

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, March 5, 2020

3:00 pm – 5:00 pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members Attending: Stephen Boyd, Steve Blum, Candace Collier, Doug Dunn, James Lancaster, Sara Marsh, Kathi McLaughlin, Melinda O’Day, Roberto Roman, Jennifer Tuipulotu, Johanna Wagner, Graham Wiseman

Staff Attending: Alexander Ayzenberg, Jennifer Bruggeman, Janet Costa, Robert Thigpen, Genoveva Zesati

Public Participants: Keri Banks, Loretta Bradstreet, John Gallagher, Leslie Garcia, Cheryl Hall, Denise Havell, De’Shavon Hicks, Susan Norwick Horrocks, Mia Jackson, Emily Linza, Lori Pryor, Carwen Spencer, Kathryn Stambaugh, Andrew Thompson

Facilitator: Amanda Wehrman

Recorder: Audrey Montana

Staff Support: Warren Hayes

Excused from Meeting: Anna Lubarov

Absent from Meeting: Lisa Bruce, Jo Bruno, Y’Anad Burrell, Courtney Cummings, Tom Gilbert, Dave Kahler, Kimberly Krisch, Jackie Lerman, Lesley May, Mariposa McCall, Ryan Nestman, Lauren Rettagliata, Chelise Stroud, Gina Swirsding, Matthew Wilson, Amelia Wood, Sam Yoshioka

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call, Introductions • Review Working Agreement • Announcements • Finalize Meeting Notes 	<ul style="list-style-type: none"> • Introductions made • Review Working Agreement • Announcements <ul style="list-style-type: none"> ○ (Jennifer Bruggeman) Introduced two new CPAW Committee members, Johanna Wagner (Faith Based Leadership Member) and Graham Wiseman (Family Member) ○ (Warren Hayes) Introduced Jennifer Bruggeman as the new Mental Health Services Act (MHSA) Program Manager ○ (Roberto Roman) Made available new Peer Perspective Newsletter. ○ (Genoveva Zesati) The date of the CPAW Membership Committee 	Information Notes approved. Will be posted to MHSA CPAW website.	Amanda Wehrman, Facilitator Audrey Montana to post notes

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	<p>on the CPAW calendar is incorrect. The Membership Committee will meet on Monday, March 16th from 2:00 to 3:30pm at the MHSA office.</p> <ul style="list-style-type: none"> ○ (Gigi Crowder) The NAMI annual fundraiser Crab Feed is sold out, but raffle tickets are still available. ○ (Genoveva Zesati) We would like to recognize Warren Hayes (Mental Health Operations and Program Chief) as this will be his last CPAW meeting with us. (Warren Hayes) I'm retiring. This has been one of the real pleasures for me. It's time. You are going to be in very capable hands. My very first paid public service mental health job was as a Residential Counselor in a group home for people with serious mental health challenges and developmental disabilities that had been released from locked facilities. That was fifty years ago. We have a new director and very capable folks. This is the time to pass the torch. It has been my honor to work with you folks. It has really been good. Thank you. (Applause) (Kerri Banks) We are going to miss you. (Melinda O'Day) It has been such a pleasure. You are such a great man. You are perfect. This slot was just perfect for you. I hope that you do everything that makes you happy. ○ (Genoveva Zesati) Recognized Mia Jackson's birthday and all wished her a happy birthday. <ul style="list-style-type: none"> ● Meeting Notes <ul style="list-style-type: none"> ○ Approved with no revisions 		
<p>2. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <ul style="list-style-type: none"> ● Update on State level discussions or legislation regarding the Mental health 	<p>Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff:</p> <p>Warren Hayes:</p> <p>Update on State level discussions or legislation regarding the Mental Health Services Act (MHSA) funds and possible use</p> <ul style="list-style-type: none"> ● Dr. Suzanne Tavano, Mental Health Director, was scheduled to present today but contacted us informing she unfortunately could not attend today ● Aware the State government may be attempting to change rules re MHSA funds 		<p>Warren Hayes, Mental Health Operations and Program Chief</p>

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<p>Services Act (MHSA) funds and possible use</p> <ul style="list-style-type: none"> • Update on Psychiatric Emergency Services 	<ul style="list-style-type: none"> • Governor Newsom gave his State of the State address in February and basically said that if Counties do not spend their unspent MHSA funds, the State will take those funds and apply those funds to the homeless problem • The Governor is focusing on the “prudent reserve” required for each County <ul style="list-style-type: none"> ○ Our prudent reserve is accumulating interest ○ Cannot take funds out of this reserve unless there is a decrease in revenue and need funds to keep programs running ○ To date, we have never had a decrease in revenue • Two strategies the State may use to focus on MHSA funds (divert County funds to the State) <ul style="list-style-type: none"> ○ Trailer bills attached to the new State budget to change MHSA law effective July 1st <ul style="list-style-type: none"> ▪ Change the law in regard to MHSA funds ▪ May lower the required prudent reserved required of counties ▪ May mandate a higher percentage of MHSA funds be used for the homeless ▪ May reduce or eliminate MHSA unspent funds ○ State may attempt a ballot initiative <ul style="list-style-type: none"> ▪ Anticipate advocacy groups like NAMI would be quite vocal and against a ballot initiative so more likely may attempt trailer bills • Big issue is who directs the MHSA funds – the State or the Counties • County lobbyists watching these developments – California Mental Health Directors Association (CMHDA) and California State Association of Counties (CSAC) • Dr. Suzanne Tavano and Warren Hayes will go before the Family and Human Services Committee of the Board of Supervisors to update the Board on this issue re the State and MHSA funds <ul style="list-style-type: none"> ○ When the MHSA Three Year Plan for Fiscal Years 2020-2023 is presented to the Board of Supervisors, the Board will be up to date as to the status of the issues regarding the State and MHSA funds • Important stakeholders watch developments and are heard by State legislators 		

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	<p>Questions and Comments:</p> <p>Comment: (Douglas Dunn) The State government wants to take MHSA money to use for the homeless without going to the voters. Assembly Bill 2265 would have MHSA funds used directly for Substance Use Disorders (SUD) without requiring a concurring mental health issue. The State passed Senate Bill 389 to use MHSA funds for the criminal justice system (diversion). Have analysis been done as what would happen if funds are taken with a budget initiative as opposed to not an initiative? An analysis of the impacts?</p> <p>Response: An example would be No Place Like Home (NPLH) funds. The Office of Statewide Health Planning and Development (OSHPD) is skimming some money off the top. They may compose a Senate or Assembly Bill and attach it to the trailer bill, vote on it and it becomes law. They then skim off from the State MHSA Trust Fund. Douglas Dunn provided examples. This reduces the amount of money that goes to the counties; if the County receives less money than needed for the budget, the County's unspent funds is used. The State is planning to take each County's unspent funds. Those bills will siphon money from MHSA funds.</p> <p>Comment: (Kathi McLaughlin) We need specific, targeted advocacy and a letter writing campaign.</p> <p>Comment: (Gigi Crowder) They will take a little and then take a lot. We need these funds for Mental Health.</p> <p>Comment: (Douglas Dunn) I have been working with Senator Glazer's office. He is on the subcommittee that will deal with MHSA. There will be three meetings on MHSA in April or May. I will update all. I will ensure that we get family and consumer advocates to these meetings. We can do presentations to show how MHSA is working and say leave MHSA alone. That's what we need to do.</p> <p>Response: Thank you. When we are updated, we will send out the information as to these upcoming meetings.</p>		

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	<p>Update on Psychiatric Emergency Services (PES): (Distributed: Contra Costa Regional Medical Center, Psychiatric Emergency Services, Remodel Plan Options, Report to JCC February 3, 2020)</p> <ul style="list-style-type: none"> • Topic discussed as an Agenda item last night at the Mental Health Commission (MHC) meeting <ul style="list-style-type: none"> ○ Many of these issues have existed for several years ○ Both stakeholders and staff are frustrated ○ People in leadership at Contra Costa Regional Medical Center and the County conducted a slideshow presentation and discussion <ul style="list-style-type: none"> ▪ Provided statistics ▪ Presented three options for PES, provided drawings and cost estimates for each ▪ MHC Chairperson, Barbara Serwin, permitted the opportunity for members of the public to speak and articulate their frustration as to the delay in decision making ▪ Soon will be talking about funding and the County may look at MHSA funds (as a one-time capital facility project) ○ Articles from the East Bay Express were discussed ○ Next will be decision making, obtaining cost estimates and then determining on funding ○ Those stakeholders participating in the advocacy for changes for PES are very much appreciated <p>Questions and Comments:</p> <p>Comment: (Melinda O’Day) I went to the Mental Health Commission meeting yesterday. There were great ideas from the public, but felt as if it was more a pat on the head and thank you for your comments. There is much more concern than they are giving it. They are not listening to the people. Eighteen months for the architects and then another two years to happen. I feel sad. Response: We appreciate your comment. The stakeholders were very articulate in addressing these issues.</p> <p>Comment: (Kathi McLaughlin) I also went to the Mental Health Commission meeting. I agree. I feel like I have been patted on the head. Would not have had this discussion if not for the articles in the</p>		

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	<p>East Bay Express February 19th and 26th (available online). I was interviewed. There must be community outrage over this. Must generate a sense of urgency. Consumers must be included in this process at this stage not at the end. The three options presented did not include consumer input – the people who will be using PES. Need to include and talk with consumers in this process. It is extremely expensive. It should not take two years to resolve these issues with PES.</p> <p>Comment: (Douglas Dunn) MHC Chair, Barbara Serwin, and I have been invited to attend a tour of PES with Assemblyman Brough’s office and Assembly member Jim Frazier’s office. Being pushed by Supervisor Burgis to get State funding for PES. Scheduled for March 25th but keeps getting delayed. I Chair the MHC Finance Committee, I will get more information on 4D and the PES construction process as fast as possible.</p> <p>Comment: (Jennifer Tuipulotu) I attended the MHC meeting yesterday. Our community has lost faith in our system to make good decisions for the most vulnerable, compromised folks that we serve at PES. They are in crisis. They are children. These are the most vulnerable in our system – the children at PES. We hear that we now have to wait two to three years. That does not give us much hope in the community. We have loved ones, family and even ourselves that might end up going to PES. Now we hear maybe five years. It is very real for us in the community and those of us with loved ones who are close to going back to PES. We try to hold the hope and faith that there will be changes. We heard this same story four, five years ago. We are hearing the same story again. That is where the community begins to lose faith.</p> <p>Comment: (Gigi Crowder) We at NAMI and family members are frustrated with waiting. Stakeholders should be included. I don’t want to go to any meeting and check the box. Just to say they have a meeting but there is no action. We need action not talk. This is a stakeholder process. We want to collaborate with the County. I have</p>		

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	to make apologies all the time for our system. We just keep hearing the same old thing.		
<p>3. Stakeholder Sharing by Committee or Meeting Representatives on Key Topics</p> <ul style="list-style-type: none"> • Adults Committee • Aging & Older Adults Committee • Alcohol and Other Drug Services (AOD) Advisory Board • Behavioral Health Care Partnership (BHCP) Meeting • Childrens, Teens and Young Adults (CTYA) Committee • Health, Housing & Homeless Services (H3) – Continuum of Care • Innovation (INN) Committee • Membership Committee • Mental Health Commission (MHC) • Mental Health Commission – Quality of Care 	<p>Committee Updates (Stakeholder Sharing sheets) were distributed</p> <p>Adults: Marie Scannell, Program Manager for Mental Health Services Forensics presented on a number of programs including Probation, AB 109, Mobile Crisis Response Team and NET Team. The next meeting will be on April 28th at 1340 Arnold Drive, Martinez from 3:00 to 4:30 pm. All are invited to attend.</p> <p>Aging & Older Adults Committee: No additional comments.</p> <p>Alcohol and Other Drug Services (AOD) Advisory Board - No additional comments.</p> <p>Behavioral Health Care Partnership (BHCP): No additional comments.</p> <p>Children, Teens and Young Adults (CTYA) Committee: This Committee meets on the second Thursday of each month. Focused on Transitional Age Youth (TAY) focus group. Discussed issues and brainstormed. Will discuss hot topics. At the next meeting, Hope Solutions (formerly Contra Costa Interfaith Housing) will present on their program. The next meeting will be on March 23rd from 3:00 to 4:30 pm.</p> <p>Health, Housing and Homeless Services (H3) – Continuum of Care: No additional comments.</p> <p>Innovation (INN) Committee: No additional comments.</p> <p>Membership Committee: No additional comments.</p> <p>Mental Health Commission (MHC): No additional comments.</p> <p>Mental Health Commission (MHC) – Quality of Care: No additional comments.</p> <p>Reducing Health Disparities (RHD): No additional comments.</p> <p>Social Inclusion Committee: No additional comments.</p>		Committee Representatives

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<ul style="list-style-type: none"> • Reducing Health Disparities (RHD) • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee • Training Advisory Workgroup (TAW) 	<p>Suicide Prevention Committee: No additional comments.</p> <p>System of Care Committee: No additional comments.</p> <p>Training Advisory Workgroup (TAW): No additional comments.</p> <p>Comment:</p> <ul style="list-style-type: none"> • The Training and Advisory Workgroup meets on March 23rd from 3:00 to 4:30 pm. The CPAW Innovations Committee Meets that same date from 2:30 to 4:00 pm. Can one of these meeting dates or time be changed to permit people to attend both meetings? <p>Response: Will speak with Windy Taylor re the scheduling of the Innovation Committee meeting.</p>		
4. Brief Stretch Break			Amanda Wehrman
5. Draft MHSA Three Year Program and Expenditure Plan Presentation for Fiscal Years 2020 - 2023	<p>Presentation by Warren Hayes: (Distributed PowerPoint Presentation: Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan for FY 2020-23, Outline of Draft Plan and (2) Draft of MHSA Three Year Program and Expenditure Plan for Fiscal Year 2020-2023)</p> <ul style="list-style-type: none"> • Three Year Program and Expenditure Plan for Fiscal Year 2020-2023 <ul style="list-style-type: none"> ○ Draft of Plan is posted on the MHSA Website ○ The public has a thirty-day comment period to provide comments on the Plan to MHSA directly or online ○ Draft of the Plan may be revised in view of public comments ○ In April, will present draft of this Plan to the Mental Health Commission ○ Opportunity for Mental Health Commissioners and the public to comment on this Three-Year Plan ○ Strategy – To obtain approval from the Board of Supervisors to spend down the MHSA unspent funds to prevent these funds from reverting back to the State ○ Will demonstrate to the Board of Supervisors we can sustain our programs ○ We have focused specifically on supportive housing and care and services for people in our supportive housing 		Warren Hayes, Mental Health Operations and Program Chief

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	<ul style="list-style-type: none"> ○ Reviewed slides, presented data and details <p>Questions and Comments:</p> <p>Question: (Graham Wiseman) Suggest to add the Southern region of the County to be covered in the Plan in addition to the three existing regions covered– East, West and Central.</p> <p>Response: Maybe the time has come to expand to four regions.</p> <p>Question: (Graham Wiseman) Do you have details of the Suicide Prevention education and training funds that will be provided?</p> <p>Response: We have a proposal from the Crisis Center. They are one of the best in the State. We will review the proposal and negotiate the details. A platform for input on the proposal would be the Suicide Prevention Committee.</p> <p>Comment: (Douglas Dunn) Will review and discuss this Plan at the Mental Health Commission meeting of April 1st at the Pleasant Hill Senior Center at 233 Gregory Lane in Pleasant Hill from 4:30 – 6:30 pm. When will MHSA revenues and expenditures will be in sync?</p> <p>Response: If not for these State issues, we would be spending down this period gradually. We project flat revenue for this next three-year period. Previous years, the revenue kept going up. If the State interferes, the revenues may go down. We anticipate an increase in revenue after this three year period. Revenues will then match the ongoing commitments.</p> <p>Comment: (Kathi McLaughlin) Two million dollars for Early Childhood Mental Health, is that specifically for the First 5 program? CPAW members should be part of the Request for Proposal process (writing of RFP and review of proposals). Will Youth Homes be running the new program and what experience do they have with youth?</p> <p>Response: Funds will be awarded through a competitive process. There are a lot of wonderful programs throughout the County. We will ensure these funds are distributed in a fair and equitable process. There will be a Request for Proposals (RFP). The plan is for Youth Homes to run the Short Term Residential Treatment Program (STRTP). Youth homes has been vetted and is experienced in</p>		

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	<p>providing programs and services for that age range. They have been identified as the subject matter experts in Contra Costa County. They have provided services for many age groups.</p> <p>Question: (Melinda O’Day) What does “high acuity” mean? Response: It is a term that depicts how serious a mental health challenge is. This level requires a lot of close attention or otherwise the person may harm themselves or others.</p> <p>Comment: (Gigi Crowder) Will funds for Suicide Prevention be offered competitively? Permit new approaches in programs? We must hire for language needs, but must also look at culture. Not just linguistic, but cultural considerations must be addressed when working with groups. Response: The Suicide Prevention Committee has been working with CPAW and will be advising CPAW on the progress. Our Ethnic Services Manager is listening closely.</p> <p>Comment: (Robert Thigpen) We continue to lose beds in our augmented board and cares (i.e. shutting down, losing beds) When this happens, hard to find another augmented board and care for the client. May end up in a room and board which is a lower level of housing. Or may go back to parents who often are elderly. It’s asking a lot of family members to take on that type of responsibility. How much more funding will be going to augmented board and cares? Response: We are adding staff capacity and trying to find and negotiate new locations. \$3.8 million Is in this proposed budget. The State sets the rate and the rest we augment. We negotiate to get bids for augmented board and cares. We must preserve the augmented board and cares that we have.</p> <p>Comment: (Kathi McLaughlin) Do we have programs that support and treat elderly clients and take into consideration of the elderly living in the same housing as younger clients? Response: Yes. We have to look at demographics.</p> <p>Comment: (Susan Norwick Horrocks) Family members at NAMI indicated they need help. Need to address education and family members. Family members come to the NAMI office many times a</p>		

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	<p>day and are in distress. They are not getting the support that they need. Response: A representative from NAMI is here today. (Gigi Crowder) A common concern of the older family members is what would happen to their family members once they are no longer there. Robert Thigpen’s staff is aware of this issue. Supporting family members is consistently a high priority item at CPAW forums. This should be in the new Plan. We need more funds to support the families.</p> <p>Comment: (Kathi McLaughlin) We need to declare a County wide emergency due to PES. We’ve been waiting too long. It is now an emergency.</p>		
6. Public Comment & Suggestions for Future Agenda Items	<ul style="list-style-type: none"> • Comment: None • Announcements: None 		
7. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • None 	CPAW members and attendees	Amanda Wehrman
8. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> • The next CPAW meeting will be April 2, 2020 from 3:00 pm to 5:00 pm. 		Amanda Wehrman