

**MENTAL HEALTH COMMISSION MONTHLY MEETING MINUTES  
APRIL 6, 2016 – Final**

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| <p><b>I. Call to Order / Introductions</b><br/>In the absence of Commission Chair Duane Chapman (who is ill), Vice Chair Barbara Serwin called the meeting to order at 4:35.</p> <p><u>Commissioners Present:</u><br/>Candace Andersen, BOS Representative<br/>Greg Beckner, District IV<br/>Douglas Dunn, District III<br/>Diana MaKieve, District II<br/>Tess Paoli, District III<br/>Lauren Rettagliata, District II<br/>Barbara Serwin, District II<br/>Gina Swirsding, District I<br/>Sam Yoshioka, District IV</p> <p><u>Commissioners Absent:</u><br/>Peggy Black, District V<br/>Duane Chapman, District I</p> <p><u>Other Attendees:</u><br/>Maria Becerra, ECMH<br/>Travis Curran, Crestwood Behavior Health<br/>Warren Hayes, MHSA Program Manager<br/>Ralph Hoffmann, CCC Senior Mobility Action Council<br/>Shayne Kaleo, ANKA Behavior Health<br/>Matthew Luu, Deputy Director of Behavior Health<br/>Lavonna Martin, Homeless Services Chief<br/>Victor Montoya, Mental Health Integration Manager<br/>Eddie Morris, CC Mental Health First Aid Men with a Purpose<br/>Natasha Paulson, CCC Senior Mobility Action Council<br/>Jill Ray, Supv. Andersen’s Office<br/>Karen Shuler, MHC Executive Assistant<br/>Connie Steers, CPAW<br/>Nancy Williams, East County Mental Health<br/>Chris Withrow, Chief Executive Officer, ANKA Behavior Health<br/>Ron, RI<br/>Sara</p> |                               |
| <p><b>II. Chair Announcements</b></p> <ol style="list-style-type: none"> <li>1) Committee Membership – Commissioners are asked to choose their Committee membership in order of 1<sup>st</sup> Choice, 2<sup>nd</sup> Choice, etc. Commissioners were asked to get the choices back to Karen by the 11<sup>th</sup>.</li> <li>2) Committee Chairpersons are asked to place reviewing their Mission</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                               |

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| <p>Statements and finalizing a 2016 Action Plan on their April Agendas.</p> <p>3) An application for the MHC has been received. Volunteers are needed for the Applicant Interview Ad Hoc Committee. It is anticipated they will need to meet only once to interview the applicant.</p> <p>Lauren, Sam, Gina and Diana volunteered. Karen will contact themn to set up a date.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                          |
| <p><b>III. Public Comment</b></p> <ul style="list-style-type: none"> <li>• Ralph spoke about a volunteering booklet that was available called “Way to Go, CC.”</li> <li>• Connie thanked people for their help on the issues at Riverhouse.</li> <li>• Chris Withrow from ANKA, advocates for homeless services, asked for support of homeless services.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                          |
| <p><b>IV. Commissioner Comments</b></p> <ul style="list-style-type: none"> <li>• Gina menti0oned she will be proposing a change in the name of the Criminal Justice Committee to the Justice Systems Committee.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                          |
| <p><b>V. Approval of the March 2, 2016 Minutes</b></p> <p>Forward to the May MHC meeting.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Place on May MHC Agenda. |
| <p><b>VI. Approval of the White Paper that has been revised in collaboration with the Behavior Health Administration and members of the Contra Costa Regional Medical Center staff.</b></p> <ul style="list-style-type: none"> <li>• Lauren said the paper was introduced with the goal of bringing attention to goals and crisis and suggest review of funding so it is program/needs-based rather than a top down approach. Lauren said Supv. Andersen asked them to reach out to the Mental Health Administration. Notes were taken and combined into the paper. It was then taken the Behavior Healthcare Partnership. They interfaced with PES Psychiatrists and Behavior Health Services Psychiatrists. There are 900-1200/month calling for psychiatric services. This White Paper came from the MHSA-Finance Committee to the Commission to Behavior Health Administration. Barbara and Lauren edited the paper. Lauren said she does believe it is ready to go to the Board of Supervisors. At the MHSA-Finance Committee they met with Pat Godley and Cynthia Belon to determine how things are funded. The only recommendation is to take a look at how we fund mental health. She wants the BOS to take a serious look at it.</li> <li>• Matthew asked if the Behavior Healthcare Partnership information and Behavior Health Services information was incorporated into this?</li> <li>• Lauren said most of them. All that were sent as edits from Felix Box were incorporated. Dr. Girard gave resources to the BOS.</li> <li>• Matthew said he appreciated her working collaboratively. He added that Behavior Healthcare Partnership needs clarification.</li> <li>• Lauren said BHCP was not incorporated if it was not clear.</li> <li>• Vic said the White Paper came to us as a draft with Minutes. BHCP did not engage or correct.</li> <li>• Lauren said they are embedded because of the Brown Act.</li> <li>• Matthew said they are not an accurately reflection.</li> <li>• Candace suggested that the process to move this forward was to have a scheduled presentation to the full BOS and then make referrals to the Family and Human Services Committee. She suggested doing it in May as a presentation item. The BOS could prioritize and recommend. She suggested continuing to work with the Behavior Health Staff to make changes and tweeks. She said the BOS wants more concrete ideas and wants Behavior Health to feel comfortable.</li> </ul> |                          |

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| <ul style="list-style-type: none"> <li>• Lauren said she appreciates what the BHS and Behavior Healthcare Partnership told us, but we are mandated to advise regarding finances and we need to get to the BOS during their budgeting cycle.</li> <li>• Candace said she doesn't see anything actionable as a line item for the budget at the BOS. She added that April is not the best time. It would be better received if there is a plan in place. She suggested moving forward in May.</li> <li>• Barbara said Pat Godley had told them April was a good time. She said this is a high-level document. Our goal is to identify gaps in the mental health system and make everyone aware and to take it seriously.</li> <li>• Sam said he gets a mixed message from reading this [the White Paper]. We need to realize that we have received millions through MHSA funding. He;s bother by talk about the PES census doubling and then finding out that some are staying there too long.</li> </ul> <p>➤ Doug made a motion that the White Paper be sent to the BOS. Gina seconded the motion.</p> <p>Discussion:</p> <ul style="list-style-type: none"> <li>• Sam said he didn't think it was ready. He proposed to have an outside contractor come in.</li> <li>• Gina said there's money that's placed in certain areas and some (like ANKA) is running out. She said she thinks we need to say where the money is going.</li> <li>• Candace said she wants to schedule a presentation in May. If Behavior Health has concerns, they can highlight them.</li> </ul> <p>Vote:<br/> The motion passed 8-0-1<br/> Yay (8): Candace Andersen, Greg Beckner, Douglas Dunn, Diana MaKieve, Tess Paoli, Lauren Rettagliata, Barbara Serwin, Gina Swirsding<br/> Nay (0)<br/> Abstain (1): Sam Yoshioka<br/> Absences: Peggy Black, Duane Chapman</p> |  |
| <p><b>VII. Discussion about the MHSA Play Update Public Hearing</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| <p><b>VIII. Future Reports / Updates:</b></p> <ol style="list-style-type: none"> <li>1) May – Report on the Homeless Count – Lavonna Martin</li> <li>2) May – Discussion regarding reduction of services at ANKA Behavior Health</li> <li>3) Concerns expressed by members of Local 1 -- Tabled</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |  |
| <p><b>IX. Adjourn Meeting</b><br/> The meeting was adjourned at 5:10.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |