

Contra Costa County Mental Health Commission
Thursday, April 26, 2007, 4:30-6:30 p.m.
Concord Police Department Community Room
1350 Galindo Street, Concord

The Mental Health Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact Executive Assistant Karen Shuler at least 48 hrs. prior to the meeting at 925-957-5149.

AGENDA

1. 4:30 Call to Order/Introductions
2. 4:35 Public Comment. The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute time limit (subject to change at the discretion of the Chairperson). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting.
3. 4:40 Announcements
 - April 26 (today): Deadline to sign up for CIMH Conference: Transition Age Youth Collaboration “Taking It Home, Making It Happen,” Friday, June 1 in Burlingame.
 - May 8: May is Mental Health Month Proclamation will be presented before the Board of Supervisors.
 - May 12: NAMI Walk fundraiser starts at 9:00 a.m. at Speedway Meadow, Golden Gate Park, San Francisco. For more information, call 925-676-5771.
 - May 16-18: California Mental Health Advocates for Children and Youth (CMHACY) Conference at Asilomar.
 - FYI: Newspaper articles surrounding mental health issues.
4. 4:45 Approval of the Minutes from March 22, 2007.
DISCUSSION AND POSSIBLE ACTION ITEM.
5. 4:50 Chairperson’s Report – Kathi McLaughlin and Karen Sloma
 - Review of Commissioner Administrative Responsibilities.
 - Attendance at monthly Commission meeting (MUST call if unable to attend)
 - Attendance at monthly standing committee meetings (MUST call if unable to attend).

- Report on site visit to Psychiatric Inpatient, Medical Emergency, Crisis Stabilization Unit.
DISCUSSION AND POSSIBLE ACTION ITEM.
 - Entertain a motion to endorse the NAMI Walk being held May 12.
DISCUSSION AND POSSIBLE ACTION ITEM.
 - MHC response to request from NAMI to adopt a resolution to send to the Board of Supervisors addressing the current crisis in the county's mental health system.
DISCUSSION AND POSSIBLE ACTION ITEM.
 - Saturday, June 30: Annual Commission Retreat Proposed Agenda items:
 - MHC Oversight responsibilities with regard to the County Mental Health System
 - Other:
 - Response to Miles Kramer's suggestion that the MHC convene a "CCRMC Department of Psychiatry Redesign Oversight Subcommittee."
DISCUSSION AND POSSIBLE ACTION ITEM.
6. 5:15 Report: Jeffrey V. Smith, MD, JD, Executive Director, Contra Costa Regional Medical Center and Health Centers.
- Discuss impact of proposed medical center/clinics budget cuts on consumers.
 - Update on protocol changes for Crisis Stabilization Unit.
 - Process for evaluating changes.
7. 5:30 Report: Donna Wigand, LCSW, Mental Health Director
- Appointment of Suzanne Tavano as Deputy Mental Health Director
 - Update on the 2007 budget.
 - Update on Mental Health Services Act Implementation
 - Discussion of process the County uses to monitor Contracts and Programs
 - Mental Health Administration staff assignments to Commission Committees.
8. 5:45 Committee Reports
- **Adult & Transitional Age Youth Committee**
 - There was lengthy discussion regarding the problems in the mental health system, and suggestions were given as to how to address those problems.
 - Availability of services in West County was also addressed.
 - **Children's Committee**
 - Entertain a motion to send a letter in support of SB840, the California Health Insurance Reliability Act.
DISCUSSION AND POSSIBLE ACTION ITEM.
 - Entertain a motion to send a letter of inquiry as to how the decision came about to have Contra Costa County Family Court cases handled by Santa Clara County.
 - How is this seen as benefiting the children?
 - What process was used to come to this decision?
 - What safeguards are there?
- DISCUSSION AND POSSIBLE ACTION ITEM.

- o Entertain a motion expressing concern over contracting with Santa Clara County to do our county’s family court cases.
DISCUSSION AND POSSIBLE ACTION ITEM.

- **Executive Committee**

- o Entertain a motion to approve the Executive Committee’s action on behalf of the Commission regarding changes in the “May is Mental Health Month” Proclamation for 2007.
DISCUSSION AND POSSIBLE ACTION ITEM.

DISCUSSION AND POSSIBLE ACTION ITEM.

- o Entertain a motion to approve the Executive Committee’s action on behalf of the Commission in forwarding a letter in support of AB1494, a bill introduced by Assemblymember Mark DeSaulnier to allow Chris Adams Center for Girls to become a licensed group home.

DISCUSSION AND POSSIBLE ACTION ITEM.

- **Justice System Committee**

- o Martin Wilson, PhD. Provided an update on the behavioral Health Court. A powerpoint presentation and discussion with support team will be scheduled for an upcoming meeting.

- o Discussion continued on future Roundtable Topics including: forced medication/treatment; establishment of psychiatric hospital at the West County Detention Facility; and services surrounding individual released from custody.

- **Older Adult Committee**

- o Dr. Aneela Ahmed reported on the work she is doing to help prevent elderly consumers from being 5150’d.
- o An informal “farewell and thanks for your service” was given to Dr. Nancy Ebbert.

9. 6:15 Reports from Ancillary Boards/Commissions/Committees

A. Contractor’s Alliance

B. California Mental Health Planning Council

- Report from Bettye Randle.

C. California Mental Health Boards/Commissions (CALMHB/C)

- Report on April meeting. – Bettye Randle

D. California Institute for Mental Health (CIMH)

- Report on April 6-7, Bay Area Region California Institute for Mental Health (CIMH) Conference in Burlingame – attended by Bobbie Arnold, Dave Kahler, Bettye Randle and Barbara Whittingham

E. Mental Health Coalition

10. 6:28 Future Agenda Items

11. 6:30 Adjourn in memory and honor of the students and staff who were killed and injured at Virginia Tech, and with sincere sympathy for the families and friends left behind.