

Tourniquet

Applies to:	
E	EMT
P	Paramedic

Clinical Indications:

1. Life threatening extremity hemorrhage that can not be controlled by other means.
2. May be appropriate for use to control hemorrhage in multi-casualty incidents.

Contraindications:

1. Non-extremity hemorrhage.
2. Hemorrhage that can be controlled with pressure or dressings.

Procedure:

1. Place tourniquet proximal to wound.
2. Tighten until hemorrhage stops or distal pulses in affected extremity disappear.
3. Secure the tourniquet and mark the time of application on extremity.
4. Note the time of tourniquet application in the electronic medical record and communicate this to the receiving facility.
5. Dress wounds as necessary.
6. If one tourniquet is not sufficient or not functional to control hemorrhage, consider the application of a second tourniquet more proximal to the first.

