



*Contra Costa County Mental Health Commission has a dual mission: 1) To influence the County's Mental Health System to ensure the delivery of quality services which are effective, Efficient, culturally relevant and responsive to the needs and desires of the clients it serves with dignity and respect; and 2) to be the advocate with the Board of Supervisors, the Mental Health Division, and the community on behalf of all Contra Costa County residents who are in need of mental health services.*

### **QUALITY OF CARE COMMITTEE**

*Mission: To assist Contra Costa County mental health consumers, family members and the general public in advocating for the highest quality mental health services and supports delivered with dignity and respect.*

**Wednesday, January 8, 2014 ♦ 10:30-12:00**  
**1340 Arnold Drive, Ste. 200, Small Conference Room, Martinez**

*The Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact the Executive Assistant at least 48 hours prior to the meeting at 925-957-5140.*

### **AGENDA**

- 1. 10:30 Call to Order / Introductions**
- 2. 10:35 Public Comments**
- 3. 10:40 Commissioner Comments**
- 4. 10:45 Announcements**
- 5. 10:50 Approval of the December 4th, 2013 Minutes** *Action Item*
- 6. 10:55 Discuss elements to be included in December report to MHC detailing QC Committee 2013 accomplishments**
  - 1) Continued quest to provide free or low cost dental care
  - 2) Evaluated gaps in the system of care
  - 3) Heard from MHA staff
  - 4) Physical accessibility suggestions
  - 5) Oversight and accountability
- 7. 11:15 Any Updates on 2013 Committee Goals**

*The Committee proposes to address the following goals with consideration of the entire lifecycle of consumers including Children, TAY, Adult and Older Adults, and advocate for support services across the continuum.*

  - 1) Develop an action plan whereby Contra Costa adult consumers can receive free dental services.
  - 2) Evaluate gaps in medical, psychiatric, social and cultural services.
  - 3) Advocate for physical accessibility of services.
  - 4) Address oversight and accountability of out-of-county placements and receive information from community advocates as available.
  - 5) Evaluate discharge planning for county mental health clients.
- 8. 11:25 Choose 2014 Committee Goals** *Action Item*



- 9. 11:45 Future Agenda Items**  
1) April: Quality Improvement Work Plan, page 9, #1: Quarterly report on timeliness to access mental health services in Contra Costa County.
- 10. 11:50 Items to Forward to the Mental Health Commission**  
1) 2013 Accomplishments  
2) 2014 Proposed Committee Goals
- 11. 11:55 Create February Agenda**  
1) Report from Peggy on meeting with John Muir, Summit and Kaiser  
2) Invite Susan Medlin to discuss accessibility update  
3) Evaluation of Annual Plan  
4) Recommended changes to 2014 Goals
- 12. 12:00 Adjourn Meeting**

*Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Ste. 200, Martinez during normal business hours*