

Current (2018) Members of the Contra Costa County Mental Health Commission

Barbara Serwin, District II (Chair); Duane Chapman, District I (Vice Chair); Supervisor Diane Burgis, BOS Representative, District III, Joe Metro District V; Douglas Dunn, District III; Diana MaKieve, District II; Geri Stern District I; Gina Swirsding, District I; Julie Ann Neward District III; Tasha Kamegai-Karadi, District IV; Sam Yoshioka, District IV; Leslie May, District V, John Kincaid, District II, Candace Andersen, Alternate BOS Representative for District II



INSTITUTE FOR PATIENT- AND FAMILY-CENTERED CARE

Mental Health Commission (MHC) Retreat

“Communication, Collaboration, and Trust”

Wednesday, September 26th, 2018 ◊ 3:00pm-6:30pm

At: VICENTE MARTINEZ/BRIONES HIGH SCHOOL

925 Susana Street, Martinez, CA 94553

AGENDA

- I. 3:00 – 3:15 pm **Networking**
- II. 3:15 – 3:30 pm **Welcome and Introductions-** Barbara Serwin, MHC Chair, and Matthew White, M.D., Director of Contra Costa County Behavioral Health Services
- III. 3:30 – 4:00 pm **Building on Strengths-** *Group discussion exercises oriented around mental health services and current organizational strengths* led by William E. Schwab, M.D., Professor and Vice Chair, Department of Family Medicine, University of Wisconsin School of Medicine and Public Health, Madison, WI
- IV. 4:00 – 4:45 pm **Person- and Family-Centered Care: Partnerships in Mental Health-** Presentation from Beverley Johnson, President/CEO of the Institute for Patient- and Family-Centered Care (IPFCC) and Cherie Craft, MEd., Executive Director, Smart from the Start, Boston, MA
- V. 4:45 – 5:15 pm **The Power of Stories to Shape New Understanding-** Presentation from Liz Crocker, MEd, Patient Advocate, Vice President, Board of Directors, IPFCC, East Chester, NS, Canada
- VI. 5:15 – 5:30 pm **Improving Mental Health Professionals’ Satisfaction through Person- and Family-Centered Care-** Presentation by William E. Schwab, M.D., Professor and Vice Chair, Department of Family Medicine, University of Wisconsin School of Medicine and Public Health, Madison, WI
- VII. 5:30 – 6:00 pm **Strategies for Effective Meetings-** Discussion facilitated by Liz Crocker, MEd, Patient Advocate, Vice President, Board of Directors, IPFCC, East Chester, NS, Canada
- VIII. 6:00 – 6:20 pm **Envisioning the Ideal for Mental Health and Mental Health Services for Contra Costa County-** Discussion facilitated by -Beverley Johnson, President/CEO, IPFCC and IPFCC Team
- IX. 6:20 – 6:30 pm **Closing Remarks and Adjourn-** Barbara Serwin, MHC Chair, and Erika Jenssen, MPH, Assistant to the Contra Costa County Health Services Director

