

Contra Costa County Mental Health Services Act Community Forum

Community Program Planning Process for the
Fiscal Year 2017-20 MHSA Three Year Program
and Expenditure Plan

November 3, 2016 – Central Contra Costa County



Mental Health Services Act (MHSA)

- Proposition 63 voted into law in November 2004 by California's citizens.
- Taxed 1% of income over \$1 million.
- Provides additional funding to the County's existing public mental health system of care.
- Services are to be consumer driven, family focused, based in the community, culturally competent, and integrated with other appropriate health and social services.
- Requires that a three year program and expenditure plan be developed with the active participation of local stakeholders in a community program planning process.

MHSA Three Year Program and Expenditure Plan

- Contra Costa's current Three Year Plan was approved by the Board of Supervisors for FY 2014-17.
- Preceded by a comprehensive community program planning process
- Over 500 consumers, family members, service providers and other interested individuals participated in 52 focus groups and community forums that identified service needs, and offered strategies for meeting these needs.
- **We are asking for your input as we prepare for the upcoming Three Year Plan starting July 2017.**

Current MHSA Three Year Plan

For Fiscal Year 2016-17 the Three Year Plan set aside \$43.1 million for over 80 programs and plan elements in the following five components:

- Community Services and Supports – \$31.6 million for children with serious emotional disturbance and adults with serious mental illness
- Prevention and Early Intervention - \$8 million for services to prevent mental illness from becoming severe and debilitating
- Innovation - \$2 million for new or different patterns of service that can be subsequently added into the system.
- Workforce Education and Training - \$650,000 to recruit and retain CCBHS County employees and contract staff.
- Capital Facilities/Information Technology - \$850,000 toward implementing an electronic mental health record system.

The full Three Year Plan and FY 16-17 Plan Update is on the MHSA web page.

What Input do We Need From You Today?

We would like input from you in three areas:

1. Discuss current mental health issues in the community, and strategies to address these issues
2. Identify new and/or emerging public mental health needs and recommended strategies for meeting these needs.
3. Prioritize previously identified service needs

1. Current Mental Health Issues

Issues identified by **Consumers**:

- What does help getting to and from services look like?
- What should services in my culture look like?
- How can I get housing that I can afford?

1. Current Mental Health Issues(contd)

Issues identified by **Family Members**:

- Helping family members navigate mental health, medical and alcohol and drug services – what should that look like?
- What should emotional support of family members look like?
- How should public mental health partner with the community when violence and trauma occurs?

1. Current Mental Health Issues(contd)

Issues identified by **Service Providers**:

- What should care look like for persons with serious mental illness who live in supportive housing?
- How do we care for young people who have both mental health and alcohol and drug problems?
- How do we help people who get better move to lower levels of care?

2. New and/or Emerging Needs

- What community mental health needs and strategies would you like to discuss that have not been mentioned?

3. Identified Service Needs

Previously stakeholders identified the following needs:

ACCESS

- Finding the right services
- Getting services when you need it
- Getting care in my community, in my culture, in my language
- Getting to and from services

3. Identified Service Needs (contd)

CAPACITY

- Serve those who need it the most
- Improved response to crisis and trauma
- More housing and homeless services
- Assistance with meaningful activity
- Children and youth in-patient and residential beds
- More support for family members and loved ones of consumers
- Support for peer and family partner providers
- Care for the homebound frail and elderly
- Intervening early in psychosis

3. Identified Service Needs (contd)

Integration

- Better coordination of care between providers of mental health, substance use disorders, homeless services and primary care
- Help with moving to a lower level of care as people get better
- More transparent program and fiscal accountability
- Better communication to enable stakeholder trust and participation

How You Can Provide Input

- Participate in today's community forum
- Provide verbal and/or written input to Contra Costa Behavioral Health Service representatives
- Participate in CCBHS sponsored stakeholder committees and workgroups
- Send email to mhsa@hsd.cccounty.us
 - Input received before December 31 will be considered in the development of the DRAFT MHSA Three Year Plan.
 - Input received after December 31 will be considered comments on the draft plan.

What Happens After Today

- Draft MHSA Plan for FY 17-20 developed FEB
- Draft Plan posted and circulated for stakeholder and 30 day public comment MAR
- Mental Health Commission hosts a public hearing APR
- Draft Plan summarizes, analyzes and responds to any substantive written recommendations for revisions MAY
- Mental Health Commission reviews the Three Year Plan and makes recommendations MAY
- Board of Supervisors reviews and approves the final Plan for FY 17-20 JUN

Today's Agenda

3:00 – Welcome, overview of MHSA and the Community Planning Process

3:30 - Introduction to CCBHS stakeholder committees

3:45 - Introduction of small group discussion topics

4:00 – Break

4:15 – Small group discussions

5:45 – Summary and next steps

6:00 – Optional input invited



- Provide public comment
- Apply your dots to prioritize service needs
- Provide written input
- Speak with CCBHS staff
- Evaluate today's event

Reasonable Accommodations: Spanish translation, gift cards available upon request



Contra Costa Behavioral Health Stakeholder Calendar

November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 BH Housing Meeting: 1:00 — 3:00pm 2425 Bisso Ln, Concord	2 MH Commission: 4:30 - 6:30 pm 550 Ellinwood Way Pleasant Hill	3 <i>Community Event</i> <i>Pleasant Hill</i> <i>Community Center</i>	4	5
6	7	8	9 CPAW Systems of Care: 10am - 12 pm 1340 Arnold Dr, Ste 200, Martinez	10 Children's Teens and Young Adults: 11:00- 1:00pm, 1340 Arnold Dr, Ste 200, Martinez Social Inclusion: 1:00 - 3:00 pm 2425 Bisso Ln, Concord	11 	12
13	14	15	16	17 CPAW Steering: 3:00 - 4:30 pm 1340 Arnold Dr, Ste 200, Martinez	18	19
20	21 CPAW Membership: 3:00 - 4:30 pm 1340 Arnold Dr, Ste 200, Martinez	22 Adult: 3:00 - 4:30pm 1340 Arnold Dr, Ste 200, Martinez	23 Aging and Older Adult: No Meeting	24 	25	26
27	28 CPAW Innovation: 2:30 - 4:30pm 1340 Arnold Dr, Ste 200, Martinez	29	30 AOD Advisory Board : 4 - 6:15pm, 2nd Floor, 1220 Morello, Martinez			