

SUPPORT FOR PARENTS & CAREGIVERS

Promoting Healthier Families

Parent Support
1-1

Alcohol & Drugs
Free Children

Positive
Communication

Community Reinforcement and Family Training (CRAFT)

CRAFT teaches family and friends effective strategies for helping their loved one to change, and feeling better about themselves. CRAFT works to affect the loved one's behavior by changing the way the family interacts with him or her.

What To Expect:

- Understanding a loved one's triggers to use substances
- Positive communication strategies
- Positive reinforcement strategies-rewarding non-using behavior
- Problem solving
- Self-care
- Domestic Violence precautions
- Getting a loved one to accept help
- FREE counseling over the phone

1-855-DRUGFREE

