

**MENTAL HEALTH COMMISSION**  
**7.10.2014 MINUTES – FINAL**

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action/ Follow-up</b>
<p><b>I. Call to Order / Introductions</b></p>	<p>Chairperson Sam Yoshioka called the meeting to order at 4:34 p.m.</p> <p><u>Commissioners Present:</u>  Louis Buckingham, District III  Evelyn Centeno, District V  Dave Kahler, District IV  Peggy Kennedy, District II (4:40)  Colette O’Keeffe, District IV  Teresa Pasquini, District I  Lauren Rettagliata, District II  Gina Swirsding, District I (arrived at 4:55)  Sam Yoshioka, District IV</p> <p><u>Commissioners Absent:</u>  Peggy Black, District V  Jerome Crichton, District III  Karen Mitchoff, BOS Repr.</p> <p><u>Non-Commissioners Present:</u>  Cynthia Belon, Behavioral Health Administration  Hillary Bowers, Recovery Innovations  Lia Bristol, Supv. Mitchoff’s Office  Yolanda Cruz, OCE  Art Harris, Citizen  Narissa Harris, Citizen  Mike Yamagata, Telecare  Kimberly Krisch, OCE  Christopher Martinez, AOD Advisory Board  Susan Medlin, OCE  Vic Montoya, Mental Health Administration  Mariana Moore, Human Services Alliance  Tess Paoli, Consumer  Chris Roach, Telecare  Karen Shuler, MHC Executive Assistant  Connie Steers, CPAW</p>	<p>Add new names to contact list</p>
<p><b>II. Public Comment followed by Commissioner Comments</b></p>	<p>Public Comments:  1) Hillary announced the Recovery Innovations’ Open Houses on July 18<sup>th</sup>.</p> <p>Commissioners Comments  1) Evelyn announced she had resigned from</p>	

	<p>the MHSA/Finance Committee. She praised the Committee for the good work they were doing.</p> <p>2) Lauren said she attended a State committee on mental health meeting in Sacramento. She heard that many MHSA dollars are not being used specifically for SPMI – but for stigma reduction.</p> <p>Lauren also visited Crestwood and was ashamed of the conditions. The bedding was filthy and the rooms were inadequate. People need to be afforded dignity and respect. She is asking the Commission to join her in addressing this. She added she was thankful for the staff who were willing to work in these conditions.</p> <p>Clarification:</p> <ol style="list-style-type: none"> <li>a. Connie was a patients’ rights representative at Crestwood a few years ago. She praised the staff and residents. She said that in the past there was a resident council. She added that residents everywhere tend to live below the poverty level.</li> <li>b. Peggy stated that the Quality of Care Committee will be discussing this at the July 31<sup>st</sup> meeting.</li> <li>c. Colette said she supports the effort. She is concerned that Crestwood owns the building – providing them leverage.</li> <li>d. Christopher stated he is a former employee of Crestwood. He said this facility is the alternative to a locked facility. The clients are at different levels of capability regarding how they are cared for. Some can care for themselves while others need assistance. The clients make choices not to engage. He said that Crestwood can’t be entirely blamed.</li> <li>e. Lauren stated the facility has deteriorated and the clients have a right not to live in filth.</li> <li>f. Teresa expressed her appreciation to Lauren and Connie. She told about previous site visits to Crestwood where</li> </ol>	<p>Place on Q of C July Agenda.</p>
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	<p>the facilities were exemplary. What's going on has to be looked at. The Executive Committee should address have the MHC do site visits.</p> <p>g. Vic said he was embarrassed by the findings. Crestwood should have reached out. He thanks the MHC for bringing this forward.</p>	<p>Place on Executive Committee July Agenda.</p> <p>Invite Vic to July Q of C meeting.</p>
<b>III. Announcements</b>	<ol style="list-style-type: none"> <li>1) Sam announced that Jack has stepped down from the Commission. He got a part-time paid position at Recovery Innovations, which makes him ineligible to serve on the Commission.</li> <li>2) There are now four (4) vacancies on the Commission – 3 consumers and 1 member-at-large.</li> <li>3) Lauren asked if an out-of-district appointment could be made to fill a consumer position.</li> <li>4) Gina mentioned the Commission being under the required 20% consumer representation and thanked Lauren and Karen for getting out the information.</li> <li>5) Susan mentioned it was the 20<sup>th</sup> year of SPIRIT July 28<sup>th</sup>. Invited Commissioners. Asked that people RSVP.</li> <li>6) Tess asked what the qualifications for being a Commissioner are.</li> </ol>	<p>Contact Supvs. Andersen, Piepho and Glover.</p> <p>Send application to Tess,</p>
<b>IV. Approval of Minutes from June 12, 2014</b>	<p>➤ Motion to approve Minutes from June 12, 2014.  Moved: Dave  Seconded: Evelyn  Discussion: None  Vote: Approved unanimously 9-0-0.</p>	<p>Approval of the Minutes.  <u>Yes (9):</u>  Louis  Evelyn  Dave  Peggy K.  Colette  Teresa  Lauren  Gina  Sam  <u>No (0).</u>  <u>Abstain (0).</u>  <u>Absent (3):</u>  Peggy B.  Jerome  Supv. Mitchoff</p>

<p><b>V. Presentation – Telecare Hope House</b></p>	<p>Program Manager Chris Roach and Clinical Director Mike Yamagata from Telecare gave a powerpoint presentation on Hope House. (Attached at end of Minutes)</p> <p>Chris gave a background about Telecare, stating the goal for Telecare is achievement in the community. Hope House is a beautiful place. The staff have longevity in their jobs. Telecare is a family and employee owned company. Recovery is a process, not a destination. Hope must stay alive.</p> <ul style="list-style-type: none"> <li>• Gina: Why isn't there a facility like Hope House for permanent housing for those with serious and persistent mental illness?</li> <li>• Chris: Coordinating continuity of care is a tremendous undertaking.</li> </ul> <p>Mike presented the Powerpoint about Hope House. The program is family oriented. They are developing a trauma piece. He recommends a video entitled "Pathways to Wellness." The facility has been going for two months.</p> <ul style="list-style-type: none"> <li>• Tess: Offered to volunteer to bring her bead work in for clients.</li> <li>• Colette asked if there is an alumni program? Mike said it was too new, but they do approach those who are leaving.</li> <li>• Is there outcome analysis? Chris said yes, they have presented the first month's outcome analysis.</li> <li>• Colette asked if there are any downstairs bedrooms or an elevator. All bedrooms are upstairs but there is an elevator.</li> <li>• Lauren asked if there was relapse prevention? Mike said they're working with the County. They have a strong clinical view.</li> <li>• Christopher said it is an attractive model and asked if it can be expanded to longer term care environments? Mike said this model is being incorporated by others. Chris added that it's an exciting model.</li> <li>• Louis mentioned that he felt it was great</li> </ul>	<p>Get Powerpoint from Mike.</p>
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	<p>that both Chris and Mike are family members.</p> <ul style="list-style-type: none"> <li>• Evelyn thanked them for their presentation. She asked how long clients can stay. Mike said 14 days. Chris said we work with the continuum of care to continue positive outcomes and have a discharge plan.</li> <li>• Gina asked if permanent housing is feasible. Chris replied that staffing is down in mental health and that it is complicated with the resources that are available.</li> </ul>	
<p><b>VI. Behavior Health Services/Mental Health Director's Report</b></p>	<p>Cynthia Belon and Victor Montoya presented the report.</p> <ol style="list-style-type: none"> <li>1) <b>Assessment and Recovery Center</b> The George and Cynthia Miller Wellness Center has been opened. Behavioral Health Services is continuing to work with Hospital and Clinics to establish a staffing pattern for the Assessment and Recovery Center co-located at the site. Children and families are being served.</li> <li>2) <b>Hope House</b> Hope House currently has 15 residents.</li> <li>3) <b>SB82 – Mobile Crisis</b> The incoming funds request to accept these grant dollars has been approved by the Board of Supervisors. Two clinicians and community support workers are being funded. Gina asked how this will work. Vic said they haven't fully worked it out yet. Colette asked if it was going to be available 24/7. Vic said that wasn't possible. Colette asked if there was Medicare billing. Vic replied that all the clinics are certified by Medicare.</li> <li>4) <b>Medi-Cal Outreach and Enrollment Grant</b> The incoming funds request to accept these grant dollars has been approved by the Board of Supervisors. They have received an 18 month grant. They have requested temporary positions because it is a short term grant. Looking to hire three financial counselors.</li> <li>5) <b>Program Moves</b></li> </ol>	

	<p>Our Vocational Services and Forensic Programs are scheduled to move to 1430 Willow Pass Road, Concord in August. The Health Services Department is building a new federally qualified health center that will include a new Children's Mental Health Clinic in East County. The new site will be located on the corner of Deer Valley and Lone Tree in Antioch. See attached floor plans.</p> <p>6) <b>Mental Health Family Services Coordinator</b>  Nine applications were accepted for the position. Interviews will begin in the next two weeks.</p> <p>7) <b>Patients' Rights</b>  We are in contract negotiations with a potential provider.  They've had a series of meetings with a possible out-of-county applicant.</p> <p>Gina tried to ask additional questions regarding an issue from CPAW's Children's Committee regarding the Mobile Crisis Unit. Sam would not recognize her for that, explaining that there was a place for that further down on the agenda. Gina expressed her frustration at having been cut off from asking a question at that point. It was again explained that her question would be heard when they got to the Representative Reports on the Agenda. It was mistakenly believed to be part of her CPAW Report – which it was not.</p> <p>Louis asked Vic about the Central Health Clinic being able to be used by East County residents. Vic replied it can be used for physical care.</p>	
<p><b>VII. MHC Committee Reports</b></p>	<p>1) <u>Quality of Care Committee – Peggy Kennedy</u>  Peggy presented a report on the Quality of Care Committee meeting. She mentioned that due to vacation schedules, the next meeting was being moved from July 17 to Thursday, July 31<sup>st</sup> from 3:00-4:30. An item was on the agenda to appoint Peggy Black to the Quality of Care Committee. Peggy Kennedy said they would wait until Peggy Black's interest in being on the Committee could be verified.  ➤ Peggy made a motion, seconded by</p>	

	<p>Colette, that the MHC advocate to speed up the process of filling needed positions within the research and evaluation until to help with planning and evaluation needs across the system – noting that funding is already in place through MHSA and other sources.</p> <p>Discussion: Vic said that funding is in place through Capital Facilities IT. We still do not have a contract with an IT provider. Evelyn asked how many positions would be available. Vic said there would be managers and supervisors – 2 full time and 1 temporary. The motion was withdrawn.</p> <p>2) <u>MHSA/Finance Committee – Teresa Pasquini</u> A call was made for Commissioners to join this Committee. The Committee will go into abeyance (not meet) unless at least one other, preferably two Commissioners become members. It was announced that the Committee will not meet in July. Sam asked that the two motions that had been placed on the Agenda be postponed until the August MHC meeting so there can be more time set aside for discussion.</p> <p>3) <u>Criminal Justice Committee – Evelyn Centeno</u> Evelyn reported the Committee had received a request to collaborate with the Quality of Care Committee regarding issues surrounding the Juvenile Hall. The CJ Committee asked that the Quality of Care Committee send a representative to attend their meetings. It was felt the issues surrounding the Juvenile Hall should remain within the CJ Committee.</p> <p>4) <u>Bylaws Task Force – Sam Yoshioka</u> ➤ Evelyn made a motion and Peggy K. seconded to approve the changes to the Bylaws and forward the approved changes to Cynthia Belon and William</p>	<p>Invite Vic to Quality of Care meeting for further discussion.</p> <p>Place the two MHSA/F motions on the August MHC Agenda. Give additional time.</p> <p>Approval of the Bylaws amendments. <u>Yes (9):</u> Louis Evelyn Dave Peggy K. Colette Teresa Lauren Gina Sam <u>No (0).</u></p>
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	<p>Walker.  Discussion: None.  Vote: The motion was approved by a unanimous vote of 9-0-0.</p>	<p><u>Abstain (0).</u>  <u>Absent (3):</u>  Peggy B.  Jerome  Supv. Mitchoff</p> <p>Prepare Bylaws letter for signature and forward to Cynthia, copy Dr. Walker.</p>
<b>VIII. Commissioner Representative Reports</b>	<ol style="list-style-type: none"> <li>1) CPAW – Lauren and Gina  Because she hadn't gotten a chance to speak earlier, Sam moved Gina's CPAW report to the beginning of the Reports.  Gina spoke about a crisis regarding children. She said children are being handcuffed at schools when they are 5150'd.  Peggy mentioned that Children Chief Vern Wallace would be at the next Quality of Care meeting and she would ask him to address it. Gina was invited to be at the meeting.</li> <li>2) Behavioral Health Integration Steering Committee Report – Sam  No report.</li> <li>3) Social Inclusion Committee  A volunteer is needed to represent the MHC</li> <li>4) AOD Board – Sam  No report.</li> <li>5) Homeless Board Meeting  A volunteer is needed to represent the MHC</li> <li>6) Community Corrector's Partnership (AB109) – Evelyn  No report.</li> <li>7) Assisted Outpatient Treatment Workshop (Laura's Law) – Lauren  Lauren said the last meeting is Tuesday.</li> <li>8) Primary Care Integration Committee – Colette  No report.</li> </ol>	<p>Inform Vern of this issue and ask that it be addressed at the Q of C meeting.</p>
<b>IX. Public Comment and Commissioner Comments</b>	None.	
<b>X. Adjourn Meeting</b>	The meeting was adjourned at 6:35 p.m.	



Respectfully Submitted,  
Karen Shuler, Executive Assistant  
Contra Costa County Mental Health Commission