

Contra Costa County Mental Health Commission
Thursday, September 28, 2006, 4:30-6:30 p.m.
Concord Police Department Community Room, 1350 Galindo Street, Concord

The Mental Health Commission will provide reasonable accommodations for persons with disabilities planning to participate in Commission meetings who contact Executive Assistant Karen Shuler at least 48 hrs. prior to the meeting at 925-957-5149.

AGENDA

1. 4:30 Call to Order/Introductions
2. 4:35 Public Comment. The public may comment on any item of public interest within the jurisdiction of the Mental Health Commission. In the interest of time and equal opportunity, speakers are requested to observe a 3-minute time limit (subject to change at the discretion of the Chairperson). In accordance with the Brown Act, if a member of the public addresses an item not on the posted agenda, no response, discussion, or action on the item may occur. Time will be provided for Public Comment on items on the posted Agenda as they occur during the meeting.
3. 4:40 Announcements
 - CIMH's 2006 Cultural Competence and Mental Health Summit November 8-9 in Burlingame. "Eliminating Disparities: Achieving Efficient, Effective & Equitable Care."
4. 4:45 Approval of the Minutes from August 24, 2006.
DISCUSSION AND POSSIBLE ACTION ITEM.
5. 4:50 Chairperson's Report – Bobbie J. Arnold
 - A card was sent on behalf of the Commission to Supv. Mary Nejedly-Piepho expressing sympathy on the death of her father, former State Senator John Nejedly.
 - Welcome new Commissioner Barbara Whittingham, who was appointed to the District II Family Member seat September 12.
 - AB1234 Ethics Training October 23
 - Conference attendance requirements: Writing up the reason for attending (must relate directly to service on the Mental Health Commission), and then reporting back to the Commission after the Conference
6. 5:00 Mental Health Director's Report—Donna Wigand, LCSW
 - Performance Outcome Measures (Steve Hahn-Smith)
 - Update on the Implementation of the Mental Health Services Act

- Update on the status of Early Intervention and Prevention guidelines
 - Update on the impact of budget cuts on mental health services
 - Discuss report given to Family and Human Services Commission regarding impact on children who lost services
7. 5:30 Committee Reports
- **Older Adult Committee**
 - Collaborating with AOD in researching information on substance abuse in older adults with the goal of obtaining services for them.
 - Still researching materials on how to get Alzheimer's and Dementia covered under mental health.
 - Starting in October, the Older Adult Committee will meet on the first Tuesday of each month (except December) from 1-3.
 - **Adult & Transitional Age Youth Committee**
 - Heard a very positive report from MH Vocational Services.
 - Continuing to gather information on support groups with the intention of putting together a brochure to be distributed at health centers, clinics, community centers, etc.
 - Next month there will be a discussion on the County oversight of IMD's.
 - **Children's Committee**
 - Lashonda Taylor, from Contra Costa Crisis Center, was a guest speaker on suicide prevention programs.
 - Ongoing discussion on how to secure MHSA Prevention & Early Intervention monies for the 0-6 age group.
 - Report on "Juvenile-Onset Bipolar Disorder" Conference.
 - **Executive Committee**
 - Set a date for a meeting for nomination of 2007 MHC officers.
 - Status of Vacancies: 1 Consumer Representative seat in District V (Supv. Glover's office has posted the vacancy).
 - **Justice System Committee**
 - The Committee viewed the videotape, "Assessing Violence Risk."
8. 6:00 Reports from Ancillary Boards/Commissions/Committees
Contractor's Alliance
California Mental Health Planning Council
California Mental Health Boards/Commissions (CALMHB/C)
California Institute for Mental Health (CIMH)
Mental Health Coalition
9. 6:25 Future Agenda Items:
- October: Dr. Scott Wiegold. Follow-up on CMS recommendations.
 - November: Election of Officers; Approve Annual Report
10. 6:30 Adjournment