

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occurring issues. He stated that it is more difficult to treat substance use disorders (SUD) when patients are also experiencing mental health disorders.

V. OLD BUSINESS

There were no Old Business items on the agenda

VI. New Business

RichMinds Letter of Support

Antwon gave a brief overview of the RichMinds Coalition which presented to the Board at the December meeting and is comprised by West Contra Costa professionals who link community members to local behavioral health services such as: mental health and SU including housing assistance. The coalition will be seeking funding to establish a physical location for their services and would like a letter supporting the impact they have made in the community. Antwon said he will forward a PowerPoint presentation to Fatima so that she may share as appropriate.

THE COALITION REQUESTED A LETTER OF SUPPORT FROM THE BOARD . THIS ITEM WILL BE DISCUSSED AT THE NEXT EXECUTIVE COMMITTEE

Measure X Letter of Support

During the December AODAB meeting Mickie Marchetti reviewed a letter from the Human Services Alliance of Contra Costa to the Board of Supervisors requesting a fund allocation from Measure X. Mr. Marchetti said that they would like to solicit the AODAB support as they make this request to the Board of Supervisors. Jonathan commented on the importance of supporting this effort; however, the letter may need stronger arguments. He suggested requesting the organization to rewrite the letter before the Board provides its support.

MICKIE MARCHETTI REQUESTED A LETTER OF SUPPORT FROM THE BOARD. THIS ITEM WILL BE DISCUSSED AT THE NEXT EXECUTIVE COMMITTEE MEETING

Logan expressed his concern with the lack of allocation of Measure X funding for AODS. He suggested that the Board write a letter requesting funding for AODS and would like for Fatima and staff to share where funding could be most useful for AODS.

Fatima responded that her main concern is stigma. She stated that while AOD as a whole can benefit from additional funding, it is important for the Board to focus on reducing stigma and informing the public about the benefits of treatment. The fact that SU is not openly discussed & prioritized leads to how people cannot see the fiscal impact of substance use in the community.

VII. Developing Group Agreements & Ground Rules

Victor announced that the Board will use this time to develop Board and committee goals for the year and define the action plan for accomplishing these goals.

VICTOR REVIEWED THE REMAINING AGENDA ITEMS AND OBJECTIVES FOR THE RETREAT.

VIII. AODAB Operational Model

Victor opened the floor for suggestions for alterations to the Board 's objectives. Dr. Shires requested information on the Board 's ability to impact legislation and policies. Fatima said that there are specific opportunities for the Board to impact laws and policies in the county. Subcommittees may select issues of concern regarding laws or policies and submit to the Executive Committee for recommendation to the BOS for action. The Board as a whole can make recommendations on specific

THE MISSION STATEMENT OF THE ADVISORY BOARD, THE ROLE OF THE BOARD, AND THE SCOPE OF THE BOARD'S ACTIONS WERE REVIEWED.

VIII. AODAB Operations Model

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legislation, if on the Legislative Platform of the BOS

**IX. TREATMENT PROCESS
FLOW AND ISSUES
IDENTIFICATION**

Victor shared the Advisory Board model for the process of identifying issues. He reminded Board members of the pathway for introducing items of concern including bringing community concerns to their respective committees and determine if the concerns should be presented to the full board. Victor explained that the Continuing Issues List is a tracking system to monitor progress.

VICTOR ASKED THAT COMMITTEES UTILIZE THE ISSUES LIST AND ACTION PLAN TO TRACK ACCOMPLISHMENTS AND TIMELINES.

**X. Alcohol and Other Drugs
Services (AODS) Operations -
Fatima Matal Sol**

Fatima expressed the top identified priorities of AODS for 2022. She reminded the Board that AOD as a whole is still experiencing the impact of COVID. The biggest concern AODS continues to face is stigma and increasing advocacy for the importance of SUD services as a priority. There is low awareness about societal cost of SU in Contra Costa. The Board can take action by promoting, advocating, and partnering on events such as Clean Slate. Furthermore, Fatima's Key Priorities include keeping Alcohol Abuse at the top while addressing Opioid Use, Increasing/Improving admissions into Treatment, continuing to build the youth system of care, supporting efforts towards BH Integration and Co-Occurring Disorders, as well as effectively preparing for CalAIM. Fatima invited Board members to participate in the Steering Committee for Treatment in the Jail and the Juvenile Justice Planning Council led by the Chief of Probation. Finally, she invited the Board to review the AOD priorities and identify how Committees can best focus their efforts.

XI. Break

The break occurred at 11:25 AM to 11:40 AM

**XII. Development of the 2022
Action Plan**

The large group divided by Committees as follows:
Community Awareness Committee: Antwon Cloird, Guita Bahramipour, Dylan Johnston, Rhiannon Shires, Nicolette Schumacher
Executive Committee: Johnathan Ciampi, Talia Moore, Patricia Rogers, Jayme Shipe
Programs and Services Committee: Logan Campbell, Victor Ortiz, Robert Frey

**XIII. Committee Work Group
Sessions**

The Committees met in small workgroups to discuss the Goals, Objectives, and the Action Plan for 2022. The Committees reported back to the full Board at the end of the group sessions.

**XIV. Debrief Committee Action
Plan with Full Board**

Community Awareness Committee:
Dylan shared the accomplishments and goals. The Committee will continue to conduct outreach, support education events, establish a relationship with the Office of Education, engage with various AOD prevention services, participate in Red Ribbon Week activities, and carry out the People Who Make a Difference Award.

THE COMMUNITY AWARENESS COMMITTEE RETAINED 2021 GOALS. IN 2022 COMMUNITY AWARENESS WANTS TO INCREASE CULTURAL COMPETENCY AND LEVEL OF OUTREACH

**XIV. Debrief Committee Action
Plan with Full Board
Contd.**

Programs and Services Committee:
Victor said that the Committee will continue to focus on increasing Committee engagement in the community

THE PROGRAMS AND SERVICES COMMITTEE RETAINED 2021 GOALS

and inviting community involvement with the Committee through surveys. Additionally, the Committee will add a goal of tracking and supporting AODS concerns.

Executive Committee

Dr. Moore stated that the Committee discussed the importance of maintaining timeliness during meetings.

Logan reminded everyone to report community activities in the respective Committees to improve engagement and outreach efforts.

Dr. Shires requested to give a presentation on the COVID Trauma and how it is affecting substance abuse and communities.

Logan recommended that everyone should take time to review the results from the county's COVID survey which was included in the meeting packet.

Guita suggested the Board to send a letter of appreciation to Fatima to recognize the work she has done and continues to do through the pandemic.

Dr. Moore adjourned the meeting.

ENSURE THAT AGENDA ITEMS REPRESENT THE BOARD'S GOALS FOR 2022

THE MEETING WAS ADJOURNED AT 12:57PM

XV. PUBLIC COMMENT

The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)

XVI. ADJOURN