

## East Contra Costa County Mental Health Services Act Community Forum

Community Program Planning Process for the  
Fiscal Year 2018-19 MHSa Three Year Plan  
Update



## Mental Health Services Act (MHSa)

- Proposition 63 voted into law in November 2004 by California's citizens.
- Taxed 1% of income over \$1 million.
- Provides additional funding to the County's existing public mental health system of care.
- Services are to be consumer driven, family focused, based in the community, culturally competent, and integrated with other appropriate health and social services.
- Requires that a three year program and expenditure plan be developed with the active participation of local stakeholders in a community program planning process.



## Updating the MHSA Three Year Program and Expenditure Plan

- Contra Costa's current Three Year Plan was approved by the Board of Supervisors starting July 2017
- Preceded by a comprehensive community program planning process
- Over 400 consumers, family members, service providers and other interested individuals participated in the planning that identified service needs, and offered strategies for meeting these needs.
- **Today we are asking for your input as we prepare for the FY 18-19 Three Year Plan Update starting July 2018.**



## Current MHSA Three Year Plan

For Fiscal Year 2017-18 the Three Year Plan set aside \$51.6 million for over 80 programs and plan elements in the following five components:

- Community Services and Supports – \$37.6 million for children with serious emotional disturbance and adults with serious mental illness
- Prevention and Early Intervention - \$8.7 million for services to prevent mental illness from becoming severe and debilitating
- Innovation - \$2.1 million for new or different patterns of service that can be subsequently added into the system.
- Workforce Education and Training - \$2.5 million to recruit, train and retain CCBHS County employees and contract staff.
- Capital Facilities/Information Technology - \$650,000 toward implementing an electronic mental health record system.

The full Three Year Plan is on the MHSA web page.



## What Input do We Need From You Today?

We would like input from you in three areas:

- Discuss current mental health topics in the community, and strategies to address these issues
- Identify new and/or emerging public mental health needs and recommended strategies for meeting these needs.
- Prioritize previously identified service needs



## Service Needs (1)

- Finding the right services when you need it
- Getting quality care in my culture, in my language
- Outreach and engagement to underserved populations
- Better coordination of care between providers of mental health, substance use disorders, homeless services and primary care
- How to better connect mental health service providers with the community
- Getting to and from services



## Service Needs (2)

- Improved response to crisis and trauma
- More housing and homeless services
- Assistance with meaningful activity
- More support for family members and loved ones of consumers
- Support for peer and family partner providers



## Service Needs (3)

- Serve those who are the most compromised by mental health issues
- Children and youth in-patient and residential beds
- Care for the homebound frail and elderly
- Intervening early in psychosis
- Increased psychiatry time





## New and/or Emerging Needs

What community mental health service needs have not been mentioned?



## How You Can Provide Input

- Participate in today's discussions
- Provide verbal and/or written input to Contra Costa Behavioral Health Service representatives
- Participate in CCBHS sponsored stakeholder committees and workgroups
- Send email to [mhsa@hsd.cccounty.us](mailto:mhsa@hsd.cccounty.us)



## What Happens After Today

- Community input informs draft Plan Update JAN
- Draft MHSA Plan Update for FY 18-19 developed FEB
- Draft Plan Update posted and circulated for stakeholder and 30 day public comment MAR
- Mental Health Commission hosts a public hearing APR
- Draft Plan summarizes, analyzes and responds to any substantive written recommendations for revisions MAY
- Board of Supervisors reviews and approves the final Plan Update for FY 18-19 JUN



## Today's Agenda

- 2:30** – Registration, meet and greet
- 3:00** – Welcome, overview of MHSA and the Community Planning Process
- 3:30** - Introduction to your community's service providers
- 3:45** - Small group discussions on selected mental health topics
- 4:45** – Summary and next steps
- 5:00** – Optional input invited
  - Provide public comment
  - Apply your dots to prioritize service needs
  - Provide written input
  - Speak with CCBHS staff
  - Evaluate today's event

Reasonable Accommodations: Spanish translation, gift cards available upon request





## Today's Mental Health Topics

1. How can mental health services for my culture/community/age group be improved?
2. What outreach and engagement activities should happen to better care for underserved populations and communities?
3. How do we better respond to the various transportation challenges our clients and their families face in getting to and from services?
4. What should housing and homeless services look like for persons with serious mental illness?
5. What should support look like for family members who are struggling with loved ones who are experiencing mental health challenges?



# Contra Costa Behavioral Health Stakeholder Calendar December 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 <b>MH Commission:</b> 4:30—6:30pm 2425 Bisso Ln	7 <b>CPPP Forum:</b> 2:30—5:00 pm Brentwood	8	9
10	11	12	13 <b>CPAW Systems of Care:</b> 10am—12 pm 1340 Arnold Dr, Ste 200, Martinez <b>AOD Advisory Board :</b> 4:00— 6:00 pm, 1220 Morello, 2nd Flr, Mtz	14 <b>Children's:</b> 11:00-1:00pm, 1340 Arnold Dr, Ste 200, Martinez <b>Social Inclusion:</b> 1:30—3:30 pm 2425 Bisso Ln, Concord	15	16
17	18 <b>CPAW Innovation:</b> 2:30 - 4:00pm 1340 Arnold Dr, Ste 200, Martinez <b>CPAW Membership:</b> 4:00 - 5:00 pm 1340 Arnold Dr, Ste 200, Martinez	19	20	21 <b>CPAW Steering:</b> 3:00 - 4:30 pm 1340 Arnold Dr, Ste 200, Martinez	22	23
24	25 	26 <b>Adult:</b> Cancelled	27 <b>Aging and Older Adult:</b> Cancelled	28	29	30
31 <b>2017</b> <b>8</b>						<b>Happy Holidays!</b> <b>Happy New Year!</b>