

MHSA 3 Year Plan 21-22 Annual Update

Overview of Program & Expenditure Plan

¹ 5/6/21

- Due to pandemic-related delays, 20-23 Three Year Plan adopted by the Board of Supervisors in February 2021
- To resume normal timeline, the 21-22 Plan Update *Draft* completed & posted for 30-day public comment on May 3, 2021
- Public Hearing @ Mental Health Commission meeting on June 2, 2021
- Due to the short time frame between the current and previous Plans, there are nominal changes. These are highlighted in the following slides.

Innovation:

Updates to existing programs pending

Community Crisis Response:

Community Crisis Initiative & Rapid Improvement Events continue

Implementation of additional MCRT team moving forward

Suicide Prevention Coalition – addition of Youth Subcommittee

Summary of Community Program Planning



Total Number of Participants:Approx. 350

 ✓ Participants included: Providers (County & CBO), Community Members, Peers, Family Members, Community Partners & Advocates

'Events were free & open to the public

Community Feedback from CPP

What does wellness look like in your community?

- No barriers to treatment, especially for people color & those with disabilities
- No stigma
- Opportunities to access safe outdoor spaces & to practice spirituality
- Comprehensive resource hubs

What's working well?

- · Telehealth
- · Mobile Crisis Services including MCRT, H3 CORE, MHET
- ·Hotlines Crisis Center, 211, Access Line, Anonymous Hotlines
- ·Non-Profit CBO's
- ·Language Access Crisis Center's Grief Groups in Spanish
- ·Older Adult Services

What are the service gaps? What's missing?

- · Affordable Housing with on-site services
- More access to technology (including training)
- Culturally appropriate care including language access (and materials printed in multiple languages)
- Mental Health Supports including training and education
- · More virtual mental health services, especially for youth
- More promotion of existing resources
- · More community crisis response services
- · Greater access to county funding & resources for CBO's
- · Specific mental health programs tailored toward the African American community and TAY of color
- · Peer respite centers
- · Re-entry support services

What populations are most at risk?

- Youth, including former foster youth
- Teens many have had to quit school to get jobs to support family
- · Seniors
- ·Homeless population, including homeless youth
- ·Immigrants, refugees, minorities and low-income people
- ·Single mothers
- ·People with disabilities
- People with substance use disorders (SUD) use is on the rise during COVID

How can I provide more input?

View the Plan on CC Behavioral Health Website:

https://cchealth.org/bhs/

Provide a Public Comment online, by email or by phone:

https://cchealth.org/bhs/

mhsa@cchealth.org

925-313-9525

Attend the Public Hearing via Zoom at the June 2nd Mental Health Commission meeting

