

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION  
MINUTES FROM OCTOBER 23, 2014 – FINAL**

Agenda Item	Discussion	Action / Follow-up
<b>I. Call to Order / Introductions</b>	<p>The meeting was called to order by MHC Chairperson Sam Yoshioka at 4:35 p.m.</p> <p><u>Commission Members Present:</u>  Greg Beckner, District IV (arrived at 3:40)  Peggy Black, District V  Louis Buckingham, District III  Evelyn Centeno, District V  Jerome Crichton, District III  Dave Kahler, District IV  Peggy Kennedy, District II  Tess Paoli, District II  Teresa Pasquini, District I (arrived at 3:50)  Lauren Rettagliata, District II  Gina Swirsing, District I  Sam Yoshioka, District IV  Supv. Karen Mitchoff, BOS Representative</p> <p><u>Commission Members Absent:</u>  None</p> <p><u>Non-Commission Members Present:</u>  Lia Bristol, Supv. Mitchoff's Office  Lisa Cabral, MHA  Victor Montoya, Adult/Older Adult MH Program Chief  Julie Peck, Hope House  Roberto Roman, Office of Consumer Empowerment  Karen Shuler, MHC Executive Assistant  Jennifer Tuipulotu, BHS Children's MH  Vern Wallace, Children's/Adolescent MH Program Chief  Janet Marshall Wilson, Community</p>	<p><i>Update Commissioner attendance</i></p> <p><i>Update database</i></p>
<b>II. Public Comment Followed by Commissioner Comment</b>	<p>Public Comment: None.</p> <p>Commissioner Comment:  1) Evelyn explained that a recent e-mail she had sent to some of the Commissioners seeking donations for an organization she is involved in was meant to only go to those she felt might be interested and not met to offend.</p>	
<b>III. Announcements</b>	<p>1) Greg Beckner was welcomed as a new Consumer Representative on the Commission from Supv. Mitchoff's District IV.</p>	
<b>IV. Approval of the MHC Minutes from September 11, 2014</b>	<p>➤ A motion was made to approve the September 11, 2014 minutes.  Motion: Peggy K.  Second: Peggy B.  Discussion: None.  Vote: By a unanimous vote of 12-0-0, the Minutes were approved as presented. (Teresa arrived after the vote had</p>	<p>Approval of Minutes:  <u>Yes (12):</u>  Greg  Peggy B.  Louis  Evelyn  Jerome</p>

	<p>been taken.)</p>	<p>Dave  Peggy K.  Tess  Lauren  Gina  Sam  Supv. Mitchoff  <u>No (0)</u>  <u>Abstain (0)</u>  <u>Absent (1):</u>  Teresa (arrived after vote)</p> <p><i>Post Minutes to web</i></p>
<p><b>V. An Overview of the Children’s/ Adolescent Mental Health System of Care and Current Issues</b></p>	<p><b>Presentation by Children/Adolescent Program Chief Vern Wallace</b></p> <p>Vern referred to the Children’s System of Care Matrix which was included in the meeting packet. He reported that the Children’s System of Care is organized around three regional clinics – in Antioch, Richmond and Concord. They have centralized the specialty programs.</p> <p>He explained that they no longer have the authority to do placement. They have a strong wraparound component About 160 kids are currently receiving wraparound services. They provide mental health services to 6-7,000 kids a year. He said that Probation is trying to augment services at the Oren Allen Ranch. They have developed liaisons to work with Probation. They’ve also added an intern program at Probation.</p> <p>Vern said they are in the middle of developing core competencies in the clinicians and are considering services around trauma care.</p> <p>Current Issues:</p> <ol style="list-style-type: none"> <li>1) <u>Katie A.</u> Vern explained Katie A is a legal issue directing Social Services and Mental Health to work together. Kids in the state weren’t getting services. By August 2015 we will have over 300 kids and cap out at 500 in Katie A. The problem is the lack of funding. These kids require a lot of services. We have a workgroup that has worked on the implementation. Contra Costa County is one of the leaders in the state in implementing Katie A.</li> <li>2) <u>Hospitalizations increasing.</u> The census has gone up from 80 to as much as 150 per month. He said a factor may be the cessation of AB3632. Schools are using the 5150 process more. There is a lack of hospital beds for kids. He said they are currently working with four school districts. When we were under AB3632, we worked with all eighteen.</li> <li>3) <u>Out-of-County Placement.</u> There are only two placement options for youth. Mental Health does not place kids. Social Services and Probation do placements. There are placement facilities in California from Long Beach to</li> </ol>	

Redding.

Questions:

Teresa: What are we doing in terms of the 3-Year MHSA Plan re: crisis services – trauma of a child being sent out-of-county?

Vern: PES-AB3632 – there’s a relationship to seeing numbers go up. Only 40-50 who go to PES are hospitalized. Mobile Response works with families during crisis. He said they hope to send kids through the Miller Wellness Center.

Teresa: Are PEI funds available?

Vern: There is no specific program in PEI. Mobile Response is working and we hope it can be enlarged.

Peggy K.: What are the best options for increasing funding for Katie A kids?

Vern: We have shifted staff and their responsibilities. We’re hoping we can work with Social Services to come up with additional funding. We would like to look at MHSA funding services after the 3-Year Plan is up.

Peggy K.: Our program is being replicated – can you band together with other counties to get additional funding?

Vern: We hope to.

Gina: What’s going on with opening 4-D?

Vern: I’m not up-to-date on that.

Vic: In order to use 4-D, it has to be fully staffed at all times. We don’t have the numbers to support doing that at this time.

Evelyn: How many kids are out-of-county?

Vern: I don’t know. There are about 45 Probation kids ages 12 and above.

Evelyn: Having only two placement facilities is a deterrent to care.

Vern: Everyone is concerned, but the issue is that we don’t have enough placement facilities close to home to service these children. Reimbursement is \$200,000 per child per year. We will keep addressing it.

Louis: Do they administer meds at Oren Allen?

Vern: We are going to pilot a project. 20-30 kids at the Ranch need meds.

Louis: Monday through Friday only?

Vern: No. It will be covered seven days a week.

Lauren: I was very impressed with First Hope. Are there plans to increase the availability of wrap?

Vern: We would like to increase it but we don’t have the money. We would like all children to have a wrap team.

Lauren: What about Crisis Residential Care for Children funds?

Vern: We have looked at SB 82 and are waiting to see.

Peggy B.: I suggest looking at SAMHSA document TIP 58.

Greg: 1/5 of children going to PES are hospitalized?

Vern: 50 out of 150.

Greg: Who assesses them at schools?

Vern: The police.

Greg: Is it money that is the issue?

Vern: Different school districts do it differently. We would like

	<p>to see mental health first aid programs in all districts.          Gina: There's a lack of involving the families following 5150's.          Vern: We can do a better job of communicating with families.</p>	
<p><b>VI. Behavior Health Services/Mental Health Director's Report</b></p>	<p>Vic Montoya gave the report.</p> <p><b>1. SB82 – Mobile Crisis</b>          The three Mental Health Clinical Specialist positions to staff the mobile crisis team were approved by the Board of Supervisors on 9-9-14. Positions are being posted for bid.          Discussion: There is an implementation date. On November 3<sup>rd</sup> a staff person will begin training and attending morning rounds. They will be working with Concord Police Department to put together a model across jurisdictions.</p> <p><b>2. Patients' Rights Update</b>          The contract with Consumers Self Help Center (CSHC) is in process with a tentative Board date of 10-21-14.          Discussion: This is still at County Counsel. Teresa asked if the Mental Health Commission had input? Vic responded No, the law leaves no latitude. They surveyed other counties to help make a decision on whether to hire from in-house or out.</p> <p><b>3. Medi-Cal Outreach and Enrollment Grant</b>          The three Mental Health Clinical Specialist positions funded by this grant were approved by the Board of Supervisors September 9, 2014. These positions will work with the target population to assist them in enrolling in Medi-Cal. These are project positions and we are currently advertising to fill them.          Discussion: This is up and running. We are now able to coordinate appointments while people are still in detention.</p> <p><b>4. AB1421 Work Group</b>          The Work Group draft report with recommendations was submitted for Board consideration on October 7, 2014.          Discussion: The Board of Supervisors has requested a 90 day progress report.</p> <p><b>5. Program Moves</b>          The Forensic and Vocational Services program moves to 1430 Willow Pass Road, Concord, have been stalled pending fire clearance.</p> <p><b>6. Mental Health Family Services Coordinator</b>          Discussion: Vic Montoya, Adult Program Chief, and Commissioner Buckingham will conduct joint interviews the weeks of October 13<sup>th</sup> and October 20<sup>th</sup>.          Discussion: They will re-interview next week.</p> <p><b>7. Update on Behavioral Health Electronic Medical Record</b>          The Adult Program Chief provided a verbal update.          Discussion: They are training in the EPIC program. There is a tapestry fee for service modules – therapy, specialty care. It will help bring EPIC into the large clinics. Teresa said she is surprised at how many twists and turns the program has taken. She felt the process wasn't done thoughtfully. Vic reviewed the steps toward deciding on EPOIC. Gina said she is concerned about misdiagnosis in EMR's. She wants to phone in a number of concerns she has.</p>	

<p><b>VII. 2015 Slate of Leadership Nominees</b></p>	<p>To be voted on at the November 15, 2014 MHC meeting.          Nominations received prior to the meeting:          Chair: Lauren Rettagliata          Vice Chair: None          Executive Committee Members (3 may serve):          Dave Kahler          Peggy Kennedy          Gina Swirsding          Sam Yoshioka</p> <p>Sam asked for nominations from the floor. Evelyn mentioned that she had called and placed her name in nomination for membership on the Executive Committee. Karen apologized for forgetting to add her to the list. Peggy nominated herself for Vice Chair. Gina nominated Sam for Vice Chair. Gina was asked if he had given his consent to serve prior to being nominated. She had asked him but he had not said he would serve. Sam said he would let her know in November. He was asked to make a decision now as this was the date to present the slate for the November vote. He said he would not run for Vice Chair.</p> <p>The final slate of nominees is:          Chair: Lauren Rettagliata          Vice Chair: Peggy Kennedy          Executive Committee Members (3 may serve):          Evelyn Centeno          Dave Kahler          Peggy Kennedy          Gina Swirsding          Sam Yoshioka</p>	
<p><b>VIII. MHC Committee Reports</b></p>	<p><b>1. Executive Committee</b>          Will not meet in November or December due to conflicts with the holidays.          Sam said they will meet, but have to choose a different date. He asked Karen to poll the Committee for availability to meet.</p> <p><b>2. Applicant Interview Ad Hoc Committee</b>          Vacancy Status/Status of Applications          Sam asked Karen to give an update. She referred Commissioners to the chart contained in the packet.          Vote on recommendation for applicant Barbara Serwin          Lauren reported on the interview the Ad Hoc did with Barbara.          ➤ A motion was made to forward a recommendation to Supv. Andersen to appoint Barbara Serwin.          Motion: Lauren          Second: Peggy K.          Discussion: Gina expressed concern that some consumers don't understand severe mental illness. Lauren responded that the Ad Hoc had thoroughly</p>	<p><i>Call EC Committee members for November/December dates.</i></p> <p>Vote on Applicant recommendation:  <u>Yes (12):</u>          Greg          Peggy B.          Louis          Evelyn          Jerome          Dave          Peggy K.          Tess          Teresa          Lauren          Sam          Supv. Mitchoff</p>

	<p>questioned her to confirm her position as a consumer, and not a family member. Gina said we represent people who are severely mentally ill. Gina questioned if Barbara’s background met that criteria. Peggy B. responded that none of us is in a place to explain another person’s disorder and that being 5150’d was not a litmus tests for representing consumers on the Commission. Supv. Mitchoff said the interview committee asked their questions and have made a recommendation. She said the final decision belongs to Supv. Andersen. Teresa added that she feels we need to stop pitting families and consumers against each other. Vic stepped in and suggested that after each Commissioner who wants to speak is given the opportunity, the vote should be called for. Sam called for the vote. Vote 12-0-1 (Gina Abstained).</p> <p><b>3. Criminal Justice Committee</b> Evelyn said she would like Vern to come to the Criminal Justice Committee to explain what services mental health provides to the kids at Juvenile Hall. Evelyn also said they had viewed the survey law enforcement had developed for 5150’d patients, and feel it is inadequate. They’ve invited Lt. Jeff Moule to talk about CIT Training and also how to develop a better survey for consumers who are impacted by contact with law enforcement. Teresa asked if the Commission had approved a survey. Evelyn said it was still in the planning stages.</p> <p><b>4. Quality of Care Committee</b> Peggy K. reported on two of their meetings. In September, the Committee had reports from Fatima Matal Sol on AOD programs in schools, Sandy Rose and Jane Yoo on oversight of board and cares, and Travis Curran on correction of issues at Crestwood. In October, the Committee had reports from Kennisha responding to questions about 1420 Willow Pass Road, and Peggy B. gave a thorough and informative report on dually diagnosed (referring to mental illness and developmental disabilities).</p> <ul style="list-style-type: none"> <li>➤ A motion was made to appoint Tess Paoli to serve as a member of the Quality of Care Committee. Motion: Teresa Second: Peggy B. Discussion: None. Vote: Passed unanimously 13-0-0.</li> <li>➤ A motion was made to appoint Greg Beckner to serve as a member of the Quality of Care Committee. Motion: Peggy B. Second: Teresa Discussion: None. Vote: Passed unanimously 13-0-0.</li> </ul>	<p><u>No (0)</u> <u>Abstain (1)</u> Gina <u>Absent (0):</u></p> <p><i>Call Supv. Andersen with result of vote.</i></p> <p>Vote on adding Tess to Q of C Committee: <u>Yes (13):</u> Greg Peggy B. Louis Evelyn Jerome Dave Peggy K. Tess Teresa Lauren Gina Sam Supv. Mitchoff</p> <p><u>No (0)</u> <u>Abstain (0)</u> <u>Absent (0):</u></p> <p>Vote on adding Greg to Q of C Committee: <u>Yes (13):</u> Greg Peggy B. Louis Evelyn Jerome Dave Peggy K. Tess Teresa Lauren Gina Sam Supv. Mitchoff</p> <p><u>No (0)</u> <u>Abstain (0)</u> <u>Absent (0):</u></p> <p>Vote on adding Sam to MHSA/F Committee: <u>Yes (13):</u></p>
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	<p>5. <b>MHSA/Finance Committee</b>  Due to lack of quorum, the Committee did not meet in September.</p> <ul style="list-style-type: none"> <li>➤ A motion was made to appoint Sam Yoshioka to serve as a member of the MHSA/Finance Committee.  Motion: Lauren  Second: Teresa  Vote: Passed unanimously 13-0-0</li> </ul> <p>6. Vote on adding other Commissioners to Committee Memberships.  None.</p>	<p>Greg  Peggy B.  Louis  Evelyn  Jerome  Dave  Peggy K.  Tess  Teresa  Lauren  Gina  Sam  Supv. Mitchoff  <u>No (0)</u>  <u>Abstain (0)</u>  <u>Absent (0):</u></p> <p><i>Add new Committee members to Committee membership list.</i></p>
<p><b>IX. Commissioner Representative Reports</b></p>	<p>1) <b>Behavior Health Integration Steering Committee – Sam</b>  Sam said he will place a report on the Homeless SPIID in the November packet.</p> <p>2) <b>Social Inclusion Committee – a volunteer is needed to represent the Commission. There were no volunteers.</b></p> <p>3) <b>AOD Board – Sam</b>  The AOD met last night.</p> <p>4) <b>Homeless Board – Evelyn</b>  Evelyn said she hasn't been able to find out when they meet.</p> <p>5) <b>Community Corrections Partnership – Evelyn</b>  The Community Advisory Board is taking applications in October.</p> <p>6) <b>AOT Workgroup – Lauren</b>  They delivered their report to the BOS October 7<sup>th</sup>. Supv. Mitchoff called for a report from BHS within 90 days. Teresa was disappointed that the MHC's position was not mentioned in the discussions.</p> <p>7) <b>CPAW – Lauren/Gina</b>  Gina said she did not attend either CPAW or the CPAW Children's Committee. Lauren reported a position letter was spoken about at CPAW but was not presented to the BOS. Peggy Black commented about a letter from Lori Heffner that was submitted to the BOS. In an effort to show the BOS was "stacking" the Commission by appointing pro-AB1421 people even if they were not qualified, Lori said that Peggy was a Consumer Representative on the Commission, when in fact she is a Family Member, and that her daughter is developmentally disabled and does not have a mental illness. Peggy responded to the inaccuracies about her and her family in</p>	

<p><b>X. Consider Having a Commission Retreat</b></p>	<p>the letter.</p> <ul style="list-style-type: none"> <li>➤ A motion was made to approve having a Commission Retreat. Motion: Jerome Second: Peggy K. Discussion: None. Vote: Passed 11-1-1.</li> </ul> <p>Sam suggested that Karen contact all the Commissioners for the input on setting a date for the Commission Retreat. It was suggested that a doodle poll be sent out. Vic offered Lisa Cabral to help Karen set it up in her computer.</p> <p>Rather than appointing an Ad Hoc Committee to develop the Retreat Agenda and address the issue of having a facilitator, Sam said there would be a discussion at the Executive Committee and anyone who was interested could come and give input.</p>	<p>Approve having a Commission Retreat: <u>Yes (11):</u> Greg Peggy B. Louis Evelyn Jerome Peggy K. Tess Lauren Gina Sam Supv. Mitchoff <u>No (0)</u> Dave <u>Abstain (0)</u> Teresa <u>Absent (0):</u></p> <p><i>Send out doodle poll to set date.</i></p>
<p><b>XI. Consider Canceling the December MHC and Executive Committee Meetings</b></p>	<ul style="list-style-type: none"> <li>➤ A motion was made to cancel the December MHC meeting. Motion: Peggy K. Second: Evelyn Discussion: Lauren stated there was too much important business to be done to cancel the December meeting. Vote: Motion did not achieve a quorum so it did not pass (7-6-0-0).</li> </ul>	<p>Motion re: cancelling the December MHC meeting did not pass. <u>Yes (7):</u> Peggy B. Louis Evelyn Jerome Dave Peggy K. <u>No (6)</u> Tess Teresa Lauren Gina Sam Supv. Mitchoff <u>Abstain (0)</u> <u>Absent (0):</u></p>
<p><b>XII. Adjourn Meeting</b></p>	<p>The meeting adjourned at 6:45 p.m.</p>	

Respectfully Submitted,  
 Karen Shuler, Executive Assistant  
 Contra Costa County Mental Health Commission