

**CONTRA COSTA COUNTY
MENTAL HEALTH COMMISSION MONTHLY MEETING
MINUTES FROM MARCH 12, 2015 – 1st Draft**

Agenda Item	Discussion	Action / Follow-Up
I. Call to Order/ Introductions	<p>The meeting was called to order at 4:32 pm by MHC Chairperson Lauren Rettagliata.</p> <p><u>Commissioners Present</u> Greg Beckner, District IV Peggy Black, District V Louis Buckingham, District III Evelyn Centeno, District V (arrived late) Jerome Crichton, District III Dave Kahler, District IV Teresa Pasquini, District I Lauren Rettagliata, District II Barbara Serwin, District II Gina Swirsding, District I (arrived late) Sam Yoshioka, District IV Supv. Candace Andersen, BOS Rep.</p> <p><u>Commissioners Absent</u> Tess Paoli, District III</p> <p><u>Non-Commissioners Present</u></p> <ul style="list-style-type: none"> • Stan Baraghin, Consumer advocate • Cynthia Belon, Behavior Health/Mental Health Director • Guita Baramipar, AOD Board • Deborah Cunningham, MHC Applicant • Warren Hayes, MHSA Program Manager • Diana MaKieve, MHC Applicant • Kathi Perkins, ANKA • Jill Ray, Supv. Andersen’s Office • Dorothy Sansoe, Senior Deputy CAO • Karen Shuler, MHC Executive Assistant • Connie Steers, CPAW 	<p><i>Transfer recording to computer.</i></p> <p><i>Update Commissioner Attendance Chart</i></p> <p><i>Update Data Base</i></p>
II. Announcements	<ol style="list-style-type: none"> 1) Thursday, March 26 from 4:30-6:00: Joint meeting of CPAW and the Mental Health Commission to review and comment on the draft MHSA Plan at 2425 Bisso Lane, Concord. 2) A brief overview of the monthly meeting with the Behavioral Health Director attended by the Chair and Vice Chair. <ul style="list-style-type: none"> ○ At this meeting we requested that the Commission be represented on the interview panel for the Deputy Behavioral Health Director. This request was granted. If neither 	

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	the Chair or Vice Chair are able to represent the Commission on the interview team are there other Commissioners who could represent the Commission?	<i>To be determined at the April MHC meeting.</i>
III. Public Comment	None.	
IV. Commissioner Comments	<ol style="list-style-type: none"> 1) Peggy said she will be attending a Fetal Alcohol Syndrome meeting on April 18th. 2) Teresa spoke about attending the EQRO Audit opening session. 3) Teresa said she has been invited to an event in Washington, D.C. to speak on behalf of and in support of <i>Helping Families in Mental Health Crisis</i>. 	
V. Approval of the MHC Minutes from November 13, 2014 Approval of the Minutes from February 12, 2015	<p>➤ Teresa made a motion, seconded by Louis, to approve the corrected Minutes from November 13, 2014. Discussion: Staff had been asked to check on the tape and make any necessary corrections. Corrections have been made and approved by the person who had raised the question in January. There was no other discussion. Vote: By a vote of 10-0-1, the Minutes were approved as corrected. Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Sam No: 0 Abstain: Supv. Andersen Absent: Tess, Gina (arrived late)</p> <p>➤ Evelyn made a motion, seconded by Louis, to approve the Minutes from February 12, 2015. Discussion: None. Vote: By a vote of 10-0-1, the Minutes were approved as presented. Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Sam No: 0 Abstain: Supv. Andersen Absent: Tess, Gina (arrived late)</p>	<p><i>Post corrected Minutes to website.</i></p> <p><i>Post Minutes to website.</i></p>
VI. Report and Discussion with the Mental Health Director	<ol style="list-style-type: none"> 1) Regarding the EQRO Audit, Cynthia reported there was no formal closing session. She said she was impressed by the integration plans, especially the health plan and primary care. She said she will get a written report and will share. She was impressed by the quality of work being done. 2) Cynthia reported that at the BOS Internal Operations Committee (IOC), the CPAW structure and governance were reviewed. Decisions included: 	<i>Find out when written EQRO report is available.</i>

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	<ul style="list-style-type: none"> • CPAW is supported by statute and will be kept separate from the Mental Health Commission. • They will be placed under the Brown Act. • Cynthia will report on the implementation of structure changes to the IOC in 60 days. • A review will be made on how stakeholders can be obtained. <p>3) The George and Cynthia Miller Center is extending their hours.</p> <p>4) Cynthia said she wants participation from the MHC, AOD and Homeless Board in filling the Deputy Mental Health Director position.</p> <p>5) Cynthia said we are required to determine a program design for Laura’s Law in 60 days. She’s asking the MHC to provide a consumer and a family member. She asked that regional and ethnic factors be considered.</p> <p>Discussion: There was discussion about placing CPAW under the Brown Act. Cynthia said staff will be trained. In a discussion about the Laura’s Law Work Group, Cynthia said the homeless will be represented, as will law enforcement who are familiar with the homeless. In response to a question from Lauren, Cynthia said consumers in the mild to moderate category are referred to providers while others are referred to the mental health clinics. Regarding short and long term solutions to the increase in children at PES, Cynthia said they 1) support a crisis residential facility in our community; 2) they are seeking Mobile Crisis Team funds; 3) they hired a Mental Health Clinician to be stationed at PES. Children are kept separate from adults at PES. Teresa recommended doing a site visit to PES. She added there are no Level 14 beds in CCC. Cynthia said this is why we want to have the conversation about a crisis residential center. There are not enough programs for children. Sam asked about people who are diagnosed as severely and persistently mentally ill (SPMI) getting County treatment but others being sent to other providers. Cynthia replied that by statute, non-SPMI go to private providers. SPMI will also be seen by CBO’s. Teresa responded to a statement from Gina about children being left alone in PES, explaining that a nurse is always present with them as well as other children who come into PES, and they receive educational support. Concern was expressed about children going through the same doors as adults at PES – there are no barriers. Peggy suggested</p>	
		<p><i>Teresa recommended doing a site visit to PES, Miller Center and Hope House. Date and number of Commissioners to be determined.</i></p> <p><i>Peggy suggested having a</i></p>

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	<p>having a Commission meeting with the focus on children and teens. There was discussion on the cost of the Tapestry/Epic Program. Lauren asked how, when and if the \$6,000,000 was spent. Cynthia said \$6,000,000 is the total cost and the \$850,000 is part of the \$6,000,000. The rest of the money will be used for implementation, with a proposed kickoff date of November. Lauren said she'd like to see a financial breakdown. Teresa said there was \$10.2 million for capital facilities and IT combined. She said it has not come back to the MHC. She suggested that the MHSA-Finance Committee of the MHC be a liaison. There was \$2 million each for Hope House and George & Cynthia Miller and \$6 million left. The Mental Health System of Care mild to moderately diagnosed consumers will be a part of it, but not SPMI. She said she doesn't want to see SPMI left out. Cynthia said they will be included, but not in the initial rollout.</p>	<p><i>Commission meeting with the focus on children and teens.</i></p>
<p>VII. Report and Recommendations of Applicant Interviews Ad Hoc Committee</p>	<ul style="list-style-type: none"> • Recommendation regarding District I Member-at-Large Applicant Duane Chapman. • Recommendation regarding District II Member-at-Large Applicant Diana MaKieve. • Recommendation regarding District I Member-at-Large Applicant Deborah Cunningham. <p>Lauren reported that the Applicant Interview Ad Hoc Committee had interviewed three applicants, one from District I and two from District II. The Ad Hoc recommended to the Commission that they forward a recommendation for appointment to Supv. Gioia for Duane Chapman. She said both District II applicants were being recommended, with a slight favor toward Diana MaKieve.</p> <p>➤ Teresa made a motion, seconded by Louis to forward to Supv. Gioia a recommendation to appoint Duane Chapman to the MHC.</p> <p>Discussion: Lauren spoke of Duane's background of having worked for the County and doing extensive voluntary work. Lauren read from his application what he said he could contribute to the MHC: <i>"Promote Mental Health in all walks of life, and to do everything that is possible to make sure that everyone is able to receive Mental Health Services with dignity and respect."</i></p> <p>Vote: By a unanimous vote of 12-0-0 the motion to forward a recommendation for appointment to Supv. Gioia was passed.</p> <p>Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa,</p>	

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	<p>Lauren, Barbara, Gina, Sam, Supv. Andersen No: 0 Abstain: 0 Absent: Tess</p> <p>➤ Evelyn made a motion, seconded by Sam to recommend that both District II applicants be recommended to Supv. Andersen equally.</p> <p>Discussion: Lauren asked that each applicant be voted on individually by the Commission. Louis said to let the Supervisor decide. Teresa said we are fortunate to have two excellent candidates. There's nothing wrong with taking a vote. We have an Interview Committee for a reason. Evelyn said her motion does not diminish the vote. Barbara said she was not clear on the argument not to vote on each. Lauren said we would vote equally for each candidate. Peggy asked for a vote.</p> <p>Vote: By a vote of 4-7-1 the motion to forward both applications to Supv. Andersen not recommending one over the other did not pass.</p> <p>Yes: Louis, Evelyn, Dave, Sam No: Greg, Peggy, Jerome, Teresa, Lauren, Barbara, Gina Abstain: Supv. Andersen Absent: Tess</p> <p>➤ Gina made a motion, seconded by Peggy to forward to Supv. Andersen a recommendation to appoint Diana MaKieve to the MHC.</p> <p>Discussion: Lauren spoke about Diana's extensive volunteer work in the faith community for mental health issues. Lauren read from her application what she said she could contribute to the MHC: <i>"I have knowledge through the stories of consumers and family members of the many obstacles to health and recovery. I believe I can be a reasonable vice representing the needs of this isolated and vulnerable part of our County."</i></p> <p>Vote: By a vote of 8-0-4 the motion to forward to Supv. Andersen a recommendation to appoint Diana MaKieve to the MHC was passed.</p> <p>Yes: Greg, Peggy, Jerome, Dave, Teresa, Lauren, Barbara, Gina No: 0 Abstain: Louis, Evelyn, Sam, Supv. Andersen Absent: Tess</p> <p>➤ Teresa made a motion, seconded by Barbara to forward to Supv. Andersen a recommendation to appoint Deborah Cunningham to the MHC.</p>	
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	<p>Discussion: Lauren spoke about Deborah’s strong educational background in mental health. Lauren read from her application what she said she could contribute to the MHC: <i>“I will contribute a perspective of a younger person in the community who understands and feels the need for greater quality and access to mental health services.”</i></p> <p>Vote: By a vote of 7-1-4 the motion to forward to Supv. Andersen a recommendation to appoint Deborah Cunningham to the MHC received a quorum vote, but received one less vote than the other applicant.</p> <p>Yes: Peggy, Jerome, Dave, Teresa, Lauren, Barbara, Gina No: Greg Abstain: Louis, Evelyn, Sam, Supv. Andersen Absent: Tess.</p>	<p><i>All applications will be forwarded to the appointing Supervisors (Supv. and Gioia and Supv. Andersen), and it will be their decision regarding appointment.</i></p>
<p>VIII. Approve the following procedure as recommended by the Executive Committee</p>	<p>When a Commissioner receives a complaint that affects the community's mental health needs (W&I Code Section 5604.2 a)1): <i>Review and evaluate the community's mental health needs, services, facilities, and special problems</i>, the Commissioner will bring such a complaint to the Executive Committee where it will be forwarded on to the correct party within the county.</p> <ul style="list-style-type: none"> • The Executive Committee will request in writing that an investigation of the complaint receive due diligence. • The Executive Committee will be informed of the outcome of the investigation. • The Executive Committee will keep the Mental Health Commission informed of all actions being taken. <p>Lauren gave a brief background of why this was being brought to the Commission.</p> <p>➤ Gina made a motion, seconded by Greg, to approve the work of the Executive Committee.</p> <p>Discussion: Louis asked what they as Commissioners did before and Lauren replied there was no set procedure other than to bring a complaint to the Executive Committee. Evelyn spoke about how the issue regarding MHCC was brought to the Commission, then to the Administration. She felt it was done properly all along the way and that the MHC was informed. We have communication with the MHA. Now the Executive Committee wants to filter it. She wants the whole MHC to deal with it. Lauren responded that the complaints are allegations and she wanted a set procedure to look at them. Evelyn said the Executive Committee adheres to the Brown Act. The EC is there to set the Agenda and direct the MHC on goals.</p>	

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	<p>Under this the EC would act like a filter. Lauren said the MHC would always have the outcomes. Teresa offered clarification, saying she was not at the EC meeting for the vote (she left early). She added that nobody has seen the letter of complaint that she was given except Lauren. She made an announcement and has followed direction from CAO David Twa and Dorothy Sansoe. Regarding MHCC, we had numerous people who came to the MHC with complaints. Jerome expressed concern over the word "complaint." He added there can be a fine line between complaint and concern. To Evelyn's point, she raises a valid concern about who gets to determine the validity of the complaint. Lauren responded that if you as a Commissioner are given something because you are a commissioner, this is the procedure. Gina said if you are a consumer in a facility, you may feel safe at a Commission meeting. There has to be protection for everyone. Things that need to go to authorities need to do so. Connie mentioned there is a specific procedure for consumer complaints (CA Code of Regs. 864). In that way, this is not the same type of complaint. Evelyn said it has been protocol for the MHC to request a vote on actions to be done by the Chair. It would open up a power game and bypass the MHC. Teresa asked for a friendly amendment. Evelyn said she would agree but Greg, who had seconded the motion, refused. Sam said this has been identified as a personnel matter and should not be the purview of the MHC. The words "Request an investigation in writing" shows room for bias.</p> <p>Vote: By a vote of 6-4-2, the motion to approve the work of the Executive Committee failed to pass.</p> <p>Yes: Greg, Peggy, Dave, Lauren, Barbara, Supv. Andersen No: Louis, Evelyn, Jerome, Sam Abstain: Teresa, Gina Absent: Tess</p> <p>Lauren asked to entertain a motion from the floor.</p> <p>➤ Teresa moved and Evelyn seconded to accept the recommended procedure with the following change in the wording:</p> <p>When a Commissioner receives a complaint that affects the community's mental health needs (Welfare & Institutions Code Section 5604.2(a)(1): <i>Review and evaluate the community's mental health needs, services, facilities, and special problems.</i>), the Commissioner will bring such a complaint to the Executive Committee where it will be forwarded on to the correct party within the county Mental</p>	
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	<p>Health Commission during Commissioner Comment stating they have received a complaint.</p> <ul style="list-style-type: none"> • The Executive Committee will request in writing that an investigation of the complaint receive due diligence. • The Executive Committee will be informed of the outcome of the investigation. • The Executive Committee will keep the Mental Health Commission informed of all actions being taken. <p>Greg asked if names will be mentioned and he was told they would not.</p> <p>Vote: By a vote of 7-3-2, the motion to accept the recommendation from the Executive Committee as amended was passed.</p> <p>Yes: Peggy, Evelyn, Dave, Teresa, Lauren, Barbara, Supv. Andersen No: Greg, Louis, Sam Abstain: Jerome, Gina Absent: Tess</p>	
<p>IX. Approve Chair’s letter to David Twa, CAO.</p>	<p>Sam asked why the letter is being written to the CAO instead of the Director of Health Services. Dorothy responded that the CAO had already started an investigation.</p> <ul style="list-style-type: none"> ➤ Teresa made a motion and Peggy seconded to send a letter to David Twa, CAO, that detailed the amended complaint Policy and Procedure process the Commission voted on and requesting an investigation of the current complaint. <p>Vote: By a vote of 11-0-1 the motion to send a letter to David Twa was passed.</p> <p>Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Gina, Supv. Andersen No: 0 Abstain: Sam Absent: Tess</p>	
<p>X. Criminal Justice Committee Goals and Agenda Items.</p>	<p>Approve 2015 Criminal Justice Committee Goals</p> <ol style="list-style-type: none"> 1. Advocate to improve outcomes following interaction between law enforcement and consumers. 2. Continue to monitor AB109 realignment funding and its impact on the Contra Costa County Mental Health System. 3. Work with the Juvenile Justice Commission to ensure mutual goals for continuum of care of juveniles during and after incarceration. 4. Monitor the impact of Prop 47 on the Mental Health System. 	

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	<p>➤ Jerome made a motion, seconded by Peggy, to approve the 2015 Criminal Justice Committee Goals as presented.</p> <p>Discussion: Gina was concerned that issues regarding POST and CIT training had been removed from the Goals. It was explained that in the Committee, they will be bulleted under item #1.</p> <p>Vote: By a unanimous vote of 12-0-0 the motion to approve the 2015 CJ Goals was passed.</p> <p>Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Gina, Sam, Supv. Andersen</p> <p>No: 0</p> <p>Abstain: 0</p> <p>Absent: Tess</p> <p>Approve an informational site visit sponsored by the CJ Committee to the Juvenile Hall.</p> <p>➤ Gina made a motion, seconded by Peggy, for the CJ Committee to sponsor and information site visit to the Juvenile Hall.</p> <p>Discussion: The CJ Committee will report back to the Commission following the site visit.</p> <p>Vote: By a unanimous vote of 12-0-0 the motion to approve the site visit to Juvenile Hall was passed.</p> <p>Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Gina, Sam, Supv. Andersen</p> <p>No: 0</p> <p>Abstain: 0</p> <p>Absent: Tess</p>	<p><i>Staff will contact Juvenile Hall for days/times/people allowed.</i></p>
<p>XI. Quality of Care Committee Goals and Agenda Items</p>	<p>Approve 2015 Quality of Care Committee Goals</p> <ol style="list-style-type: none"> 1. Advocate to establish a crisis residential facility as well as expand Psychiatric Emergency Services for children and adolescents. 2. Advocate for specialty mental health services for consumers who have chronic health difficulties, dual diagnosis of developmental disabilities & mental illness, and/or seniors with mental illness. 3. Address gaps in medical, psychiatric, social and cultural services: a) explore and address concerns re time allotted for initial psychiatric exam b) continue to monitor repairs at Crestwood to meet standard of care <p>➤ Evelyn made a motion, seconded by Gina, to approve the 2015 Quality of Care Committee Goals as presented.</p> <p>Discussion: Q of C Chair Peggy Black said the Goals in the packet were not the ones the Committee had voted on.</p>	

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	<p>Staff checked and it was determined that an older version was accidentally placed in the packet. Peggy had the current one that had been voted on by the Committee with her and read each Goal.</p> <p>Vote: By a unanimous vote of 12-0-0 the motion to approve the 2015 Q of C Goals as listed above was passed.</p> <p>Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Gina, Sam, Supv. Andersen</p> <p>No: 0</p> <p>Abstain: 0</p> <p>Absent: Tess</p>	
<p>XII. MHSA-Finance Committee Goals and Agenda Items</p>	<p>Approve 2015 MHSA-Finance Committee Goals</p> <ol style="list-style-type: none"> 1. Oversee compliance of MHSA-funds 2. Assure compliance of mental health revenue and expenditures. 3. Continue to advocate for increased housing for adults, older adults, children and TAY in order to reduce human and fiscal impacts across the continuum. <p>➤ Gina made a motion, seconded by Evelyn, to approve the 2015 MHSA-Finance Committee Goals as presented.</p> <p>Discussion: None.</p> <p>Vote: By a unanimous vote of 12-0-0 the motion to approve the 2015 MHSA-F Goals as presented was passed.</p> <p>Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Gina, Sam, Supv. Andersen</p> <p>No: 0</p> <p>Abstain: 0</p> <p>Absent: Tess</p> <p>Formally send the MHSA Program Review Template to the MHSOAC (Mental Health Services Oversight and Accountability Commission).</p> <p>➤ Teresa made a motion, seconded by Peggy to formally send the MHSA Program Review Template to the MHSOAC.</p> <p>Discussion: Teresa and Lauren explained how the Template had been developed in the MHSA-Finance Committee, working with Warren Hayes, MHSA Program Manager. The MHSOAC asked for this to be sent to them. It is the first of its kind developed in the State. It was suggested that Lauren compose a letter to MHSOAC to accompany the template, copying the Board of Supervisors and the Mental Health Director.</p> <p>Vote: By a unanimous vote of 12-0-0 the motion to approve formally sending the MHSA Program Review</p>	

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	<p>Template to the MHSOAC, with copies to the BOS and MH Director, was passed. Yes: Greg, Peggy, Louis, Evelyn, Jerome, Dave, Teresa, Lauren, Barbara, Gina, Sam, Supv. Andersen No: 0 Abstain: 0 Absent: Tess</p>	
<p>XIII. Commissioner Representative Reports</p>	<ol style="list-style-type: none"> 1. Alcohol and Other Drugs Advisory Board – Sam Sam reported they did not meet. AOD Board member Guita was asked to share and she said there was too much at this time. She will be invited back to a future meeting. 2. Behavior Health Integration Steering Committee – Sam They have not met. It was decided to drop this from the list of reports. 3. Homeless Board – Evelyn Evelyn has yet to attend a meeting. 4. Community Corrections Partnership – Evelyn Evelyn had not attended. She said they met too early in the mornings. She said she can share the reports David Seidner brings to the CJ Committee in her regular Committee report. This report will also be dropped from the list. 5. CPAW – Lauren and Gina. Teresa suggested including CPAW information in Mental Health Director’s Report. Lauren reported: <ul style="list-style-type: none"> • Lori Hefner, Housing Chair and Mariana Moore have resigned from CPAW. Mariana announced that she has been hired to direct the new Non Profit-- Ensuring Opportunity. This organization is directing its efforts to reducing poverty in the community. To find out more about this effort go to cutpovertycc.org. Lauren said she will temporarily Chair the CPAW Housing Committee. • Review of the Community Planning Process. 143 attendees. Brought in a cross section of Consumers, Family members, community participants, administrators and staff of community based organizations and County Mental Health Staff. There was general agreement that all attendees felt that they were given an opportunity to be heard. • Housing was the area that was most identified as the major concern of all participants. • Warren announced that there will be a meeting March 9th of the IOC that will focus on CPAW and 	

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	<p>the MHSA.</p> <ul style="list-style-type: none"> • The Second Draft of the MHSA Plan will be presented to CPAW and the Mental Health Commission on March 26th. • Kathi McLaughlin wanted to address the space issues of the Miller Wellness Center. Cynthia Belon will be attending a Steering Committee that will listen to concerns. Teresa Pasquini spoke of the evolution of the Center over the past years and how CPAW and Commission have been aware of the space allocations. • Steven Boyd from the Office of Consumer Empowerment will work to ensure that artwork from Photo Voice can be used to enhance the physical environment of the space. • Vern Wallace and the System of Care Committee spoke of the Innovation project that was being developed to address the "Transportation Needs" of consumers. Vern spoke briefly about the recommendation to hire a centralized transportation coordinator. • CPAW now has a functioning TAY Advisory Council. Ashley a TAY member of CPAW is directing these efforts. The TAY Advisory Council is meeting bi-monthly. • There is no housing report. In February the committee attended the Robin Lane Apt. ribbon cutting. The next meeting will be Wednesday March 18. 	
XIV. Adjourn Meeting	The meeting adjourned at 6:31 p.m.	

Respectfully Submitted,
 Karen Shuler, Executive Assistant
 Contra Costa County Mental Health Commission