



EARLY CHILDHOOD MENTAL HEALTH COMMUNITY FORUM

Date of Forum: Saturday, November 2, 2019

Time: 9:30AM to 1:00PM

Location: Pittsburg Senior Center, 300 Presidio Lane, Pittsburg, CA 94565

Purpose of Forum:

To gain input from the community in preparation for the Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan for fiscal years 2020-2023.

A G E N D A

TIME	ITEM	WHO	DESIRED OUTCOMES	MIN
9:30AM	1. Registration and Meet & Greet	All	<ul style="list-style-type: none"> ○ Check In at event ○ Enjoy light breakfast & visit resource tables 	30
10:00AM	2. Welcome & Introduction to MHSA	Contra Costa BHS and District IV Supervisor Glover	<ul style="list-style-type: none"> ○ Welcome from Behavioral Health Services (BHS) ○ Greetings from Supervisor Federal Glover ○ Learn about the MHSA 	25
10:25AM	3. Why Early Childhood	Sean Casey, Executive Director, First 5 Contra Costa	<ul style="list-style-type: none"> ○ Setting the frame work on mental health in early childhood learn about First 5 Contra Costa 	15
10:40AM	4. Learn Methods to Support Mental Health in Early Childhood	Jen Leland, MFT - Director of Trauma Transformed, East Bay Agency for Children	<ul style="list-style-type: none"> ○ Learn importance of buffering young children from toxic stress ○ Healing centered care & prevention rather than remediation 	25
11:05AM	5. Service System Landscape	We Care Services for Children, Lynn Center, Early Childhood Mental Health	<ul style="list-style-type: none"> ○ Highlights on early childhood mental health and work being done by other agencies that serve young children in Contra Costa County 	15
11:20AM	6. Short Break	All	<ul style="list-style-type: none"> ○ Quick Bathroom or Stretch Break 	5
11:25AM	7. Community Program Planning Process	All	<ul style="list-style-type: none"> ○ Preview small group discussion points ○ Discussion & Input of early childhood mental health service needs 	60
12:25PM	8. Reconvene, Group Sharing & Introduction of Service Providers	BHS	<ul style="list-style-type: none"> ○ Sharing from small group discussions ○ Introduce Service Providers and local resources 	15
12:40PM	9. How to Stay Involved, Prioritize Service Needs, Input & Evaluation Forms, and Public Comments	BHS	<ul style="list-style-type: none"> ○ Learn about staying involved ○ Service Needs Prioritization & Voting ○ Complete Input & Evaluation Forms ○ Public Comments from Community 	15
12:55PM	10. Lunch and Networking	All	<ul style="list-style-type: none"> ○ Learn about Community Resources 	5
1:00PM	11. Conclude	BHS	<ul style="list-style-type: none"> ○ End of Forum 	

Guidelines for Forum Participants

The counsel and advice of all participants in the forum process is highly valued in planning and preparation of Mental Health Services Act funded programs and services. For all voices to be expressed in a productive, safe and respectful environment, the following set of self-governance guides are asked of all forum participants:

1. We are committed to honoring people's time. Please help us by arriving on time, asking questions, speaking to the topic at hand, and allowing for others to speak.
2. Turn your cell phone ringers off or set them on vibrate. If you need to take a call, please exit quietly into the hallway and take calls away from the doors.
3. Avoid providing any distractions, such as side bar conversations.
4. Wait to be recognized before speaking and keep your comments direct and brief.
5. It is okay to disagree, as different perspectives are welcomed and encouraged. Please be polite and respectful and allow for others to voice their views as well.
6. Please refrain from criticizing a specific person or viewpoint in a negative manner during the forum and in group discussions. Outside of the forum, please speak to MHSA staff support for assistance in having your concerns heard and addressed through the appropriate channels.
7. An individual may be asked to leave should they behave in a manner that threatens the safety of any participant or does not honor the terms of these guidelines.

Additional Resources

1. **Contra Costa County MHSA website:** cchealth.org/mentalhealth/mhsa/
2. **Service Directory:** Packet in folder with mental health services by region in county. Can also be found on the MHSA website under Links & Resources.
3. **First 5 Contra Costa Phone Number:** (925) 771-7300
4. **First 5 Contra Costa web page:** first5coco.org
5. **Contra Costa County Access Line:** 1-888-678-7277 or 211

MHSA Issue Resolution Process

Consumers (clients) are encouraged to discuss issues.

1. Please refer to the MHSA website should an individual wish to request a review of any issue related to:
 - The MHSA Community Program Planning Process
 - Consistency between approved MHSA plans and program implementation
 - The provision of MHSA funded mental health services
2. Consumers (clients) may also discuss issues regarding their mental health services directly with their provider and may request a Change of Provider for any reason. Consumers dissatisfied with their mental health services in this county may file a grievance at any time without discussing the issue with their provider. Consumers may contact the following people who will assist in resolving complaints:
 - Consumer Assistant (a staff person identified at each program to help with the grievance process)
 - Quality Improvement Coordinator: 925-957-5160
 - Grievance Advocate (not a direct county employee): 925-521-1231. Collect calls are accepted.