

**Consolidated Planning and Advisory Workgroup (CPAW)**

**Thursday, November 5, 2015**

**3pm – 6pm**

**Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520**



Members attending: Dave Kahler, Kimberly Martell, Kathi McLaughlin, Courtney Cummings, Kimberly Krisch, Tom Gilbert, Jennifer Tuipulotu, Connie Steers, Hillary Bowers, Sheri Richards, Maude DeVictor, Molly Hamaker, Matt Wilson, Gina Swirsding, Sam Yoshioka,

Staff attending: Michelle Rodriguez-Ziemer, Jan Cobaleda-Kegler, Lisa Noriega

Public Participants: Carwen Spencer, Dana Matteri, Lori Pryor, Bessie Sagaiga, Doug Dunn, James Ross, Anthony Reed, Ben Barr, Amanda Savage, Crystal Luna, Roger Daniels, Kanwarpal Dhaliwal, Guita Bohampour, Denise Harrell,

Facilitator: Maria Pappas

Recorder: Lisa Cabral

Staff Support: Warren Hayes

Excused from Meeting: John Hollender

Absent from Meeting: Karen Smith, Ryan Nestman, Will McGarvey, Lisa Bruce, Lauren Rettagliata, Ashley Baughman, Stephen Boyd, Susan Medlin,

<b>TOPIC</b>	<b>ISSUE/CONCLUSION</b>	<b>ACTION/RECOMMENDATION</b>	<b>PARTY RESPONSIBLE</b>
1. Welcome <ul style="list-style-type: none"><li>• Call to Order</li><li>• Introductions</li><li>• Working Agreement</li><li>• Announcements</li><li>• Finalize Minutes</li></ul>	<ul style="list-style-type: none"><li>• Introductions made.</li><li>• Maria Pappas reviewed CPAW's Working Agreement</li><li>• Approved October notes with correction</li></ul>	Information  Notes approved. Will be posted to MHSa CPAW website.	Warren Hayes  Lisa Cabral to post minutes.

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<p>2. Behavioral Health Issues, to include</p> <ul style="list-style-type: none"> <li>• Key Vacancies</li> <li>• Children’s In-Patient Beds</li> <li>• Drug Medi-Cal Waiver</li> <li>• Introduction of Mental Health Systems</li> </ul>	<ul style="list-style-type: none"> <li>• Adult/Older Adult chief vacancy, to schedule interviews in the near future.</li> <li>• Fatima Matal-Sol has been appointed as the Chief of Alcohol and Other Drug Services.</li> <li>• The Hume Center has been selected to replace Rubicon as the adult Full Service Partnership Program for West County. Plans are being made to transition clients from Rubicon to the Hume Center.</li> <li>• Antioch Health Center is currently under construction and should be completed by end of this year. They are looking to open in Spring 2016. The Health Center will be having services available in primary care and behavioral health care.</li> <li>• Substance Abuse Waiver Pilot Project will be seeking Medi-Cal reimbursement for alcohol and other drug abuse services. Resource Development Associates is conducting a community engagement process to obtain input regarding this proposed pilot program.</li> <li>• EPIC Tapestry – currently in Beta testing with the Care Management Unit, Miller Wellness Center, and network providers. This testing will take place in November, December and January, with an anticipated start date of February 2016.</li> <li>• Children’s Inpatient Psychiatric Unit - currently there is no new information to share.</li> </ul>		<p>Vern Wallace</p>

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	<ul style="list-style-type: none"> <li>• San Francisco County Public Health has developed a trauma informed care class and has trained 9000 individuals. They have invited three other county chiefs to join and become part of a trauma informed region within the bay area. Trauma is being looked at as a priority mental health issue. Currently working with school districts, with trainings scheduled through February, and will be conducting training with Probation and Juvenile Hall.</li> </ul> <p>Introduction to Mental Health Systems</p> <ul style="list-style-type: none"> <li>• Mental Health Systems, Inc was the chosen Assertive Community Treatment (ACT) provider for the Assisted Outpatient Treatment program. They have experience running programs like ACT.</li> <li>• Currently hiring staff and have hired 40% of needed staff - administrative staff, two peer specialists, housing coordinator, vocational coordinator, licensed vocational nurse, program manager. Looking for psychiatrist, program supervisor and clinicians; bilingual would be great.</li> <li>• A physical location has been rented, and offices will be possibly open around November 15<sup>th</sup>.</li> <li>• Are working on client and staff safeguards within program.</li> <li>• Program will be named the Contra Costa ACTion Team.</li> </ul>		<p>Crystal Luna-Yarnell</p>

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3. Program Review Schedule	<ul style="list-style-type: none"> <li>• Updated the MHSA Program/Plan Review Schedule</li> <li>• Looking for anyone from CPAW and Mental Health Commission to volunteer to participate on the reviews.</li> <li>• Training for new staff on how to conduct program reviews is planned.</li> </ul>		Warren Hayes
4. Community Program Planning Process (CPPP) Update	<ul style="list-style-type: none"> <li>• The matrix for the Community Program Planning Process has been posted to the MHSA website.</li> <li>• Between now and December 18<sup>th</sup> there are 24 events that represent the stakeholder process.</li> <li>• Would like feedback from event participants on what is working, not working, needs and suggested strategies to meet those needs.</li> <li>• There are paper surveys for feedback and a survey monkey has been posted online. Surveys will be accepted until December 18<sup>th</sup>.</li> <li>• Would like everyone who would like to attend to please RSVP to the specific event point of contact.</li> </ul>		Michelle Rodriguez-Ziemer
5. Break (flexibly applied)			
6. CPAW Committee Reports <ul style="list-style-type: none"> <li>• Membership</li> <li>• Innovation</li> <li>• Systems of Care</li> </ul>	There is a change in format as to how stakeholder committees communicate with each other. CPAW committees will report directly to CPAW, and other stakeholder bodies, such as Social Inclusion, Housing and Homeless Services, Alcohol and other Drug Services, age-related committees, and the		Committee Representatives

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	<p>Mental Health Commission, will communicate and coordinate with CPAW.</p> <p>Membership:</p> <ul style="list-style-type: none"> <li>• The new members to CPAW that were appointed by the Behavioral Health Services Director are Sheri Richards, Maude DeVictor, and Hillary Bowers.</li> <li>• Currently are looking for applications from those who are Spanish speaking, and representatives of alcohol and other drug services and homeless services.</li> </ul> <p>Innovation</p> <ul style="list-style-type: none"> <li>• Met November 2<sup>nd</sup>, heard from Rainbow Community Center and Trauma Groups with Steve Blum.</li> <li>• Next meeting, December 7, Well project and Reluctant to Rescue will provide updates on their projects.</li> <li>• Vocational Services, Transportation, Partners in Aging, and Wellness Coaches Innovative Projects are all starting this fiscal year.</li> <li>• The committee will develop a plan to solicit new concepts and proposals for the new Three Year MHSa Plan. This process will start sometime next year.</li> <li>• Are looking for new members to join the Innovation Committee and make a one year commitment. The committee is open for new members through January.</li> </ul>		

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	<p>Systems of Care</p> <ul style="list-style-type: none"> <li>• September meeting: Eric Duran informed the EPIC Tapestry (electronic medical record) projected start date of November 2nd has been pushed to February due to some critical issues within the project build, holidays, and limited resources in EPIC.</li> <li>• Follow-up meeting with CSW's and new program manager, Tommy Tighe, to be scheduled and confirmed to see how things are progressing on the behavioral health services side of the Miller Wellness Center and how the role of the community support worker is supporting the overall treatment.</li> <li>• Executive staff were presented with the Overcoming Transportation Barriers proposal and made the recommendation to purchase three high occupancy vans – one for each region of the county.</li> <li>• Data outcomes and program evaluations: there was a discussion of the development of new forms to be used by all Innovation and Prevention and Early Intervention programs and projects. A key difference will be in the implementation of demographic information. However no personally identifying information will be collected at the county level.</li> <li>• Next meeting will be on November 18<sup>th</sup> due to the Veteran's Holiday.</li> </ul>		
7. Behavioral Health	<ul style="list-style-type: none"> <li>• <b>Social Inclusion</b> – There will be a meeting</li> </ul>		Committee

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<p>Services Committee Dialogue</p> <ul style="list-style-type: none"> <li>• Social Inclusion</li> <li>• Housing</li> <li>• Children, Teens and Young Adult</li> <li>• Adults, Older Adults</li> </ul>	<p>on November 10<sup>th</sup> and will be hosting a Community Program Planning Process event.</p> <ul style="list-style-type: none"> <li>• Photovoice – just completed a ten week program. Changed location of meeting to Crestwood Healing Center. Next round of ten week classes will begin after the first of the year.</li> <li>• WREACH – Hosted casual interviews with Saint Mary’s College students. Looking to conduct casual interviews with Holy Names College. Have conducted CIT (crisis intervention training) and sensitivity training regarding 5150s with law enforcement personnel. Working with Officer Summer and Kristi Abbott from Forensics.</li> <li>• <b>Housing</b> – Housing committee met last month and has transitioned to the Homeless Program with Lavonna Martin. Tom Gilbert and Lauren Rettagliata toured the Oak Grove property. There is currently a debt service on the property of approximately \$20,000 per year; the committee would like to have county to look into the amount. Looking into Tabora Gardens, which is the third housing project for ANKA under statewide CalHFA MHSa funding. It should be completed in November. It will be a four person male residential home.</li> <li>• <b>Children, Teens, and Young Adult</b> – There is a new co-chair, Ashley Baughman. She is also the facilitator of the TAY Advisory Council. The committee is</li> </ul>		Representatives

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	<p>focusing on a letter to support the Children’s Inpatient Unit, but will hold off for further developments. Next meeting will focus on the Drug Medi-Cal waiver, what services should be enhanced in the community regarding substance abuse services. Also looking at ideas for innovative projects.</p> <ul style="list-style-type: none"> <li>• <b>Adult and Older Adults</b> – Committee topics are around family members, but services are for underserved older adults and identifying what is not being addressed, to include providing better opportunities for primary health care. Would like to address prescription drugs for older adults.</li> <li>• Will next meet in January 2016. Looking for additional members to join the committee.</li> </ul>		
<p>8. Stakeholder Dialogue</p> <ul style="list-style-type: none"> <li>• Mental Health Commission</li> <li>• Behavioral Health Care Partnership</li> <li>• Other Stakeholder Bodies</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Mental Health Commission</b> – the Quality of Care sub-committee is supporting the Children’s Inpatient unit proposal. The Criminal Justice sub-committee visited the Martinez Jail as part of studying Senate Bill 683 – Re-entry to Community and Improving Mental Health Services. On November 12<sup>th</sup> the committee will decide whether to support or not proposed funding. The Mental Health Commission meets on the 2<sup>nd</sup> Thursday of the month from 4:30-6:30pm.</li> <li>• <b>Behavioral Health Care Partnership</b> – Presented on AB 1421 and new requirements for 5150 (AB 1194). Discussed Psychiatric Emergency Services</li> </ul>		Stakeholder Body Representatives



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	(PES) and the increased number of visits. There was Miller Wellness Center staff sensitivity training on working with persons with alternate sexual and gender identities.		
9. Public Comment, Announcements	<ul style="list-style-type: none"> <li>• On December 4<sup>th</sup> from 11am -1pm Recovery Innovations will be conducting a graduation. They also will be conducting classes on developing Wellness Recovery Action Plans (WRAP).</li> <li>• There will be a LGBTQ Youth Summit at Olympic High School with Contra Costa County and Rainbow Community Center hosting.</li> <li>• The Office for Consumer Empowerment (OCE) is trying to create a group with SPIRIT graduates and other individuals who are receiving SSI/SSDI and are having difficulties with their checks.</li> <li>• The Native American Health Center is working with parolees and informing them about prevention and early intervention services that are available.</li> </ul>		
10. Review of Meeting	Meeting was very informative. Like seeing the consumers here. Meeting was very well structured due to the facilitator and the agenda.		Maria Pappas
11. Next CPAW, Steering, Membership Meetings	CPAW will meet on Thursday, December 3rd, 2015 from 3-6pm. Steering Committee will meet on November 19 from 3-5pm. Membership Committee will meet on November 16 from 3-5pm. All committees will remain on the monthly calendar.		

