

CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION

Monthly Meeting

February 24, 2011

Minutes – Approved 3.24.11

1. CALL TO ORDER / INTRODUCTIONS

The meeting was called to order at 4:32 by Chair McKindley-Alvarez. Introductions were made around the room.

Commissioners Present:

Peter Bagarozzo, District V
Evelyn Centeno District II
Peggy Kennedy, District III
Dave Kahler, District IV
McKindley-Alvarez, District I
Colette O’Keeffe, MD, District IV
Floyd Overby, MD, District II
Teresa Pasquini, District I, Vice Chair
Annis Pereyra, District II
William Wong, District V
Sam Yoshioka, District IV

Commissioners Absent:

Supv. John Gioia, District

Attendees:

Quentisha Davis
Geet Gobind
Mariana Moore, Human Services Alliance
Al Farmer, NAMI
Brenda Crawford, MHCC
Peggy Harris
Roberto Roman

Staff:

Linda Cipolla, Staff to MHC
Susan Medlin, MHA
Suzanne Tavano, MHA
Dorothy Sansoe, CAO
Donna Wigand, MHA
Jennifer Tuipulotu OCE
Carolina Salazar, Supervisor Mitchoff’s office

2. PUBLIC COMMENT

The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute maximum time limit (subject to change at the discretion of the Chair). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting. Public Comment Cards are available on the table at the back of the room. Please turn them in to the Executive Assistant.

Commissioner Yoshioka discussed the definition of a quorum in terms of the Commission. The question came up in regard to the Executive Committee draft minutes at the end of the packet. Chair McKindley-Alvarez explained that the minutes were draft and not final and the context of the discussion was about standing committees not the issue of a quorum.

Commissioner Centeno was concerned about the Lanterman Act. Governor Brown is making deep cuts in areas of service that could affect implementation of the act. It will be talked about in assembly and she urged the Commission to make their voices heard.

(The Lanterman Developmental Disabilities Services Act, known as the "Lanterman Act," is an important piece of legislation that was passed in 1969. This is the California law that says people with developmental disabilities and their families have a right to get the services and supports they need to live like people without disabilities.

The Lanterman Act outlines the rights of individuals with developmental disabilities and their families, how the regional centers and service providers can help these individuals, what services and supports they can obtain, how to use the individualized program plan to get needed services, what to do when someone violates the Lanterman Act, and how to improve the system.)

Commissioner Kahler read a statement from the NAMI Board of Directors recommending Donna Wigand for the Mental Health Director position. Donna thanked him and NAMI for their support.

3. **ANNOUNCEMENTS**

- A. Annual Training for Advisory bodies – February 28th, 4:30 – 6:00pm, 651 Pine Street, Martinez
- B. Check the website <http://www.cchealth.org/> for date, time & locations of MHC public meetings

4. **CONSIDER APPROVAL OF MINUTES**

December 9, 2010, MHC Monthly Meeting

- **ACTION: Motion made to approve December 9, 2010 minutes**
(M-Centeno /S- Kahler Approved 10-0-1; Y-Centeno, Bagarozzo, Kahler, Kennedy, McKindley-Alvarez, Overby, Pasquini, Pereyra, Wong, Yoshioka, A-O’Keeffe)

PUBLIC COMMENT

Commissioner Yoshioka questioned the status of the PP that the Diversity Workgroup created. Commissioner Kennedy explained that with the change from workgroups to standing committees progress had been put on hold. Commissioner Centeno added the next step was to present it to the Commission and get a motion for approval.

December 6, 2010 MHC Planning Meeting

- **ACTION: Motion made to approve December 6, 2010 minutes**
(M-Kennedy/S- Centeno Approved 11-0-0 Unanimous)

5. **STAKEHOLDER UPDATES**

A. Susan Medlin – Office for Consumer Empowerment (OCE)

She talked about the partnership between the Office of Consumer Empowerment, with MHA and contractor providers regarding integration of homeless services, alcohol & drug services etc. Recent studies of people with mental illness shows that often there is a need for more than just traditional care – that many would benefit from integrated care. They have been working on this for twenty years. She also mentioned the Speakers Bureau. They are currently looking for success stories from providers, consumers, family etc.

B. Al Farmer – National Alliance on Mental Illness (NAMI) (See document)

Al Farmer spoke about the most recent NAMI meeting. A guest speaker presented a relatively new treatment for depression called TMS (transcranial magnetic stimulation).

He welcomed people to attend the NAMI open house Sunday, February 27, 4-6 PM at Crestwood Healing Center in Pleasant Hill.

He also announced the NAMI Walk kick-off on March 17, 7-9 pm. There were about 3,000 last year.

Commissioner O’Keeffe asked if there would be a shuttle service provided.

C. Brenda Crawford – Mental Health Consumer Concerns (MHCC)

There has been a great partnership with Staff of MHCC and OCE about peer support and self management. There is a full regimen that includes peer support empowerment groups and a variety of other services.

She also announced the MHCC 35th anniversary party and awards ceremony is June 11th at the Concord Hilton and Senator Mark DeSaulnier is the Chair of the planning committee. The website has nomination forms available for download.

D. John Gragnani – Local One/MH Coalition: There was no update provided as Gragnani was not in attendance.

E. Marianna Moore – Human Services Alliance

She announced there is an upcoming event April 28th and 29th to celebrate 25 years of service, comprised of about 24 organizations. It is by invitation only and will be finalized in two weeks. One project of interest is cross sector convening. With funding decreasing, they want to find new and different ways to protect those who are in need of services. In the next 2 weeks they will be finalizing invitations and are looking for folks who are systems thinker across sectors and can commit to the meetings. For those who are interested, contact her at moore_mariana@yahoo.com.

6. MHSA UPDATE – Annis Pereyra and Teresa Pasquini

Commissioner Pereyra noted that since there were no workgroup meetings in January there was no new Capital Facilities update. There had been some discussion around housing but that meeting had been cancelled. The MHA is currently reconfiguring a document from October 2010 to be available at a later date.

There was a request to prepare for public hearing so they know what they are going to do. The MHC should get information in advance to give approval for MH Services Act funds. The next CPAW meeting is Thursday March 3, and she recommended reviewing the documents in advance.

There was discussion about the best way to get the documents via link or hard copy and that it was relevant information to be aware of especially regarding PEI and funding. The MH Director explained that CPAW documents are posted to the website for a minimum of 30 days.

7. PROPOSAL FOR MHC Planning meeting wrap up

ACTION: approve placing 2011 goals established in MHC Planning meeting into appropriate Standing Committees

Discuss a plan on how to fold 4 goals:

Housing – Capital Facilities

Transportation – Quality of Care

Data driven (which crosses all categories) – Quality of Care

Outreach to underrepresented groups – Quality of Care

Discussion:

Commissioner O’Keeffe thought that ‘Transportation’ should be a goal for the Capital/Facilities Committee and Vice Chair Kennedy agreed.

Kennedy thought ‘Outreach’ would be more appropriate for the Nominating Committee.

Commissioner Yoshioka asked for a definition of ‘data-driven.’ There was conversation defining it as ‘the way we collect info and use data’, that making decisions outside of data can tend to be more personal, and that existing data may not speak to information that’s required to make an informed decision or assessment.

- **ACTION: Motion made to accept the placement of goals with the exceptions of moving ‘Transportation’ from Quality of Care to Capital Facilities and ‘Outreach’ from Quality of Care to the Nominating Committee.**
(M-Wong /S- Pasquini Approved 11-0-0 Unanimous)

8. **STANDING COMMITTEES**

DISCUSS: Update on standing committees

Criminal Justice will meet on the second Friday. Capital Facilities Committee planned to gather at the end of the meeting to determine their recurring meeting date.

9. **TASK LIST**

- A. DISCUSS: Updated task list
- B. ACTION: Addressing incomplete items

Chair McKindley-Alvarez explained the process of updating the task list from October of 2010. The MH Deputy Director made updates to the list and the finalized tasks were separated from outstanding tasks. The task list was in the packet and the updates were in red font for approval.

Discussion:

Open items were discussed and referred where appropriate to the corresponding standing committee. The Chair commented that they couldn’t change the language of the tasks because it had been created prior to them.

- **ACTION: Motion made to Approve Task list with changes**
(M-Bagarozzo, Approved 11-0-0 unanimously)

10. **NOMINATING COMMITTEE (*Elections*)**

Commissioner Yoshioka thought the committee was for a specific project rather than a year term.

Chair McKindley-Alvarez explained that members of the Nominating Committee can’t run for any positions, since the nominations would go through the Nominating committee, or that a member would have to step down from the Nominating Committee in order to run.

A. Election for Nominating Committee

They need one more person to function and they can't move forward until that is done. Commissioner Overby volunteered as third.

- **ACTION: Motion made to elect Overby as third member**
Approved 11-0-0 Unanimous

B. Election for Executive Committee

Commissioner Bagarozzo and Commissioner Pasquini were nominated and accepted the nomination.

- **ACTION: Motion made to close the nominations**
(M-Wong /S-Pereyra, Approved 11-0-0, Unanimous)
- **ACTION: Motion made to elect Pasquini to the Executive Committee**
(M-Pereyra /S- Kennedy, Approved 9-0-2; Y-Centeno, Bagarozzo, Kahler, Kennedy, McKindley-Alvarez, Overby, Pereyra, Wong, Yoshioka, A- O'Keeffe, Pasquini)
- **ACTION: Motion made to elect Bagarozzo to the Executive Committee**
(M-O'Keeffe, Approved 11-0-0, Unanimous)

Commissioner Yoshioka expressed that they need to nominate and vote for the Executive Committee since the Chairs of the workgroups were changing. Chair McKindley-Alvarez explained that the new By-Laws required election rather than the past By-Laws which consisted of the chairs of each committee being members of the Executive Committee.

11. DIRECTOR'S REPORT – Donna Wigand, Mental Health Director

A. HEAR budget update

A number of changes are occurring:

At the State Department of Mental Health, Cliff Allenby's last day as temporary Division Director is the end of March which is unfortunate. He has been a champion of counties and of giving the counties not only financing but also authority to do things without jumping through a lot of administrative hoops. He has been an advocate for MHA.

Other changes in the DMH: Running state hospitals will be 80% of their focus. Therefore the community mental health focus will shift dramatically. She thinks it would be bad if the State DMH went away, but best to be used only when needed.

Knowing that they will have multiple audits every year, there is a desire to streamline.

She used the white board to explain realignment:

Realignment in 90s

- Three departments each with separate funding.

Current Realignment

- One big pot of money that needs to be distributed to various divisions/departments

Currently the county money has no protections for existing levels of service. The Governor's proposal is that the old realignment and the new realignment will be side by side for one year then the new realignment of one pot of money becomes the process. That could cause unequal funding between departments and infighting for funds.

There's a lot of anxiety with the changes and an immediate concern is that several management level people are leaving. There is a deal in the county that says employees can cash out vacation upon termination. The MHA will lose up to 30% of management in the Spring, not including Line Staff. These are the types of positions that require a year to fill.

Dorothy Sansoe said that pension plans are currently under scrutiny. They are looking at eliminating manager's ability to sell vacation time. Since there is a possibility of layoffs and/or a 6% reduction in employees and cost, the general thought with management is that a pay reduction will lessen their retirement amount. The retirement board is working on a solution for this.

MH Director said there will be a huge exodus of county staff, which will be a resource drain. This next six months, the Commission's role as advocates and stewards will be more important than ever before. The Commission will have to step up as the stakeholders that are left.

Discussion:

Commissioner Pasquini asked about a transition plan.

MH Deputy Director explained there are different levels: one is within the division and some retirees can return through a contract situation. This is an internal plan and will allow for overlapping training.

Commissioner Wong asked how retirees can return and Sansoe explained there is a limit of 150 hours per fiscal year which is about 20 hours a week per year.

12. **THE CONTRA COSTA RE-ENTRY PLANNING INITIATIVE** a strategy for successful community reintegration of formerly incarcerated individuals being put forth by the BOS Public Protection Committee
 - A. DISCUSS: impact of report
 - B. ACTION: MHC's involvement

There was discussion about how to proceed and it was determined that they need to have the document sent out to all commissioners as a link, hard copy documents provided only to those who request since the document is so large.

Commissioner Pasquini said she thought it would be going to the Board soon and they should have a position soon. The EA is to ask Dorothy Sansoe to know when it's going to the board.

13. **TUCSON TRAGEDY – Carole McKindley-Alvarez**
 - A. REVIEW: Discussion during Executive Committee meeting
 - B. ACTION: Plan a forum to begin a community dialogue

Chair McKindley-Alvarez said there had been a thoughtful discussion regarding Laura's Law at the Executive Committee meeting which ended with an agreed desire that MHC spearhead an open forum

that would invite all stakeholders to have dialog to explore all issues that impact consumers. She asked for a motion for a forum.

PUBLIC COMMENT

Roberto Roman read a statement (*See document*).

Hilary Bowers read a statement (*See document*).

Susan Medlin provided a copy of Laura's Law to all (*See document*).

She stated three points as to why Laura's Law isn't a successful possibility:

1. Required to enhance specific services
2. It has no teeth
3. The only consequence of not participating is the treatment team will attempt to persuade and then send you to the hospital, and then you would be sent back. She would like a forum and dialog but not want this law.

DUE TO TIME LIMITATIONS DISCUSSION WAS MOVED TO ITEM 14

14. **STATE BUDGET** POSTPONED to the upcoming Executive Committee meeting. Commissioner O'Keeffe who requested the item be on the agenda was willing to postpone discussion to Executive Committee. The EA will ensure she can attend.

15. **AB3632** POSTPONED to the Executive Committee meeting. Commissioner Centeno who requested the item be on the agenda was willing to postpone discussion to the Executive Committee meeting.

Discussion:

There was discussion that Centeno would be going out of the country soon and if the topic was postponed to the next monthly meeting it could take two months. Chair McKindley-Alvarez requested Centeno provide a statement/proposal in advance of the Executive Committee meeting.

RETURN TO ITEM 13: (Plan a forum to begin a community dialogue regarding TUCSON TRAGEDY)

Commissioner Pasquini said the topic is complicated and that she was not sure how to move forward. She reminded everyone that the decision to have a forum was not specific to Laura's Law. It was about stigma and discrimination. The position originally was taken by Sherry Bradley and Mary Roy in the Planning Meeting about the Richmond Mayoral stigma issue. Pasquini said she was the family member representative at a NAMI meeting to discuss Laura's Law and she heard about the Tucson Tragedy when she got in her car after the meeting. She wanted to clarify that CPAW and MHA will have a partnership on this issue.

Vice Chair Kennedy said the agenda action was to plan a forum for dialog and it appeared that a forum is already being planned (*through CPAW partnership*).

16. **FUTURE AGENDA ITEMS**

Any Commissioner or member of the public may suggest items to be placed on future agendas by using the Agenda Request Form

- A. Suggestions for March Agenda
- B. List of Future Agenda Items:
 - 1. Rose King Presentation on MHSA
 - 2. Behavioral Court Presentation
 - 3. Case Study
 - 4. Presentation from Putnam Clubhouse
 - 5. Creative ways of utilizing MHSA funds
 - 6. TAY and Adult's Workgroup
 - 7. Conservatorship Issue
 - 8. Presentation from Victor Montoya, Adult/Older Adult Program Chief
 - 9. Presentation from Crestwood, Pleasant Hill
 - 10. Presentation on Healthcare Partnership and CCRMC Psych Leadership
 - 11. Presentation on non-traditional mental health services under the current PEI MHSA programs
- C. List of Future Action Items:
 - 1. Develop MHC Fact Book to be used in review meetings with appointing Supervisors
 - 2. Review Meetings with appointing Supervisors

17. **ADJOURN MEETING**

Motion made to adjourn meeting at 6:42 pm and passed unanimously

The next scheduled meeting will be Thursday, March. 24, 2011 from 4:30- 6:30 pm at the John Muir Behavioral Health Center, 2740 Grant Ave., Classroom A, Concord.

The next scheduled Executive Committee meeting will be March 8, 2011 from 3:30pm-5:00pm, at 1350 Galindo Street, Concord Police Department, Concord.

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Ste. 200, Martinez during normal business hours

Respectfully submitted,
Linda Cipolla
Executive Assistant