

BEHAVIORAL HEALTH EMERGENCY HELP-LINES

Blue Cross / Anthem	1-888-831-2246 Press 1 then 2 to get to a Representative Member Services 1-800-407-4627 24/7 Advice Nurse 1-800-224-0336, option 2
Blue Cross Transportation Benefit (logisticare)	1-877-931-4155
Kaiser	MH-West 510-307-1640 Must have ID # NOT AN EMERGENCY LINE
Kaiser	MH- Central 925-295-4145 WILL CONNECT YOU CRISIS DEPT. 24HRS
Kaiser	MH-East 925-777-6300 NOT AN EMERGENCY LINE
Kaiser	Member Service/Advice Nurse- 1-866-454-8855
Kaiser	Transportation- 1-844-299-6230
Contra Costa Health Plan	Access line- 1-888-678-7277 Contra Costa Crisis 1-800-833-2900
United Health Care	Substance-1855-780-5955 Domestic Violence 1-800-799-7233 Behavioral health 1-800-985-2596
Aetna	Behavioral Health- 1-888-632-3862 Substance support 855-520-2898
A3/Miles Hall Center/ mobile Crisis Response Team (Adult)	1-833-443-2672
Seneca Mobile Response Team (children)	1-877-441-1089
Contra Costa Crisis line	For Crisis & Suicide: Call 988, 800-273-8255, or text HOPE to 20121 For Community Resources: Call 211 or 800-830- 5380, or text HOPE to 20121