

Monthly Mental Health Commission Meeting
Thursday ♦ January 26, 2012
Minutes

I. CALL TO ORDER / INTRODUCTIONS

Chairperson Carole McKindley-Alvarez called the meeting to order at 4:30 p.m.

Commissioners/Staff:

Evelyn Centeno, District II

Dave Kahler, District IV

Carole McKindley-Alvarez, District I

Supv. Karen Mitchoff, BOS Representative

Colette O'Keeffe, District IV

Floyd Overby, District II

Teresa Pasquini, District I

Juliet Scott, District III

Gina Swirsding, District I

Monique Tarver, District III

Sam Yoshioka, District IV

Karen Shuler, Executive Assistant

Commissioners Absent: Peggy Kennedy, District II (Excused)

Annis Pereyra, District II (Excused)

Non-Commissioners:

Linda Bagarozzo, Guest

Peter Bagarozzo, Guest

Lia Bristol, Supv. Mitchoff's Office

Brenda Crawford, Mental Health Consumer Concerns

Karen Cullen, NAMI, P'tach Libeynu

John Gragnani, Local 1

Ralph Hoffmann, Advisory Council on Aging

Vanessa Jones, Anka

Shayne Kaleo, Anka

Susan Medlin, Office of Consumer Empowerment

Mariana Moore, Human Services Alliance

Mary Roy, Acting MHSA Program Manager

Dorothy Sansoe, Senior Deputy CAO

Dean Spenser

Suzanne Tavano, Acting Director of Mental Health

Janet Marshall Wilson, MHCC Patient's Rights

II. PUBLIC COMMENT

1. Ralph Hoffmann commented on the January 17th Board of Supervisors meeting, where a celebration of Martin Luther King, Jr.'s birth was held at the end of the meeting. He repeated a quote attributed to Dr. Martin Luther King, Jr.: "The fate of the world lies in the hands of the creatively maladjusted." He finished his comments by stating there was a controversial agenda item and Supv. Piepho mentioned twice in speaking that she was schizophrenic on how to vote.

2. Peter Bogarozzo commented about recent experiences his family had with mental health services. His daughter was 5250'd twice. One was on a holiday when his daughter disappeared and the Antioch Police took three hours to respond. The police officer knew the family from previous experiences and made some calls and they were able to locate her at San Francisco General's Psychiatric Ward. They called San Francisco and was at first unable to get any information on her condition. They were finally told she was uncooperative and was sent to Herrick, where she was released without them knowing where she was. The second incident was at Contra Costa Regional Medical Center Martinez Psychiatric Emergency. He said the bottom line is the system is extremely flawed and broken. It is a matter of rights. They wouldn't tell him anything but would accept information from him about his daughter. His daughter also feels her rights have been violated. He summarized by stating that the Mental Health Commission needs to address this issue. At the request of Commissioner Pasquini, this matter is being forward to the Executive Committee for further discussion.

III. ANNOUNCEMENTS

1. Welcome new Commissioners Juliet Scott, Monique Tarver and Supv. Mitchoff
Juliet said she was proud to have been appointed. Monique said she loves the opportunity to present a face to what a consumer is. Supv. Mitchoff has been assigned to represent the BOS in 2012. She said she was happy to be there and affirmed she has an interest in the Commission and its work.
2. Annis Pereyra is taking a 3 month leave of absence effective immediately.
It was clarified that the leave of absence will be "up to 3 months."
3. Correction regarding 5150 motion.
Carole clarified that she was in error in stating the MHC voted against a motion Dave had made at the November meeting. Dave had actually withdrawn the motion.
4. Site visits.
Carole clarified that site visits do need to be agendized and publicly noticed if a quorum of the full committee plans to attend. If less than that, it doesn't have to be noticed or agendized.
5. Review of the Current Committee Members.
Carole asked for Commissioners to think about committee membership so new Commissioners can be on a Committee. Committee membership will be reassigned next month.
6. Upcoming Events:
 - 1 *Calli House Youth Shelter Open House, Monday, January 30 from 11:00 to 1:00 at 845-B Mapquest DIRECTIONS. Brookside Dr., Richmond. Info: 925-313-6124.*
It was noted that an announcement correcting the date to the 20th was sent out at the same time the Agenda was. Commissioners are invited to contact Lavonna Martin if they would like an opportunity to tour Calli House.
 - 2 *"Erasing the Stigma of Mental Illness." Monday, January 30 at 7:00 p.m. at Temple Isaiah, 3800 Mt. Diablo Blvd., Lafayette. The speaker will be UC Berkeley Psychology Professor Stephen Hinshaw. Open to the public and free of charge. Info: 925-988-9767.*

Colette expressed concern that it requires over a mile walk from Lafayette BART to get to this venue. Karen Cullen said it is being sponsored by P'tach Libeynu. Transportation may be able to be arranged. Colette asked that public transit information be published when the event is advertised.

- 3 *“Evening in the Tropics.” NAMI Fundraiser. Saturday, February 18 from 6:00-9:00 p.m. at the Walnut Creek Elks Lodge, 1475 Creekside Drive, Walnut Creek. The cost is \$28 for adults and \$15 for children under 12. Info: 925-933-1151.*
- 4 *Ralph Hoffmann mentioned that Nieman Marcus is having their grand opening in Walnut Creek and they have been supportive of mental health services*
- 5 *Also, on May 5, DSM 5 will be initiated.*

IV. APPROVAL OF THE MINUTES FROM DECEMBER 13, 2011 *Action Item.*

- **Teresa Pasquini made a motion, seconded by Evelyn Centeno, to approve the Minutes. There was no discussion. The motion to approve the Minutes as presented passed by a vote of 8-0 with 3 abstentions.**

V. MENTAL HEALTH DIRECTOR’S REPORT – Suzanne Tavano BSN/PhD.

Suzanne distributed a written copy of her report in advance of the Commission meeting. Copies are available through the Commission office at 925-957-5140.

1. Status of Hiring Process Interviewing started Monday.
 - Responding to a question regarding where in the hiring process the Family Advocate position is, Suzanne replied it is still in Human Resources. She explained it was offered as a temporary position to then move into a permanent position, but Human Resources needs to open the exam. Teresa stated the Commission needs to consider strong advocacy around getting this position filled. Carole asked if anyone at Mental Health Consumer Concerns might be interested. Brenda said she’ll distribute the information. Suzanne said she will also distribute information to more organizations.
2. Needs Survey.
 - Suzanne reported this was the first time there was a low response, so she reached out to John at Local One and got a better response. Written comments are on the last page of the Survey that was distributed.
3. Educationally Related Mental Health Services (ERMHS: aka AB3632).
 - Over a year and a half ago the Governor moved the full responsibility for these services from mental health to education. Part of AB100 included \$4.2 million for ERMHS but it costs \$67 Million. Mental Health continued to do this program as a transition, but will stop in July 2012.
4. AB 109 Update.
 - Initial concerns are about increased hospitalizations. Numbers have been small so far.
5. Alternative to the Mental Health Consumer Concerns (MHCC) Wellness and Recovery Center in West County.
 - The space is wonderful and homey, but really small. We have looked at what's available. We consulted with Anka and they are available to help. They are located at 1515 Market and could offer basic needs service -- breakfast, lunch,

mail system, shower, laundry, 1 on 1 therapy, job club, SSI help, getting people into shelters, power program (substance abuse help), etc. The process for utilizing their services is to come in and do an intake. Clients do not have to have Medi-Cal. Dean Spenser from the Wellness and Recovery Center gave a passionate statement about how long they have been together and have become a family and don't want to be separated. Other clients served by the MHCC West County Wellness and Recovery Center stood together in support of what Dean was saying. He continued to state that the surrounding community is dangerous and they need a bigger place where they are. Teresa thanked Anka for advising the Commission of their services, and spoke of her appreciation of the MHCC Wellness Center Clients from Richmond for coming. She stated this will be on the Capital Facilities Committee goals, and added it has to be addressed in a way that doesn't tear people away from their safety and comfort zone. She invited representatives from Anka to come to the Capital Facilities meeting. Gina spoke of her experiences at MHCC and agreed they are a family, and their support is the key to healing. Carole asked for clarification of the problem, and was told the space is not big enough, and since Rubicon reduced their services, MHCC has more people coming to them now for services. Carole said she appreciated the fact the Mental Health Administration had tried to find collaborative services, and acknowledged that community is important. She added that while this may be a band-aid, it is still a great example of collaboration. Brenda explained there is no one person responsible for the current situation. The space was once very adequate compared to what they used to have. But because the numbers have increased significantly, the clients sit in the parking lot and wait for a space inside. They are not going anywhere else. Suzanne said the MHA very much supports them, but it's going to have to be part of the community process.

6. Early Intervention Program for Psychosis.
 - Everything is moving forward. Training should be starting in the next couple of months.
7. Updated information on proposed Assessment and Recovery Center and Adult Crisis Residential Center.
 - Both facilities were on the Board of Supervisors consent calendars and were approved to move forward for release for bid for construction costs.

VI. APPROVE 2012 COMMITTEE GOALS

1. Quality of Care Committee – Peggy Kennedy, Chair
 - **Colette made a motion, seconded by Floyd Overby, to approve the Quality of Care Committee's 2012 Goals (listed below). Discussion: Teresa suggested modifying one of the work plans to include Oak Grove Seneca programs under Quality of Care and Capital Facilities. Karen Mitchoff suggested establishing a task force. After a brief discussion, Teresa said they'd run it through the Capital Facilities Committee. The motion passed by a unanimous vote of 11-0.**

Continue to address quality improvement of mental health services for all age groups by:

- 1) Developing an action plan for mental health consumers who reside in Contra Costa County to receive affordable and possibly free dental care.
 - 2) Continuing to collaborate with the Mental Health Administration Research and Evaluation Team to:
 - a. Develop an action plan for addressing gaps in medical services to mental health consumers.
 - b. Evaluate availability and cultural appropriateness of services provided by county and contract agencies.
 - c. Do a gap analysis on the availability and accessibility of psychiatric services.
 - 3) Seeking to collaborate with the Bring 'em Home Campaign and the Children and Adolescent Task Force to assess out-of-county placements.
Janet Wilson mentioned this issue has not died and isn't going to die. She spoke of the "toilet assumption": people who are unwanted are flushed away to other counties never to be heard from again. She referenced a grand jury report and other paperwork.
 - 4) Developing and implementing a tool for consumer workforce support.
 - Recommendation to temporarily suspend the Quality of Care Consumer Workforce Supportive Services Task Force.
No vote was required. These activities will be folded back into the Quality of Care Committee.
2. Capital Facilities Committee – Teresa Pasquini, Chair
Teresa asked that MHSA Guiding Principles be printed out and distributed.
- **Evelyn Centeno made a motion, seconded by Teresa Pasquini, to approve Capital Facilities Committee's 2012 Goals (listed below). Discussion: An amendment including Oak Grove Seneca will go back to committee. Brenda added she wants to be sure leadership academy is a true partnership. The motion passed by a vote of 10-0 and 1 abstention.**
- 1) Participatory Leadership Training
Brenda gave Teresa a paper for distribution. Because it was material related to the agenda item, staff invoked the Brown Act. Supv. Mitchoff and Dorothy Sansoe disagreed and the paper was distributed.
 - a) The Capital Facilities Committee will partner with Mental Health Consumer Concerns on participatory leadership training development which will be completely aligned to the Capital Facilities Committee Mission Statement around advocacy and education.
 - CCRMC, BH are also partners.
 - 2) Housing
 - a) Continue to monitor the completion of Bonita House Farm Project in Knightsen.
 - b) Continue advocating for improving housing options across the continuum of care spectrum
 - c) Continue to monitor and advocate for the Assessment Recovery Center and

Crisis and Residential Facility.

- d) Demonstrate how housing shortage creates human and fiscal impacts across the continuum.
 - 3) Site Visits
 - a) Consider site visits within the county system that will assist in informing the community of access issues.
 - b) Invite collaboration from stakeholders and others to join this effort.
 - 4) Support Services
 - a) Request from the Mental Health Administration an accurate count of how many people have been impacted and displaced by the changes in services in West County.
3. Criminal Justice Committee – Dave Kahler, Chair
- Dave spoke of NAMI plans for a Family Center where CIT training could take place.
- **Dave Kahler made a motion, seconded by Karen Mitchoff, to approve the Criminal Justice Committee’s 2012 Goals (listed below). Discussion: Gina expressed concern that the Concord Police Department does not have a CIT Unit even though they conduct the training, and would like to add that information. There was agreement that this as an advocacy issue for the police to form a CIT unit. Dave mentioned that San Diego is a model of this. They have police and mental health CIT units and we should advocate in that direction. Teresa said she wanted to support the Criminal Justice Committee’s efforts on actively promoting CIT in this county, and Concord Police Department is our best example in this county. Teresa said she’d like to see integration as one of their goals (AB109). There were further comments having to do with Committee planning work that will be referred to the Committee for discussion. The original motion (to approve the goals as presented) was voted on. The motion failed to pass by a vote of 6-0 and 5 abstentions (the quorum for passage is 7). Carole suggested adding monitoring of AB109 to their goals and bringing it back to the Commission for approval next month.**

Supv. Mitchoff left the meeting at 6:00 p.m. Before leaving, she said she was casting a “Yes” vote on the motion that was under discussion.

- 1) To do Site Visits to:
 - a. Behavioral Health Court
 - b. West County Detention Facility
 - c. The Ranch (Marsh Creek Detention Facility)
- 2) Encourage law enforcement agencies to have the officers take CIT Training

VII. BEHAVIORAL HEALTH INTEGRATION REPORT – Cynthia Belon,
Cynthia Belon was not able to attend due to illness.

VIII. MENTAL HEALTH SERVICES ACT REPORT – Mary Roy, LMFT

1. Update on MHSA funding
 - Mary reported that we anticipate an increase in MHSA funding -- maybe 10%. In

response to a question, Mary said that Contra Cista County did not have to revert funds back to the state. There was discussion about how we're going to use the Guiding Principles the Commission had adopted. Carole explained that we want to work collaboratively with the Mental Health Administration around MHSA. Carole and Peggy will meet with Mary.

2. CPAW update: Proposed changes regarding the CPAW committee structure
 - Mary said that recommendations were made to increase client and family member participation. But there was not consensus and it did not get voted forward. There was discussion on how the Commission can learn about what is going to CPAW Committees before it gets voted on. Carole, how does MHC hear about this before it goes to the CPAW Committee. Mary explained that a Committee meets, forms recommendations, and sends information to CPAW. It was mentioned that while the MHC has representation who should report back, there are times when there is development in a committee that the representatives don't know about until just before a CPAW meeting and there wasn't enough time to bring it to the Commission.
 - **Selection of CPAW representative to replace Annis, and clarification of roles and responsibilities.**
Gina volunteered. Her function would be to listen and report back to the MHC so they can take action or advocate. Teresa said she represents the MHC, but speaks as a Family Member. Evelyn said she would also like to represent the MHC. Sam nominated Dave. Dave declined. Sam Yoshioka made a motion, seconded by Monique Tarver, to select Gina Swirsding as the MHC representative to CPAW to replace Annis Pereyra. Discussion: Sam said he can see the value of supporting Gina as she represents the consumer view, and would be replacing Annis who is also a consumer. Colette agreed with Sam. The motion carried by a vote of 9-0 with 1 abstention.
 - **Selection of two representatives to MHSA Committee for Social Inclusion**
Carole and Monique both volunteered. Sam made a motion, seconded by Floyd Overby, to appoint Carole McKindley-Alvarez as MHC representatives to the MHSA Committee for Social Inclusion. There was no discussion. Motion carried by a vote of 8-0

Evelyn Centeno left the meeting at 6:30.

IX. REVIEW DRAFT OF THE MENTAL HEALTH COMMISSION'S 2011 ANNUAL REPORT.

There was inadequate time left to discuss this. Commissioners were asked to look over the Annual Report and send their changes to staff by February 15th. Carole asked that this be placed at the beginning of the Agenda.

X. CONSIDER PROPOSED BOARD OF SUPERVISORS LEGISLATIVE PLATFORM

Forward to the February MHC meeting.

XI. RECOMMENDATION FROM THE NOMINATING COMMITTEE ON MHC DISTRICT II APPLICANT DALE L. BRODSKY

- **Sam Yoshioka made a motion, seconded by Gina Swirsding, that the Commission forward a recommendation for appointing applicant Dale L. Brodsky to the District II Member-at-Large seat. Discussion: Carole explained the seat is currently held by Evelyn, who would move to District V, which is her correct district following redistricting. The motion carried unanimously 9-0.**

XII. ADJOURN MEETING.

The meeting was adjourned at 6:40.

Respectfully submitted,
Karen Shuler, Executive Assistant