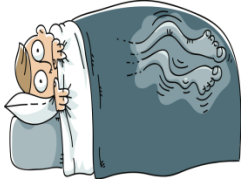


Guide to taking SUBOXONE (Sub-OX-own)

You should be experiencing **at least 3** of the following feelings before taking your first dose of Suboxone:



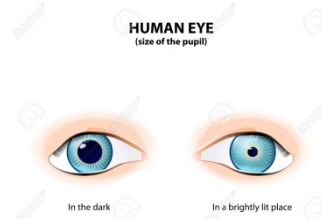
Restlessness



Yawning



Tearing Eyes/Nose



Enlarged Pupils



Stomach cramps

Nausea, Diarrhea

1 film= **8 mg**

Today: While in clinic today you took: 1/2 of film OR **4mg**

Later Today, **if needed ONLY** Take ½ of a film (4 mg) for the above symptoms.

Maximum dose of ___ film (___ mg).

Tomorrow: Take the total dose from yesterday as a first time dose in the morning today.

(For example, if you took a TOTAL of 1 film (8mg) yesterday, then take 1 film (8mg) this morning.)

Maximum dose of ___film (___ mg). Repeat daily.

Note: Please call Choosing Change Access Line at (925) 608-5222 to leave a voice message and let us know how you are feeling while taking Suboxone. A Nurse Care Manager will follow up with you via telephone to help you find the right dose during this process.

*****Important:** If you feel that you may need to lower/raise your current dose, this MUST be discussed with your nurse care manager.

If you are experiencing life threatening/adverse reactions such as:

- Difficulty breathing or shortness of breath
- Unable to urinate for 24 hours or more
- Dizziness or loss of coordination

Please report to your nearest Emergency Room or call 911.