

Contra Costa County Mental Health Commission
Thursday ♦ February 28, 2008 ♦ 4:30-6:30 p.m.
Concord Police Dept. Community Room ♦ 1350 Galindo Street, Concord

The Mental Health Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact Executive Assistant Karen Shuler at least 48 hrs. prior to the meeting at 925-957-5149.

AGENDA

1. 4:30 Call to Order/Introductions
2. 4:35 Public Comment. The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute time limit (subject to change at the discretion of the Chairperson). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting.
3. 4:40 Announcements
4. 4:45 Approval of the Minutes from January 24, 2008.
DISCUSSION AND POSSIBLE ACTION ITEM.
5. 4:50 Local Budget Reduction
 - Background: Contra Costa County is anticipating that they will be making at least \$32 million in service cuts across all departments for FY 2008/09. For Mental Health that reduction is approximately \$3.5 million. This is in addition to the approximately \$5 million reduction from the state, making a total reduction of approximately \$8.5 million. Donna Wigand and Dr. Walker will present any **available** information about:
 - i. How much money the division will have (**in total** from general fund, realignment dollars, etc.) to provide services to all age groups.
 - ii. What programs/services are mandated to be provided (again to all age groups).
 - iii. The impact of the state and local budget reductions on the Contra Costa Regional Medical Center Crisis Stabilization Unit and the Psychiatric In-Patient Unit.

- The Commission will discuss development of a priority list of what programs/services it considers most critical to maintain within the constraints of available funds.

DISCUSSION AND POSSIBLE ACTION ITEM

6. 5:30 Co-Chairs' Report – Karen Sloma and Kathi McLaughlin
 - Set date for Bylaws Revision Committee to meet.
 - Set date for Executive Committee to meet.
 - Report from the Mental Health Services Act Prevention & Early Intervention Community Forums
 - 1) Central County
 - 2) East County
 - 3) West County

7. 5:45 Report: Mental Health Director —Donna Wigand, LCSW
 - Mental Health Services Act, Prevention and Early Intervention planning process

8. 5:55 Report Health Services Director—William Walker, MD
 - Crisis Stabilization Unit Staffing Update
 - Report on January CCRMC Visit by Federal Regulators

9. 6:05 Election of Officers
 - The following Commissioners have been nominated for Chair (listed alphabetically): Dave Kahler;
Kathi McLaughlin and Karen Sloma (incumbent Co-Chairs, running only as Co-Chairs)

Nominations from the floor (requires the nominee's consent).
DISCUSSION AND POSSIBLE ACTION ITEM. (Commission membership is now 12; therefore a majority vote must be 7)

10. 6:10 Committee Reports.
 - **Justice System Committee**
Committee heard responses from the community to its Law Enforcement Referral Cards.
 - **Children's Committee.**
Committee discussed PEI priorities and program priorities related to anticipated budget reductions. No specific action was taken.
 - **Executive Committee**
 - Recommendations for appointments (this item is dependent upon receipt of applications and scheduling of the Executive Committee meeting).
DISCUSSION AND POSSIBLE ACTION ITEM.
 - Status of Vacancies:
 - District III: Consumer Representative.
 - District V: Consumer Representative, Family Member, Member-at-Large. (Supv. Glover interviewed one applicant and has scheduled an interview for a second applicant.

Commission has received 3 applications and another request for an application.)

- **Older Adult Committee.**

- Entertain a motion to support joint application by Mental Health (HSD) and Aging and Adult Services (EHSD) to SAMHSA (Substance Abuse Mental Health Services Administration) for an “Older Adults Targeted Capacity Expansion (TCE) Grant”. Applications are due by March 28, 2008. Up to \$415,400 is available to grantees for 3 years. The purpose of the Older Adults TCE Grant Program is to help communities provide direct services and build the necessary infrastructure to support expanded services for meeting the diverse mental health needs of older persons. For the purpose of this program, older adults are defined as persons 60 years and older who are at risk for or are experiencing mental health problems.

DISCUSSION AND POSSIBLE ACTION ITEM.

- **Adult & Transitional Age Youth Committee.**

- Develop a response from the Commission to reports of recent assaults and suicide attempts at CCRMC.
DISCUSSION AND POSSIBLE ACTION ITEM
- Entertain a motion to request Commissioner participation on the Family & Human Services Committee surrounding the conservatorship issue.
DISCUSSION AND POSSIBLE ACTION ITEM.
- Respond to request for additional information and entertain a motion recommending that the Commission formally support the Clubhouse and its programs and recognize the efforts of Herb Putnam on behalf of the Clubhouse Program.
DISCUSSION AND POSSIBLE ACTION ITEM.
- Bissell Cottages Report. Entertain a motion to approve the amended letter to Bissell Cottages (follow-up to the site visit).
DISCUSSION AND POSSIBLE ACTION ITEM.
- Entertain a motion to establish a formal procedural process for following up on items brought before the Commission and its committees.
DISCUSSION AND POSSIBLE ACTION ITEM..
- Entertain a motion to discuss if the large contracts granted to Traditions (\$11,100,00 for 3 years) and Dr. Kolade (\$1,230,000 for 3 years) as consent items on recent Board of Supervisors calendars may fall under the Performance Contract Review mandate of the Welfare & Institutions Code. (Carried over from January meeting.)
DISCUSSION AND POSSIBLE ACTION ITEMS.

11. 6:25

Reports: Ancillary Boards/Commissions

A. Contractor’s Alliance

B. California Mental Health Planning Council

C. California Mental Health Boards/Commissions (CALMHB/C)

D. California Institute for Mental Health (CIMH)
E. Mental Health Coalition

12. 6:30 Future Agenda Items
13. 6:30 Adjourn meeting.