



Cancer Program Committee

Patient Care Outcomes

December 2018

It is the mission of Contra Costa Health Services to “*care for and improve the health of all people in Contra Costa County with special attention to those who are most vulnerable to health problems*”. Contra Costa Health Services cares about the community and offers many services for needs ranging from assistance for the homeless, showers, food, benefits enrollment and many more.

In addition, Contra Costa Health Services provides quality health care to the public at several locations, one being Contra Costa Regional Medical Center (CCRMC). CCRMC is a full service county hospital and offers a wide range of patient-centered health care services as well as specializes in the care of cancer patients. CCRMC is accredited by the Commission on Cancer and practices in “*Ensuring patient centered care*”. While this accreditation is strictly voluntary, it is extremely important to the healthcare professionals at CCRMC.

Cancer Committee is the authority for overseeing activities of community involvement and monitoring compliance of cancer care. During 2018, CCRMC cancer committee was very active in the community providing various services to assist with prevention and outreach. Annually, CCRMC sends every patient a “birthday letter” as a reminder of prevention and screening activities. Follow-up with every patient is performed one month as well as four months after the “birthday letter” is sent. Cervical Cancer was the focus for 2018 providing screening and prevention activities. CCRMC teamed up with the American Cancer Society (ACS) and offered HPV prevention and education outreach on Wednesday, November 28, 2018. This outreach activity provided prevention and education to 20 individuals within the community.

Ensuring patient-centered care is of utmost importance to the cancer professionals at Contra Costa Regional Medical Center. Monitoring compliance is one of the responsibilities of cancer committee. Physicians at CCRMC provide care as recommended by The National Comprehensive Cancer Network (NCCN). A study was conducted to review the treatment of endometrial cancer care as outlined by national treatment guidelines. Dr. Gynn reviewed Stage I, II, and III endometrial cancer patients. His review found all patients’ treatment compliant with recommendations outlined in national treatment guidelines (NCCN). Fifteen newly diagnosed cases of endometrial cancer were treated at CCRMC. Of the fifteen; nine were stage I, one stage II, one stage III; two stage IV and two unknown stage, totaling 15 patients reviewed. Early stage cancer reveals favorable efforts of outreach activities offered for the community. Treatment of endometrial cancer reflects complete compliance to national treatment guidelines offering optimal cancer care to the patients in the CCRMC community.

On behalf of Contra Costa Regional Medical Center cancer committee, it is of great honor to serve as chair, as well as oversee activities ensuring high quality care for all patients enduring the diagnosis of cancer.

Respectfully submitted,

Michael Gynn, M.D., Cancer Committee Chair