

**Contra Costa County Mental Health Commission**  
**Thursday ♦ June 26, 2008 ♦ 4:30-6:30 p.m.**  
**Concord Police Dept. Community Room ♦ 1350 Galindo Street, Concord**  
**Teleconference Location: 575 Cambrian Way, Danville, CA**

*The Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact the Executive Assistant at least 48 hrs. prior to the meeting at 925-372-4439.*

**AGENDA**

*All times are approximate. Items may be taken out of order at the discretion of the Commission.*

1. 4:30 **CALL TO ORDER /INTRODUCTIONS OF COMMISSIONERS AND ATTENDEES**  
Public Comment on items listed on this agenda will be taken when the item is discussed. Public Comment on items NOT on this agenda will be taken as scheduled below.
2. 4:35 **ANNOUNCEMENTS**
3. 4:40 **APPROVAL OF THE MINUTES FROM MAY 22, 2008**  
**DISCUSSION AND POSSIBLE ACTION ITEM**
4. 4:45 **REPORTS: ANCILLARY BOARDS/COMMISSIONS**
  - Contractor's Alliance
  - California Mental Health Boards/Commissions (CALMHB/C)
  - California Institute for Mental Health (CIMH)
  - Mental Health Coalition
5. 4:50 **ACCEPT MENTAL HEALTH SERVICES ACT (MHSA) COMMUNITY SERVICES AND SUPPORTS 2007 PROGRESS REPORT – Kimberly Mayer**
6. 5:10 **CONSIDER RECESSING ALL STANDING COMMITTEES FOR THE SUMMER MONTHS - Dorothy Sansoe**  
Both the Justice System Committee and the Older Adults Committee will no longer have members after June 30, 2008. Due to the high number of vacancies on the Commission the committees should be recessed for the summer.  
**DISCUSSION AND POSSIBLE ACTION ITEM**
7. 5:20 **ACCEPT DRAFT BYLAW REVISIONS FOR FUTURE CONSIDERATION – Dorothy Sansoe**  
Draft amendments to the Commissions Bylaws will be distributed. Current Bylaws require that, before the Commission may consider and/or vote on bylaw amendments, proposed amendments shall be submitted in writing to Commission members at least

thirty days prior to the meeting date at which they are to be considered. (Article IX, Section 1) No discussion will be held at this time, since Commissioners have not had an opportunity to review the proposed changes. Any procedural questions will be addressed. Any member of the public who would like a copy of the Draft Bylaws may obtain one by calling the Executive Assistant at the number above.

8. 5:30 **ACCEPT REPORT FROM THE MENTAL DIRECTOR** - Donna Wigand, LCSW
- Update on developing a means by which consumers, families, staff, providers, contractors, etc. can be kept informed about the budget cuts and how it will impact them
  - Update on Governor's plan proposing to reduce Medi-Cal benefits of legal immigrants to that of illegal immigrants.
9. 5:45 **COMMITTEE REPORTS**
- Executive Committee
- Did not meet.
- Justice System Committee – Karen Sloma and Judy McCahon
- Report on visit to Behavioral Health Court
  - Update on Law Enforcement Referral Card Program
  - Report on discussion with Miles Kramer regarding outsourcing detention mental health services.
- Children's Committee – Kathi McLaughlin
- CONSIDER sending a letter to the Board of Supervisors indicating that the Commission strongly recommends that mental health services at all County detention facilities, especially the juvenile detention facilities, continue to be provided by the Mental Health Division and that the Board of Supervisors direct the Health Services Department to ensure that any evaluation of the Request for Proposal include a comparison of currently provided services with those proposed by potential contractors, including ancillary services.  
DISCUSSION AND POSSIBLE ACTION ITEM
  - CONSIDER sending a letter to Mental Health Director Donna Wigand, recommending that when determining the percentage of Prevention & Early Intervention funds that are allocated to programs for individuals between 0-25, consideration be given to the following principles:
    - Early intervention works
    - The longer in the mental cycle it takes for a break to occur, the better the outcome for the client (i.e. if a break occurs at 25 rather than at 16 or 17)
    - Prevention requires an initial investment that will pay off in lower costs and better outcomes for the future
    - The effectiveness of early intervention for our youngest children should also be consideredDISCUSSION AND POSSIBLE ACTION ITEM
- Older Adult Committee
- Did not meet.
- Adult & Transitional Age Youth Committee – Teresa Pasquini
- Report on Contra Costa Regional Medical Center Department of Psychiatry Community Forum

Additional discussion with Miles Kramer, LCSW, Director of Psychiatry and Detention Health – David Evans, Jacque McLaughlin, Cynthia Miller

10. 6:10 **CONSIDER RENEWING THE CONTRACT WITH THE COMMISSION'S EXECUTIVE ASSISTANT.** The contract with the Mental Health Commission's Executive Assistant is due to expire on 6/30/08. At this time, the Commission should consider requesting the Mental Health Division to renew the contract for an additional twelve-month period.  
DISCUSSION AND POSSIBLE ACTION ITEM
11. 6:20 **PUBLIC COMMENT.** The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute maximum time limit (subject to change at the discretion of the Chair). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting. Public Comment Cards are available on the table at the back of the room. Please turn them in to the Executive Assistant.
12. 6:25 Future Agenda Items  
*Any Commissioner or member of the public may suggest items to be placed on future agendas.*
  - Send a letter to the Executive Director of Contra Costa Animal Control commending him for his quick response and requesting information on what steps have been implemented to avoid further problems. D/A
  - Appoint a Commission representative to the Mental Health Coalition
  - Appoint a Commission representative to the California Association of Local Mental Health Boards/Commissions (CALMHB/C)
13. 6:30 Adjourn meeting. The next meeting of the Mental Health Commission will take place on July 24, 2008.