

**CPAW Meeting**  
**Date of Meeting: Thursday, July 7<sup>th</sup>, 2011**  
**Time: 3:00-6:00 PM**  
**Location: 2425 Bisso Lane, Suite 100, Concord, CA 94520**

Members attending: Annis Lubarov, Annis Pereyra, Brenda Crawford, Connie Steers, Courtney Cummings, Dave Kahler, John Gragnini, John Hollender, Kathi McLaughlin, Kimberly Krisch, Lisa Bruce, Lori Hefner, Marianna Moore, Molly Hamaker, Nayyirah Sahib, Peggy Harris, Ryan Nestman, Sam Yoshioka, Steven Grolnic-McClurg, Susanna Marshland, Susan Medlin, Teresa Pasquini, Tom Gilbert, Tony Sanders, Wayne Thurston

Staff attending: Angela Pride, Cesar Court, Cynthia Belon, Erin McCarty, Grace Boda, Heather Sweeten-Healy, Holly Page, Imo Momoh, Janet Marshall Wilson, Jami Tussing, Jennifer Tuipulotu, Jeromy Collado, Jisel Iglesias, Mary Roy, Sandy Rose, Suzanne Tavano, Vern Wallace, Zabeth Cooper,

Public Participants: Evelyn Centeno, Thomas Sponsler

Excused: Ralph Hoffman, Stephen Boyd, Jr.

Absent: Beatrice Lee, Candace K. Tao, Doreen Gaedtke, Lisa Bruce, Ron Johnson, Tom Gilbert

| TOPIC            | ISSUE/CONCLUSION   | ACTION/RECOMMENDATION | PARTY RESPONSIBLE |
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| 1. Call to Order | <p>The meeting was called to order, and introductions and announcements were made.</p> <p><i>Words of appreciation were shared amongst members:</i></p> <ul style="list-style-type: none"> <li>• <b>Kathi</b> – Growth and Transformation</li> <li>• <b>Susan</b>- I am thankful that we are able to reach people that we have not able to reach before and I am thankful for our providers.</li> <li>• <b>Peggy</b>- Over the past 3 years, even though there are very differing ideas shared, we all listen carefully to each other and do have a consensus of some degree for the total good</li> <li>• <b>Anna</b>- A forum for variety of opinions</li> </ul> <p>Continued.....</p> |                       | Grace Boda        |

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|       | <ul style="list-style-type: none"> <li>• <b>Lori-</b> I like the cleanness and the fairness that I have seen exhibited in the last year and a half. There are folks here that are very hard working and I appreciate their expertise, it</li> <li>• feels like a good balance even though there are so many interests</li> <li>• <b>Molly-</b> As consumers, family members, providers and county employees, we have had the opportunity to be stronger by being together and really understand that we have the same mission and even though we don't always agree on how to go about it</li> <li>• <b>John G.-</b> Appreciate the efficiency of a very large working group</li> <li>• <b>Cynthia-</b> This is my first time here and I am really excited to be here. I have been spending time talking to many of you in the room both individually and in meetings. What I continue to hear in relationship to CPAW is a transformation towards an effective process and a sense of inclusion and cohesiveness that I think is really important</li> <li>• <b>Nayyirah-</b> I am looking forward to getting involved. From what I could see CPAW is a collaboration of many people getting together to get things done</li> <li>• <b>Courtney-</b> My experience as a CPAW Member has been the sensitivity of the individuals to different levels of mental health and different societies and the willingness to be open to learning new things</li> <li>• <b>Teresa-</b>I agree with Molly and John and I am one that doesn't always agree. I appreciate the fact that CPAW is a place where deep democracy does occur and that the minority voice can be heard and considered. In spite of differences, I too have great appreciation for the perspectives and have learned a lot and have enjoyed the transformation of this group.</li> <li>• <b>Annis-</b> Commissioner Pasquini sent me a document this morning from DMH. I have always worn the hat that there</li> </ul> |                       |                   |

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|       | <p>are decreased attention to some of our most acutely challenged consumers and the document talked about the fiscal aspects of the reduced budget and those who need services from AOD and other MHSA Programs are being left by the way side and need to be thought about and included in MHSA Programming. It has always been a concern.</p> <ul style="list-style-type: none"> <li>• <b>Steven-</b> I enjoyed the way this group has moved and focused on the system</li> <li>• <b>Dave-</b> I am still in a pronounced learning curve</li> <li>• <b>Tony-</b> I appreciate how this group has truly been inclusive of marginalized communities, including LGBTQ.</li> <li>• <b>Brenda-</b> I have appreciated many things about CPAW, I have appreciated the climate that has been provided to deal with really difficult issues that have not been discussed around a lot tables. I have been as honest as I can be in these rooms. This is a place where political correctness is dishonest. Speaking from the heart and speaking about your passion is really appreciated here and I appreciate that.</li> <li>• <b>Sam-</b>Professional expertise of the facilitation. This is one of the few meetings that I attend that I enjoy</li> <li>• <b>Suzanne-</b> I appreciate looking around the room, out of 1,800 people who started this process over 6 years ago in terms of stakeholder participation. Almost all of you have been here from the beginning and have come in here with the ups and downs and just really appreciate the continuing commitment to be here and be part of it all. Just on an individual basis, I really do know how interesting each and every one of you are.</li> <li>• <b>Mary-</b> I appreciate the opportunity to get to know all of you and appreciated the growth of this group and the space for all of your perspectives and what committed people you really are.</li> <li>• <b>Wayne-</b> I appreciate the transformation</li> <li>• <b>John-----</b></li> </ul> |                       |                   |

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|  | <ul style="list-style-type: none"> <li>• <b>Zabeth-</b> Coming a year now in the role of presenting Reducing Health Disparities. I do appreciate this meeting. I like the process and hope to contribute a little more. I have decided I will participate as a non-member. I have passion for Mental Health.</li> <li>• <b>Janet Marshall Wilson-</b> First meeting attended. I have a great respect for everything that has happened here.</li> </ul>  |  |                   |
| 2. Evaluation Committee-appointment of Thomas Sponsler | <p>The following issues were noted:</p> <ul style="list-style-type: none"> <li>• Knightson Public Hearing at Tuesday, July 12<sup>th</sup> at 11:00 AM at the Justice of Chambers<br/><i>Thomas Sponsler, CPAW member applicant</i></li> <li>• Comes from Central County (Martinez)</li> </ul>  | <p><b>ACTION TAKEN:</b></p> <ul style="list-style-type: none"> <li>➤ Approved</li> </ul>   | Kathi McLaughlin  |
| 3. Housing Committee Report                            | <p><i>The following issues were noted:</i></p> <p><i>Housing opportunities in development:</i></p> <ul style="list-style-type: none"> <li>• Lillie Mae Jones Construction – <ul style="list-style-type: none"> <li>○ just about completed</li> <li>○ In the process of screening applicants</li> <li>○ Opening on July 25th</li> </ul> </li> <li>• ANKA</li> <li>• Satellite Housing</li> <li>• Affordable Housing Associates</li> <li>• AmCal</li> <li>• Resources for Community Development</li> <li>• Domus Development</li> <li>• Contra Costa Interfaith Housing</li> </ul> <ul style="list-style-type: none"> <li>• <i>Housing for FSP's:</i> <ul style="list-style-type: none"> <li>○ In summary, of the 168 unique FSP's who received housing subsidies during fiscal year 2009-10, 88</li> </ul> </li> </ul> | <p><b>ACTION TAKEN:</b></p> <ul style="list-style-type: none"> <li>➤ Encourage people to attend the next Housing Committee meeting and to contact Sandy Rose with questions</li> </ul> | Sandy Rose        |

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|                                      | <p>subsidies were for permanent housing; 33 for transitional-type housing and 47 for board and cares. The majority of Adult FSPs who receive MHSA housing subsidies are in permanent housing; the majority of TAY FSPs are in transition-type housing and the 3 Children FSPs and their families were in permanent housing.</p> <ul style="list-style-type: none"> <li>• <i>Co-Operative Innovations Living Pilot Project:</i> <ul style="list-style-type: none"> <li>○ Develop and pilot a model of co-operative living</li> <li>○ The outcomes would be to build the capacity of residents to live more independently in the future so that they could transition into independent living, requiring less support, there would be less strain in the system</li> </ul> </li> <li>• <i>Question- How the MHSA and CSS Program 5 Funding works?</i> <ul style="list-style-type: none"> <li>○ Under CSS Program 5 is specifically for FSP's and individuals need to be a FSP to access those subsidies</li> <li>○ MHSA Housing Program is different from CSS Program 5</li> </ul> </li> </ul> |   | Molly             |
| 4. Capital Facilities Recommendation | <p><i>The following issues were noted:</i></p> <p>As the plans to build a stand alone Crisis Residential facility at 20 Allen have been progressing, it has been discovered that due to geological issues (grading, etc.) the project could possibly come in at 4 - 4.5 million dollars. This projected cost is approximately 2.5 million dollars over the Capital Facilities budget. In order to get a clearer estimate on the total cost of this project the Capital Facilities Committee recommends that CPAW approve this project to solicit bids to obtain estimates</p>  | <p><b>ACTION TAKEN</b></p> <ul style="list-style-type: none"> <li>➤ Commission voted for approval as of yesterday</li> <li>➤ Consensus for county to solicit bids-Approved</li> </ul> | Committee         |

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|                          | <p>as soon as possible.</p> <ul style="list-style-type: none"> <li>• <i>Assessment and Recovery Urgent Care Center:</i> <ul style="list-style-type: none"> <li>○ Co located with purposed new health center</li> <li>○ Moving forward</li> <li>○ \$2,000,000</li> </ul> </li> <li>• <i>Crisis residential treatment facility:</i> <ul style="list-style-type: none"> <li>○ Go out to bid</li> <li>○ Would like to get a cost estimate before we pay for it</li> <li>○ 4 to 4.5 million (2 to 2.5 million more of the budget)</li> <li>○ Only way to move forward is to go towards the prudent reserves</li> <li>○ Grading and concrete work needs to be done before the rain starts</li> </ul> </li> </ul> |  |   |
| 5. Break                 |  |  |   |
| 6. A/OA Committee Report | <ul style="list-style-type: none"> <li>• Please see attached power point (Older Adults and Suicide)</li> </ul> <p><u>Comments:</u></p> <ul style="list-style-type: none"> <li>• We will all deal with it with our parents, ourselves , etc. (aging)</li> <li>• Continue to advocate and educate for continued services</li> <li>• Housing for elderly</li> <li>• Skilled nursing facilities are needed</li> <li>• Staff are not trained to properly service this population</li> </ul>   | <ul style="list-style-type: none"> <li>➤ Any questions please feel free to contact Lori at: <a href="mailto:Lori@LoriHefner.com">Lori@LoriHefner.com</a></li> <li>➤ Email Mariana Moore power point</li> <li>➤ Stanford University -Ethnic Cultural Competent Report – please read</li> <li>➤ Dialogue for future CPAW Meetings</li> </ul> | <p>Lori Hefner/<br/>Cesar Court</p> <p>Jeromy</p> |

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| 7. MH Director's Report | <p><u>MH Services Act</u></p> <ul style="list-style-type: none"> <li>• AB 100 passed in the budget</li> <li>• EPSDT continues to be worked on by CHMDA, the state department of finance will accept the recommendations</li> <li>• Each county will receive a recommended allocation</li> <li>• How does it get balanced out- each county is expected to manage their assigned allocation</li> <li>• If every county in the state goes over the budget allocated for 11-12, there will be an emergency legislation for an appropriations allocation.</li> <li>• The allocation is used to draw down the match of FFP</li> <li>• AB3632 mandate is repealed affective last week</li> <li>• The title of the program now, is MH Services of pupils with IEP's</li> <li>• School districts will approach MH and what services they would like provided and enter into contract for those services</li> <li>• Funds will be best used for children who are uninsured</li> <li>• Districts will think about using the funds for the medication of the uninsured kids</li> <li>• If Education does not approach us, the money will go back to the state and funds will be distributed to other counties</li> <li>• AB3632 will be going through a lot of changes</li> <li>• Education is now fully responsible for all services (outpatient and residential)</li> </ul> |                       | Suzanne Tavano    |

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|       | <ul style="list-style-type: none"> <li>• 11-12 the great majority of districts do want to contract with the county</li> <li>• Big transition year</li> <li>• All need to be vigilant and advocates</li> </ul> <p><u>Questions ?</u></p> <p><i>Which school district is not contracted?</i></p> <ul style="list-style-type: none"> <li>○ Pittsburg Unified, they are only contracting for case management for residential services and are contracting with Lincoln Child Center for the counseling services</li> </ul> <p><i>How are you going to monitor the expenditures?</i></p> <ul style="list-style-type: none"> <li>○ AB3632- the county will provide services for Medi-Cal children as we always have</li> <li>○ EPSDT- every county was asked to submit their FY11-12 budget (will be monitored on a monthly basis)</li> <li>○ Want to maintain access to as many children as possible, not over servicing, under serving children and maintain access...</li> </ul> <p><u><i>Mental Health Spending Creating Have and Have-nots Article (Comments from members):</i></u></p> <ul style="list-style-type: none"> <li>○ I believe we could have done a much better integrative planning process</li> <li>○ Did things in a piecemeal way</li> <li>○ We don't want to throw out the baby with the bath water</li> <li>○ Lessons to be learned, moving forward</li> <li>○ There have been important outcomes and programs</li> <li>○ Talking to the reporter – she really appreciated the non-supplantation of the Services Act (unfortunate</li> </ul> |                       |                   |

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|       | <p>that this piece was not included in the article)<br/> <u>Comments :</u></p> <ul style="list-style-type: none"> <li>○ <b>Teresa's comments in regards to the article-</b> I personally disagree with the slants taken in this article. I did send several of the articles to Sherry. This article is not the first article regarding this issue. Process is impossible without a skilled paid facilitator, this current process is not “ a dog and pony show”. Not in a position to defend or not. Several stakeholders that are not in this room share in agreement.</li> <li>○ <b>Brenda-</b> There was a process to select Grace, it was unfortunate article was one sided. You are not responsible for a reporter's take on the story. The points are valid.</li> <li>○ <b>Steven-</b> The unfortunate thing is the emphasis on the haves and have-nots. The county has allowed Rubicon to use the money to increase services for the underserved. There are a lot of details of how that was done. At Rubicon it has increased the level of services and there was no provider input in the article.</li> <li>○ <b>Suzanne-</b> I feel this group was either aware of it or not aware of it. I feel that it's ok to talk about it and no hard feelings and we move on.</li> <li>○ <b>Kathi-</b> The problem with the article was the criticism of prevention services. Look at the Hip Hop Car Wash for example. It should be considered and to have it just slammed, should be discussed at the planning committee</li> </ul> |                       |                   |

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|   | <ul style="list-style-type: none"> <li>○ <b>Ana-</b> Aware of what journalists do, really grateful that this point was brought up in regards to FSP's. I really hope we will take the opportunity on how the funds are allocated. The following issues were noted</li> </ul>   |   |                        |
| <p>8. PEI Refinements Suggestions from March 3<sup>rd</sup> CPAW Mtg.</p> | <ul style="list-style-type: none"> <li>● Please see attached power point (discussed PEI Refinements and Next Steps for Programs 3, 5 and 7)</li> <li>● Asked members to join the WTRF Committee <ul style="list-style-type: none"> <li>○ Innovate approaches</li> <li>○ Collaborate with providers for the pilot project</li> </ul> </li> </ul> <p><i>Suggestions:</i></p> <ul style="list-style-type: none"> <li>○ Focus on consumers, family members and stakeholders in this process</li> <li>○ How do we create a shared vision of recovery inclusive of Mental Health, AOD and life realms?</li> <li>○ Transformation- line staff need to be involved and others in the community who work directly with the consumers</li> </ul> | <ul style="list-style-type: none"> <li>➤ Early Intervention of Psychosis Program is in progress</li> <li>➤ Email Susan if interested in becoming a member of the WTRF Committee or the Social Inclusion Sub-Committee (next meeting Friday, July 8, 2011 at the Concord Police Dept., 1350 Galindo, Concord, Ca)</li> </ul> | <p>Mary/<br/>Susan</p> |
| <p>9. CSS Refinements</p>   | <ul style="list-style-type: none"> <li>● Will be discussed at Next CPAW's Mtg.</li> </ul>  |   | <p>Holly</p>           |

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| 10. Commission Update:<br>Bonita/Knightson Farm | <p><u>The following issues were noted:</u></p> <ul style="list-style-type: none"> <li>• Raised funds</li> <li>• Former family advocate was the leader of this project</li> <li>• Property was purchased and donated</li> <li>• Over \$500,00 raised</li> <li>• Family had adult children with mental illness</li> <li>• Approached to take over this property, farm with an existing home on land</li> <li>• Teresa became involved a year ago when the planning committee met a second time</li> <li>• AVN turned property over to Bonita House</li> <li>• NIMBYISM experienced</li> <li>• Teresa educated herself with the SAMSHA Tool Kit to approach the neighbors and commission</li> <li>• Dave, excellent with NAMI perspective</li> <li>• First time (true home like setting, non- institutional)</li> <li>• Commissioners approved use permit/removed the conditions that had been implicated</li> <li>• Appeal of neighbors was denied</li> <li>• Invited the neighbors to the commission meetings</li> <li>• Letter was sent to BOS recommending support of this project</li> <li>• Annis Pereyra has been the liaison for this project</li> <li>• Community partnership</li> <li>• At no expense to the county, 10 therapeutic beds and will alleviate the human log jam</li> <li>• Shocked at the experiences, in meetings with elected officials</li> <li>• June 21<sup>st</sup> Meeting, fine moment to have community and members partner</li> <li>• Restrictions listed by Mary Piepho</li> </ul> |                       | Teresa/Annis      |

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|                    | <ul style="list-style-type: none"> <li>• Mobilized the effort and brought it back to the commission meeting and was placed as an emergency item on the agenda</li> <li>• June 29<sup>th</sup> meeting at the Concord Police Station, very clear a “Rosa Parks” moment transferred advocacy to the Capital Facilities Committee Group</li> <li>• Letter to go to Governor Brown, Governor Brown is friends of the Gala Family, MHSOAC will be copied (letter will be read at the July 12<sup>th</sup> Meeting)</li> <li>• Copied SAMSHA &amp; NAMI</li> <li>• Send letter to the BOS</li> <li>• 150 letters were mailed to the decision makers</li> </ul> <p><u>Suggestions:</u></p> <ul style="list-style-type: none"> <li>• Pre-meeting the day of mtg. July 12<sup>th</sup></li> <li>• Pick a color and make a ribbon to wear</li> <li>• Bring more people to advocate</li> <li>• Media coverage</li> </ul> | <ul style="list-style-type: none"> <li>➤ MHCCC Shirts- email Brenda Crawford</li> </ul> |                   |
| 11. Public Comment | <ul style="list-style-type: none"> <li>• None</li> </ul>  |   |                   |
| 12. Close          | Facilitator closed at 6:10 PM   |   | Grace             |