

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, May 4, 2017

3pm – 6pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Jennifer Tuipulotu, Roberto Roman, Kathi McLaughlin, Kristi Abbott, Steve Blum, Sara Marsh, Candace Collier, Lucy Espinoza Nelson, Doug Dunn, Matt (Haley) Wilson, Dave Kahler, Sheri Richards, Kimberly Krisch, Courtney Cummings,

Staff attending: Windy Murphy, Amanda Dold, Stephanie Chenard, Kristen Clopton, Jennifer Lewis, Jan Cobaleda-Kegler

Public Participants: Carwen Spencer, James Ross, Cheryl Hall, Elizabeth Ward, Loretta Bradstreet, Allison Lessley, Jennifer Lane

Facilitator: Maria Pappas

Recorder: Lisa Cabral

Staff Support: Warren Hayes

Excused from Meeting: Karen Smith, Molly Hamaker, Sam Yoshioka,

Absent from Meeting: Antwon Cloird, Gina Swirsding, Will McGarvey, Duane Chapman, Lisa Bruce, Maude DeVictor, Connie Steers, Jackie Lerman, Tom Gilbert, Lauren Rettagliata, Ryan Nestman,

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none">• Call to Order• Introductions• Working Agreement• Announcements• Finalize Minutes	<ul style="list-style-type: none">• Introductions made.• Maria Pappas reviewed the revised CPAW's Working Agreement• Approved April minutes• May 16th from 1-3pm there will be the H³ Housing Meeting. The February meeting had a discussion	Information Minutes approved and will be posted to MHSAA CPAW website.	Maria Pappas Lisa Cabral to post minutes.

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	<p>regarding the No Place Like Home initiative.</p> <ul style="list-style-type: none"> • OCE has released their new Peer Perspectives newsletter. There is an article about the next Social Inclusion meeting. • There is a MHSA Public Comment hearing that will take place next Thursday in Oakland. 		
<p>2. Review of CPAW's Meeting Time</p> <ul style="list-style-type: none"> • Should the time be changed? 	<ul style="list-style-type: none"> • Due to time restrictions, would like to propose to move the time of the meeting for 2-5pm. • Suggestion: <ul style="list-style-type: none"> ○ To lessen the amount of hours of the meeting to 2 ½ hours instead of 3 hours ○ For individuals who work to accommodate the work schedule by keeping the 3-6pm time ○ Re-order the agenda to accommodate individuals who are not able to stay until 6pm • Motion: To change the CPAW meeting time to 2-5pm with the amendment to survey the CPAW members that are not in attendance? CPAW members: Favor: 12 Against: 0 Abstain: 1 Non-CPAW members Favor: 2 Against: 1 Abstain: 0 		Steve Blum
<p>3. Behavioral Health Issues</p> <ul style="list-style-type: none"> • Recent DHCS Audit Results • Integration Manager 	<ul style="list-style-type: none"> • Department of Health Care Service Triennial Audit (DHCS) took place last month. Conducted a system review and chart review for compliance. Looked at 200 areas and checked over 400 items and a review 		Warren Hayes

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<p>Role</p> <ul style="list-style-type: none"> • Oak Grove Facility Update • Mobile Crisis Expansion Plans 	<p>of 40 random charts. Behavioral Health was found to be 90% fully compliant in the system review and 95% fully compliant on the chart review. System review looked at adequacy and array of services, access of services, proper protocol for authorizing services, beneficiary or consumer protections, interface with primary care, relations with providers, program integrity, the means for quality improvement, and MHSA. MHSA was given a 100% compliance rating in 21 areas. In MHSA, they looked at the stakeholder process, community planning process, full service partnership programs, follow statutes and laws, conduct outreach to underserved populations, culturally competent, and means for stakeholders and community members to provide input on issues they are concerned with.</p> <ul style="list-style-type: none"> • The quarterly MHSA budget report was included in the meeting packet for review. The budget report is also provided to the Mental Health Commission MHSA/Finance committee. • Included in the meeting packet is a handout regarding the public hearing presentation of the MHSA Three Year Program and Expenditure plan for FY 2017-20 that was provided at the Mental Health Commission Public Hearing yesterday, May 3rd. The public comment period also ended yesterday, May 3rd. Behavioral Health will be sending the final draft to be put on the Board of Supervisors agenda by the end of the month. • Integration Manager Role is a new position within Behavioral Health Administration. Implementation of the Electronic Health Record, ccLink, in behavioral health. Integration of AOD services 		<p>Amanda Dold</p>

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	<p>within our clinics, such as substance use and co-occurring services. The five year Strategic Plan is being reviewed with each individual clinic. The Electronic Health Record is being implemented with ccLink. There is a go-live date of September 26th. Phase 1 is to go-live with the 11 county behavioral health clinics. Phase 2 will include AOD and CBOs. Currently having validation sessions and having the end users to help create the system and how to understand the building of the system. Next sessions will be the Clinical Content Build out. EHR will have a report build out and contain smart forms. There are concerns around consumers being treated differently with primary care access to mental health records and results of physical health medication records.</p> <p>If there is a focus group created, we should include the CSWs.</p> <ul style="list-style-type: none"> • Oak Grove Facility Update – Postpone to June CPAW meeting. • Mobile Crisis Expansion Plans – Postpone to June CPAW meeting 	<p>Amanda to follow up with the Behavioral Health Administration regarding consumer concerns.</p>	
<p>4. CPAW Committee Reports</p> <ul style="list-style-type: none"> • System of Care • Innovation 	<p>System of Care</p> <ul style="list-style-type: none"> • The last meeting focused on the final details of the RFQ for the Volunteer Workforce. Received feedback from the committee members and awaiting approval for RFQ from the Board of Supervisors. • Mental Health First Aid train the trainer session and had 19 individuals who became trainers. We will begin the strategic planning committee which will meet quarterly. The May System of Care meeting 		<p>Committee Representatives</p>

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	<p>will be focusing on the strategic planning.</p> <ul style="list-style-type: none"> • Next meeting is next Wednesday, May 10th <p>Innovation</p> <ul style="list-style-type: none"> • The two projects are moving forward and looking to begin January 2018 • Different programs are coming to report about their Innovation project. • Windy has created a form specifying certain areas of topics for when projects come to Innovation meeting to give update. • The next meeting will be on Monday, May 24th and the Innovation Committee is looking for new members. 		
<p>5. BHS Committee Dialogue</p> <ul style="list-style-type: none"> • Social Inclusion • Children, Teens and Young Adults • Adults • Older Adults 	<ul style="list-style-type: none"> • Social Inclusion – The May meeting will host Sally Zinman, Executive Director of the California Association of Mental Health Peer-Run Organizations in honor of May is Mental Health Awareness Month. • The next Social Inclusion meeting will be on May 11th from 1:30-3:30pm. • PhotoVoice 2017 at Vicente and Briones High School is finishing its final classes. The groups' consensus created a goal to have work ready to be displayed for a teachers' meeting for the high school. • The next PhotoVoice meeting will be on May 24th from 3:00-4:30pm. • The WREACH subcommittee is planning to conduct another Tell Your Story workshop in July. Members were informed of an upcoming Crisis Intervention Training (CIT). In preparation for the 		<p>Committee Representatives</p>

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	<p>speakers to share their story, the WREACH lead facilitator is planning on holding a brief workshop to go over their personal stories. WREACH workshops were completed at Bissell Cottages and four speakers shared their personal stories with St. Mary's college students. In May, WREACH is planning to conduct a workshop with Hope House and Hume Center.</p> <ul style="list-style-type: none"> • The next WREACH meeting will be on May 25th from 1:00-2:30pm at 2425 Bisso Lane. • Children, Teens, and Young Adult – New Program Manager at First Hope, Jude Leung. The committee was invited to the BH Adult committee regarding the TAY Report written by former CPAW member, Ashley Baughman. The committee will look at the recommendations from the report and decide how to move forward with the recommendations. <p>The committee is looking to review the 4C letter recommending for an Inpatient Children's Unit for children 5-12 years old. The committee will move forward on the letter to the Board of Supervisors Family & Human Services Committee to advocate for a needed Children's Inpatient Unit at CCRMC and would like to use the 4D ward.</p> <ul style="list-style-type: none"> • Adults – No report available. • Older Adults- Met on April 26th, continuing to expand ideas that are borrowed from the Adult meeting and fine tuning the goals of the Older Adult committee. Attendance continues to be a challenge for the committee. Received a referral from AOD Lamisha Mims. <p>The committee has discussed that the voice of the</p>	<p>Sheri to continue outreach to Lamisha Mims.</p>	

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	<p>mental health needs for older adults are not getting out.</p> <p>The committee would like to promote the needs of the Older Adults. This month the committee will be focusing on a series of topics such as Conservatorship, Patient Rights, and Family Rights. We also are focusing on next steps for the committee.</p> <p>Next meeting is Wednesday, May 24th.</p>		
<p>6. Reports from Other Stakeholder Bodies</p> <ul style="list-style-type: none"> • Mental Health Commission • Housing and Homeless Services • Alcohol and Other Drug Services 	<ul style="list-style-type: none"> • Mental Health Commission – The meeting on May 3rd was the final opportunity for input on the Three Year Plan during the Public Comment. There was a suggestion that appointment of individuals to the Mental Health Commission should no longer be under an Ad-Hoc Committee. • Housing and Homeless Services – The H³ Housing Meeting will be taking place on May 16th from 1-3pm at 2425 Bisso Lane. • Alcohol and Other Drug Services – No report available 		Committee Members
<p>7. Break (flexibly applied)</p>			
<p>8. Integrating Our Response to Community Partners, First Responders in Times of Crisis, Trauma</p>	<ul style="list-style-type: none"> • Mental Health First Aid (MHFA) - A five day train the trainer session with 19 individuals, 12 county and 7 community members. The treatment approach is to assess the situation, listen with non-judgment. A great opportunity for MHFA with the libraries. <p>MHFA is the basics, focusing on depression, psychosis, and schizophrenia and how to help an individual when the early signs appear. MHFA teaches someone to assess the situation, listen</p>		Stephanie Chenard Jennifer Lewis Lt. Jeff Moule

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	<p>non-judgmentally, and help your loved one get the help they need. MHFA addresses the stigma of mental illness by forcing you to recognize your own biases and biases that exist in society.</p> <ul style="list-style-type: none"> • Crisis Intervention Team (CIT) – Established CIT in Contra Costa County based on the Memphis model. OCE brings consumers to the CIT training. There are four days of instruction to all law enforcement agencies, including BART and local PD and school resource officers. CBOs are included in training to provide information regarding the programs that are available. A family panel has been brought in to provide their experience with law enforcement. NAMI helps to create a family panel for the CIT training. WREACH students will “Tell Your Story” during the CIT trainings. The third day of the training will be an instructor, Joel Fay, who is a board certified psychologist. He has created the West Coast Post Traumatic Stress Retreat for firemen and police. The final day of the training focuses on suicide prevention. <p>The funding for CIT is part MHSA, NAMI, and fees received for individuals attending. In the new three year plan, there is a significant increase in the budget for the CIT training, instructors are not able to attend other trainings due to lack of funding.</p> <ul style="list-style-type: none"> • Incident Response Information System (IRIS) – Set up by the county and incidents that happen in the community will have identified individuals to 		

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	log in and report the information. There is a decision made to disseminate to the employees. Dr. Walker decides if a team needs to come together based on the reported information. Each individual will play a role in the response. The command center is set up at 2425 Bisso Lane.		
9. Public Comment, Announcements			Meeting Attendees
10. Review of Meeting	Like Lt. Jeff Moule and how to see law enforcement a different way.		Meeting Attendees
11. Next CPAW, Steering, Membership Meetings	The next CPAW meeting will take place on June 1 st . The Steering Committee will meet on May 18 th . The Membership Committee will meet on May 15 th .		